



airmilesshops.ca™

NOV. 27 - DEC. 4

Shop online and earn 10x AIR MILES® reward miles®

140+ online stores including...



Apple Store









#airmilesshops

Visit airmilesshops.ca/blackfriday













2012 TOYOTA









2 Blocks North of the Trans Canada Highway just off Barlow Trail









IF THE SHOE FITS ...

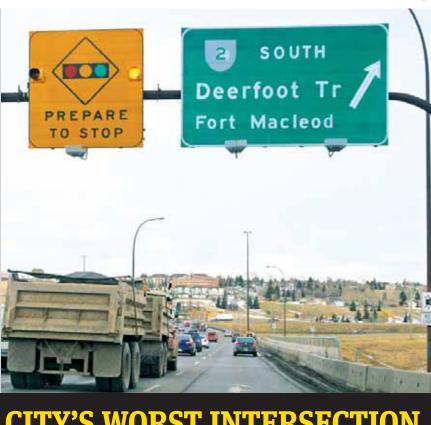
IN WHICH THE STORY OF SHANNON THE TEMP COMES TO ITS WONDERFUL, MAGICAL, FAIRY-TALE ENDING RECAP



Living with HIV in the 21st century

'Attitudes haven't changed': HIV positive individuals still face isolation and often struggle with relationships





CITY'S WORST INTERSECT

Deerfoot Trail and 16 Avenue N.W. is the "worst-performing" of 957 signalized intersections in the city, according to roads director Ryan Jestin. Traffic flow at each is graded much like a student's report card — from A to E — and Jestin said this one doesn't even merit an E. "It's really at failure," he said. "It just doesn't work well, no matter what we do to the signals there, because of the volumes (of traffic)." For more on how Calgary tries to tweak its traffic signals, see pages 16 and 17. ROBSON FLETCHER/METRO

Drivers on drugs go unnoticed by police, expert says

Under the influence.

Drug-impairment also underreported. advocates say

Drugged-up drivers are dodging criminal charges due to a lack of recognition from street cops, says a police expert on impaired driving.

Const. Andrew Fairman told Metro that front-line officers need more training to separate bad drivers from those sitting high behind the wheel.

"There is a significant number of people out there that are driving impaired by some form of drug, but unfortunately we're not recognizing that's what's hap-pening," said Fairman, one of Calgary's few drug recognition experts (DRE).

Advocates like

Canada and the Canada Safety Council have warned drug-impaired driving is underreported. It's even tough to discern the scope of the problem based on the statistics police do keep.

Up to the end of August, there's been roughly 1,200 one-day vehicle suspensions handed out in 2013. However, those figures aren't divvied up by the specific traffic offence, which could involve suspected drug-impairment (including prescription drugs), fatigue or inconclusive breathalyzer results.

At least half of those 24hour suspensions could've led to drug-impaired driving charges under the Criminal Code of Canada, Fairman suggested.

The problem is probably larger than is recognized by Joe Public or even by the police service," he said, adding that few officers are trained to conduct roadside physical co-ordination exams known as "field sobriety tests."

Cops without the proper training tend to fall back on the "default option" of the one-day suspension.

It means fewer cases get forwarded on to DRE officers such as Fairman, who then conduct the 12-step test that's typically needed to lay criminal charges.

Both the number of DRE agents and their lengthier evaluations have seen a yearover-year decline as federal funding dried up.

There are 11 DRE agents in Calgary, down from 20 last year. Officers have only done eight evaluations to date - down from 23 last

MADD Canada has long criticized the DRE program and argued for random roadside drug screenings.

BRYAN WEISMILLER/METRO



For the more curious ones on your list.

Gift millions of books, magazines, comics and kids' titles.



Gift a Kobo, starting at

kobo

available at:



02 **NEWS** metronews.ca WEEKEND, Nov. 29-Dec. 1, 2013



Calgarians urged to shop local this holiday

'We will survive.'

Christmas season could make or break area businesses hit hard by the June flood



JEREMY NOLAIS

Debbie Dalen's Inglewood boutique stayed completely dry during June's rush of water.

But customers haven't been pouring into Pretty Little Things since the flood either, and Dalen fears that without a strong surge in holiday sales,

its doors will shut for good.

"For a small business, to even not have sales for one weekend is very devastating, let alone two weeks," Dalen said Thursday, describing the aftermath of the flood as many roads and attractions in Inglewood remained closed. "Then we went into the third and fourth weeks and it was very slim ... it just went on from there."

Calgary Economic Development (CED) said Thursday that 30 of the 4,000 businesses affected by the flood have yet to reopen.

"We did a really, really good job of cleaning up, but we swept a lot of stuff under the bed," said Mary Moran, vicepresident of marketing, communication and research with CED. "Particularly in a business environment, it's sometimes a few months - sometimes a few years — before you realize what the impact is going to be on businesses."

Moran's organization has launched a campaign in support of flood-affected businesses and raised \$1.4 million to date. CED is also teaming with Calgary Transit, the Calgary Foundation and area businessrevitalization zone representatives to encourage Christmas season shoppers to buy local.

The flood also washed away moving plans for venue

He had hoped to pack up the Naked Leaf tea shop and stroll over to another spot in Kensington, but a shutdown of city services and weak sales forced him to shelve those plans until early 2014. Even still, Kane is keeping optimistic that things will turn around.

"We will survive," proclaimed, before adding, People just need to start spending in small, independent businesses, stop always looking for the cheapest thing, but look for the best customer service for new or unique products not everybody else has. People need to step up to the

Council

City still adding up 'tax room' rebate for 2014

Calgary's five per cent tax increase will mean about \$78 more on the typical household tax bill, but the city is still calculating the precise impact of an accompanying tax rebate.

That's because the \$52 million in "tax room" council opted to return to taxpayers for one year only will "be shown as a separate line item on the 2014 property tax bill," city finance spokesperson Jill Gaume said Thursday.

"As for the rebate dollar amount, we don't have that yet, because it's dependent on the 2014 assessment roll," she said.

The city expects to have the new assessment roll ready by the end of next week, Gaume added. ROBSON FLETCHER/METRO

Lethbridge

Alberta senior charged with sex offences involving 4 boys

An 83-year-old man faces sex-related charges involving four boys he worked with at a funeral home in southern Alberta in the 1970s and

Police in Lethbridge say the alleged victims were between 12 and 15 years old at the time.

Arthur Ernest Martin, also known as Dale Martin Sr., is charged with four counts of indecent assault and one count of sexual assault.

THE CANADIAN PRESS

YYCISOPEN.COM

Get into the holiday spirit! Visit and support Calgary's shopping districts affected by the flood. Enjoy special holiday events, unique shops, galleries and cafés when you travel on the #1 and #31 buses.

Hop-on, hop-off day passes for only \$9.



© ROGERS™ authorized dealer

CALGARY

Deerfoot Meadows (403) 253-1800

Northland Village (403) 247-8415

Marlborough Mall (403) 248-5554 (403) 235-6779

Chinook Park Plaza (403) 252-2227

Macleod Trail Co-op Shopping Centre (403) 287-0870

2015 32 Ave. NE (403) 291-6801

Shawnessy Shopping Centre (403) 254-6901

Marda Loop (403) 265-5555

Gulf Canada Square (403) 261-2012

SunCor Energy Centre (403) 532-5994

> Beacon Hill (403) 295-8006

South Trail Crossing (403) 257-6655

Crowfoot Crossing (403) 215-7300

17th Avenue Plaza (403) 974-3150

> Beddington Towne Centre (403) 216-9363

T & T Supermarket (403) 230-3380

London Town Square (403) 219-2113

> Aspen Landing (403) 727-2019

City Plaza (403) 263-7595

Okotoks (403) 995-9349

Airdrie (403) 948-9865

TD Square (403) 571-7760

London Place West Shopping Centre (403) 246-7333

5244 Falsbridge Gate NE (403) 280-5533

> Market Mall (403) 202-0200

Sunridge Mall (403) 280-5151

Chinook Centre (403) 253-0229

Southcentre Mal

North Hill Centre

Deerfoot Mall (403) 275-3500



metr⊕ metronews.ca WEEKEND, Nov. 29-Dec. 1, 2013

Home is where the hash is: Grow-ops to go on record?

Weed it and weep.

Move to create database of former arow properties could put province at odds with Health Canada



NOLAIS lais@metronews.ca

Alberta's justice minister Jonathan Denis says he's keen to explore creating a database of former marijuana grow properties that have not been properly remediated: a move that could put the province at odds with the federal government.

Denis said he still wants to look closer at the results of a public consultation launched by the province last year on marijuana grow operations but said a primary focus is lingering health dangers in homes formerly used to grow the

drug.
"The black mould that can form in some of these properties — you don't even see it," Denis said. "It

Privacy goes up in smoke

Health Canada has come under fire in the past for naming 40,000 medical marijuana users in a mailout gaffe. A class-action lawsuit has now been launched amid claims it breached the users' privacy.

When Mary-Jane moved in...

"The black mould that can form in some of these properties — you don't even see it. It renders them uninhabitable."

Jonathan Denis

renders them uninhabit-

But Health Canada has been unwilling to share information with lower levels of government or law enforcement on where legal grows exist, even though it is moving to make such operations illegal in 2014.

The fear from community advocates and police alike is that hundreds of prospective owners could unknowingly move into properties where their health or personal safety is

The concern was highlighted repeatedly in an report generated from the province's growop consultation, with calls for higher cleanup standards and a registry to warn future homebuyers of the property's previous uses.

Staff Sgt. Tom Hanson with the Calgary police drug unit was among those consulted as part of an expert panel.

He said even after the plants have been pulled from the property there is a greater risk of home inva-

"The news isn't always reliable that the bad guys get on where things of value might be stored," he said. "They have no concern for the safety and well-being of people in the residence, all they want is whatever may

be of value to them behind that door."

Denis, meanwhile, said he believes it's within the "provincial purview" establish a registry of unremediated grows regardless of Health Canada's

But the minister cauagainst labelling tioned that have been homes brought back up to code.

"To me, if you can remediate a grow-op, that's a good news story. I don't think any subsequent owner or purchaser of the property should be penalized if it meets all the health standards," Denis said.

Ron Hutchinson, execu-

tive vice-president of the Edmonton Realtors' Association, said the industry would welcome the registry, but added it would be best to have a full history of

the property. He said while Alberta Health Services does keep information on title if a home is deemed unfit for human habitation, that information is removed if the home is brought back up to

Denis expects to review the results of the grow-op consultation in greater detail in the coming months and bring back recommendations in early 2014.

WITH FILES FROM RYAN TUMILTY

Public op-inions

The province's grow-op consultation generated 640 responses through an online survey, 50 per cent of which were from Calgary and 19 per cent of which were from Edmonton. Among the findings:

- 52 per cent of respondents disagreed or strongly disagreed with the statement that Alberta is currently doing enough to reduce the risks associated with marijuana grow operations
- 40 per cent advocated for

a mechanism to monitor a home's electricity use and 39 per cent said much the same when it comes to water use. Both methods have proven effective in tracking the location of grow-ops, but a Supreme Court ruling has deemed the monitoring practices a breach of privacy.

More than three quarters of responses advocated for establishing provincial standards for remediating marijuana grow operations.



NEXT STOP,

Academy of Learning Career College prepares students for a career in Healthcare, Business and Technology.



BE JOB READY IN 6 TO 12 MONTHS

CALGARY NORTH EAST (403) 569-8973 **CALGARY SOUTH RED DEER**

(403) 252-8973 (430) 347-6676

Financial Assistance available to qualified applicants.

UNIVERSITY CITY.ca NOW UNDER CONSTRUCTION - OVER 3/25 UNITS SOLD **BUILDING FOUR** BUILDING FIVE COMING SOON! VISIT US!: Monday -Thursday NOON-7pm Saturday & Sunday NOON-5pm (Closed Fridays)



AND YOU STILL ONLY NEED A 55% DEPOSIT

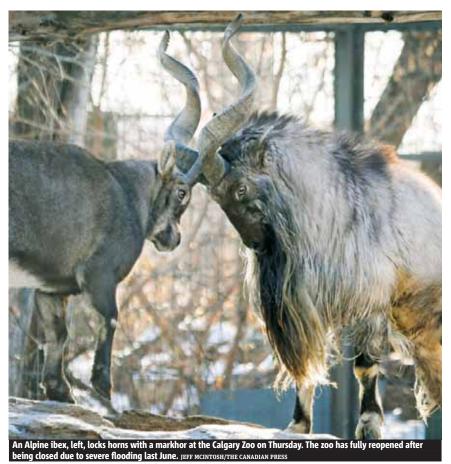
403-457-1750





RIO CAN Exclusive Sales by PMA Brethour-Townley, Brokers Protected.

metr⊕ **NEWS** metronews.ca WEEKEND, Nov. 29-Dec. 1, 2013



It's like a zoo in here — finally

Calgary Zoo's grand reopening. Mayor lauds accomplishment but cites need for berm

RILEY HILL

With the mayor hailing it a milestone for the city, the Calgary Zoo opened its doors fully Thursday morning to an excited crowd of families, staff and city representatives.

Mayor Naheed Nenshi and a group of kids in face paint ripped a banner reading, "Wel-

come Back, We're Open" as over 300 people crossed the north bridge into the zoo, which had been largely shut down since being ravaged by floodwaters in June.

Nenshi spoke of the hard work that made it all possible.

"We may have faced the greatest natural disaster in Canada's history, but we're coming back even stronger," Nenshi said. "Let's get this zoo open!"

Carla Ogryzlo said the opening was a great joy for her kids.

"We've been coming here since our eldest was born," Ogryzlo said. "It's great to be out. We love it here.

The zoo opened part of its north section in July, though

Since the floods, the zoo has laid off 300 workers and lost over \$11 million in revenue.

Total damage has been estimated at \$50 million.

much of it remained closed as city crews made repairs. The South America pavilion and Australia building will not reopen, as both buildings face demolition.

In revisions made to the city's 2014 capital budget this October, the zoo will receive \$4.2 million to repair damage caused by the flood.

During the opening, Nenshi said city council is mindful of the need for future protection.

"We know we will have to build a berm around the Calgary Zoo," Nenshi said.

"The mud, the silt, the broken buildings and the broken hearts were evident all over this island."

Mayor Naheed Nenshi, describing his visit to the Calgary Zoo five months ago

AS IF FRIDAYS WEREN'T AWESOME ENOUGH.

Get the best advice and the biggest deals on your choice of phones, networks, and plans.



THE MOBILE EXPERTS

BLACK FRIDAY EXCLUSIVE

GET UP TO SELECT HANDSETS









At a mall near you wirelesswave.ca 💆 🛐



FRIDAY, NOVEMBER 29 TO SUNDAY, DECEMBER 1

SHOP IN STORE AND AT THEBAY.COM



BUY 1. GET 1

Dress shirts and 100% silk ties by KENNETH COLE REACTION, PERRY ELLIS PORTFOLIO and BLACK BROWN 1826

Men's BLACK BROWN ESSENTIALS suits; men's suits and sport coats by KENNETH COLE REACTION and PERRY ELLIS PORTFOLIO Free item must be of equal or lesser value

Women's fashion by STYLE&CO. SPORT, PETER NYGÅRD. STYLE&CO., **EDIT BY JEANNE** BEKER and MATERIAL GIRL See below for exclusions

No purchase required. See below for details.



BUY 1, GET 1

Towels by LACOSTE, ESPRIT, HOTEL COLLECTION. GLUCKSTEINHOME, DISTINCTLY HOME and CALVIN KLEIN

Reg. \$8 to \$40 Free item must be of equal or lesser value. Excludes beach towels.



BUY 1. GET 1

Boxed bras and women's briefs by WONDERBRA and WARNER'S Reg. \$15 to \$43
Free item must be of equal or lesser value

COSMETICS AND FRAGRANCES

THIS WEEKEND: SPEND MORE, SAVE MORE ON SAVE \$25 WHEN YOU SPEND \$150 OR MORE; **SPEND \$100, SAVE \$15; SPEND \$75, SAVE \$10**

Before taxes. Cannot be combined with any other offer.

HUDSON'S BAY





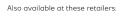






The Black Friday





















What's better than a Black Friday Sale? Bell's Black 4 Day Sale. Choose from amazing Samsung superphones at super prices. There's never been a better time to get on Canada's largest LTE network.¹



Samsung Galaxy Note 3™ superphone

\$**199**95

2-yr. term with Voice & Data Plus plan \$799.95 No term



Samsung Galaxy S4™ superphone



2-yr. term with Voice & Data Plus plan \$699.95 No term



Samsung Galaxy S4 mini superphone



2-yr. term with Voice & Data Lite Plan \$499.95 No term



Samsung Galaxy Ace II x 4G smartphone

O*

2-yr. term with Voice plan \$249.95 No term

BONUS | DOUBLE YOUR DATA ON SELECT PLANS²

Friday, November 29-Monday, December 2 only.

Visit a Bell store • 1888 4-MOBILE • bell.ca



Sierra Springs BANFF Cascade Plaza CALGARY 216 Saddletowne Circle 1002–17th Ave. S.W. 9650 Harvest Hills Blvd. N.E. Beacon Hill Centre Bow Valley Square – Kiosk Chinook Centre Crowfoot Crossing Deerfoot Meado Deerfoot Outlet Mall Eaton Centre Market Mall
Marlborough Mall
North Hill Shopping Centre – Kiosk Northland Village Shawnessy Village Southcentre Mall Southpointe Shopping Centre Sunridge Mall Westbrook Mal - Kiosk CANMORE 105–802 Bow Valley Trail EDMONTON 3918 White Mud & 17th St. 17551–100th Ave. 14822 Stony Plain Rd. 18559 Stony Plain Rd. Abbottsfield Shoppers Mall Bonnie Doon Edmonton City Centre Kingsway Garden Mall Londonderry Mall Mevokumin Retail Centre Mill Woods Town Centre Namao Centre South Northgate Centre Oliver Square South Edmonton Common South Park Centre Southgate Mall - Kiosk St. Albert Trail at 137 Ave. Terra Losa Shopping Centre West Edmonton Mall West Edmonton Mall – Kiosk Westmount Centre FORT MCMURRAY 19 Riedel St. Peter Pond Shopping Centre GRANDE PRAIRIE Prairie Mall South 40 Shopping Centre LETHBRIDGE Centre Village Mall – Kiosk Lethbridge Smart Centres Park Place LLOYDMINSTER Lloyd Mall MEDICINE HAT Carry Drive Plaza Medicine Hat Mall PEACE RIVER PINCHER CREEK Ranchland Mall – Kiosk RED DEER Bower Place Shopping Centre Parkland Mall Southpointe Common ROCKY VIEW Crossiron Mills Mall Crossiron Mills Mall – Kiosk SHERWOOD PARK Emerald Hill Centre Sherwood Park Mall SPRUCE GROVE Creekside Centre ST-ALBERT 460-140 St-Albert Rd St. Albert Centre WHITECOURT 3439-34th Ave.

Available at the following Bell stores:

AIRDRIF

metronews.ca
WEEKEND, Nov. 29-Dec. 1, 2013

Bitcoin dilemma. The mom-and-pop shops cool with it, others are wary

Calgary may have landed its first Bitcoin storefront, but the city's small business community remains leery about dealing in digital dollars.

Entrepreneur Mitch Brown decided this week to accept the virtual currency in exchange for tech and information services.

In using Bitcoin, Brown says he'd shave off the roughly three per cent fee tacked on to credit card deals—some of which stretch into tens of thousands of dollars.

Still, he plans to convert all the crypto-currency back to Canadian cash.

"Personally, I wouldn't doubt if we were to hold it in the business it would mature and actually gain dollars," said Brown of MITVIS Corporation. "But it's not a gamble we're willing to take right now."

A Bitcoin exchange post opened in Kensington last week, which is believed to be Calgary's first brick-andmortar location. But even

On the rise

The value of one Bitcoin surpassed \$1,000 on the Tokyo-based Mt. Gox exchange this week.

the owners conceded most of the interest currently comes from speculators looking to make cash in market volatility and price swings.

Small business advocate Richard Truscott said credit card companies are taking mom-and-pop shops "to the cleaners" and he sees value in Bitcoin.

However, he cautioned entrepreneurs to be careful experimenting with alternative currencies.

"Cash and debit is king because it's low cost, reliable and easy to understand," said Truscott, Alberta's director for the Canadian Federation of Independent Business.

RIAN WEISMILLER/METRO

ARTS DO HAVE A HOME IN CALGARY; COUNCILLORS JUST DON'T KNOW IT



IN DEFENCE OF Mike Morrison calgary@metronews.ca

This week, Scrooge came to town a little earlier than expected. No, I'm not talking about Theatre Calgary's annual production of A Christmas Carol, which opens this weekend.

The Scrooge I'm talking about is actually just across the street from Theatre Calgary — at city hall—and scarier than any Stephen King novel, there now seems to be four of them.

This past Monday, brand new Ward 1 Coun. Ward Sutherland put forward a motion to slash the Calgary Art Development Authority's (CADA) budget by \$315,000 and transfer those funds to the Epcor Centre for the Performing Arts, which has been left to scramble after the Alberta government cut its operating grant.

As ridiculous as the motion was, it required debate and at one point, rookie Ward 4 Coun. Sean Chu implied that if artists can't make it on their own, why should the city continue to subsidize them?

If you're like these new councillors, who clearly have no idea what CADA does, I'm happy to explain it you.

Basically, the organization allocates funds provided by the City of Calgary through grants for programs that support more than 190 arts organizations in Calgary. And just to be clear, none of those organizations are to blame for Traveling Light.

While a handful of councillors teaming up to take down an arts-funding organization like CADA might sound a lot like the plot of Sister Act 2: Back In The Habit, sadly, it was all too real and perhaps alludes to the long road ahead for Calgary's arts organizations.

Are you listening?

It's a shame that Coun. Chu clearly doesn't understand the importance of arts to a city. Maybe he just hasn't taken time to explore the different communities around Calgary, who are doing some pretty cool things.

Or maybe not. When the dust had settled on the controversial debate, the motion was voted down 11-4, with only Chu, Sutherland, Joe Magliocca, and Diane Colley-Urquhart voting in favour of needlessly slashing arts funding.

But the force with which the motion was shut down indicates to me that the arts do indeed have lots of support at city hall.

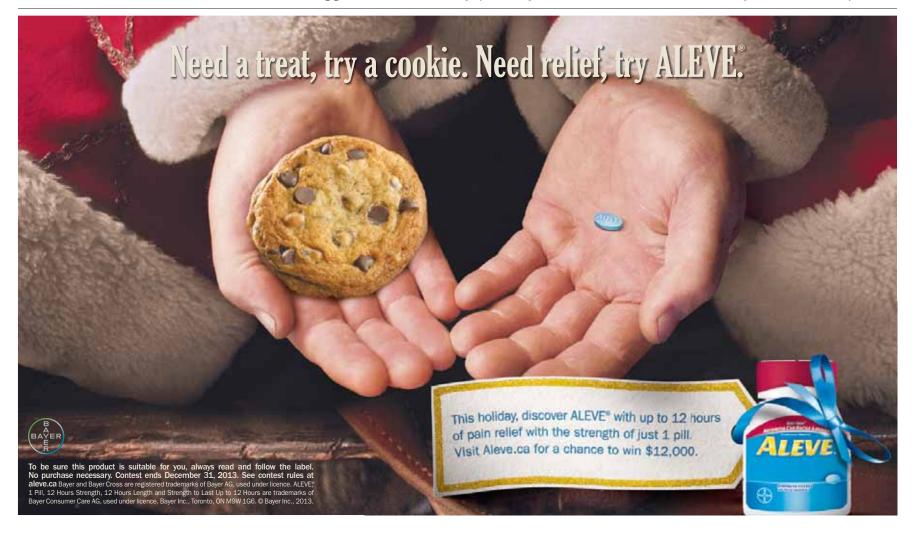
This reflects something

that I've been thinking about for a long time now and that's ever since I moved to Calgary in 2005, this is a city that's changing; so much so, that sometimes it feels like I've moved to a different city.

Sure, we're a city built on oil and gas, but in recent years, more people have been coming to Calgary not for industry, but because it's a pretty great place to live that includes the artists who might see Calgary as a clean slate, ripe with potential and possibilities.

It's a shame that Coun. Chu clearly doesn't understand the importance of arts to a city. Maybe he just hasn't taken time to explore the different communities around Calgary, who are doing some pretty cool things.

Do I always understand the arts? Heck no. Do I always appreciate, respect and admire those who've chosen a practically impossible career? Always.





YULE LOVE THE SAVINGS OTHEY'LLOW LOVE THE GIFTS

SAVE UP 75% on select luggage



SAVE
75%
On ATLANTIC®
Embassy luggage
SEARS REG. 299.99
SALE 74.99



SAVE 70% on SAMSONITE® Estes luggage SEARS REG. 279.99 SALE 83.99



SAVE 65% on HEYS® Attitude luggage SEARS REG. 369.99 SALE 129.49



SAVE 65% on ROOTS® expandable upright spinner SEARS REG. 249.99 SALE 87.49



SAVE 65% on DELSEY™ Amherst luggage SEARS REG. 199.99 SALE 69.99



SALE PRICES IN EFFECT THURS., NOV. 28 UNTIL MON., DEC. 2, 2013 NEI14G413 © 2013 Sears Canada Inc metronews.ca WEEKEND, Nov. 29-Dec. 1, 2013

Taking aim at a new name







Special opportunity.

Which past premiers, Lt.-Govs. deserve to have a school named after them?



JEREMY NOLAIS jeremy.nolais@metronews.ca

Ed Stelmach Elementary? What about Peter Lougheed High School, or a learning centre named after Col. Philip Carteret Hill Primrose?

The men above and many more who helped shape Alberta's past do not currently have schools named after them and that has led Education Minister Jeff Johnson to pen a letter to school boards, advising them of a "special opportunity" to recognize important figures in the province's history.

"Having schools named after these individuals would be highly appropriate and further instill the importance of citizenship, sense of self and community, and affirm students' place as citizens in an inclusive, democratic society," Johnson wrote in the

On the web

For a breakdown of who and what Calgary's current public schools were named after, head to metronews.ca

letter, dated Nov. 20.

The minister has also named MLA Hector Goudreau as a special liaison of sorts to link boards with the families and members in line for potential recognition. The province announced 30 new schools and modernization projects in early May and expects to have them ready for fall 2016.

To gain a better sense of how schools have been named in the past, Metro analyzed the origins of the names on the front of more than 200 Calgary Board of Education buildings and found slightly more than alf (107) are named after the communities they were built in. Just eight were named after past provincial political leaders; 12 came from the federal government and six from the municipal ranks.

Another 29 were named after past members of school board administrations or

trustee boards and five reflected past ties to the British monarchy. More than 40 honoured people who served the community in other fields, such as policing or health care. Goudreau said the province is not directing boards on how to name their buildings, but said he welcomed all willing to take Johnson up on his advice.

"If some are struggling to find names, then hopefully the suggestion will bear some fruit," he said.

Metro turned to social media Thursday to gauge whether some of the more recognizable Alberta names in recent years not tied to a school — Ralph Klein, Peter Lougheed and Ed Stelmach – were deserving. A variety of responses were received.

"Lougheed first!" wrote Lisa Mackintosh on Facebook.

Others ignored the suggestions and advocated for others to honour.

"Ask again, in several years, when @nenshi's (Calgary Mayor Naheed Nenshi) on that list," wrote @worthy_y on Twitter.

On the list

Who doesn't have a name on a school yet?

- Former premiers.
 Charles Stewart (1917-1921), John E. Brownlee (1925-1934), Richard G.
 Reid (1934-1935), Harry Strom (1968-1971), E.
 Peter Lougheed (1971-1985), Donald Ross Getty (1985-1992), Ralph P.
 Klein (1992-2006), Ed
 Stelmach (2006-2011)
- Former Lieutenant Governors: George Hedley Vicars Bulyea (1905-25), Dr. Robert George Brett (*1915-25), Dr. William Egbert (1925-31), William Leigh Walsh (1931-36), Colonel Philip Carteret Hill Primrose (1936-37), John C. Bowen (1937-50), Ralph G. Steinhauer (1974-79), Francis Charles Lynch Staunton (1979-85), Wilma Helen Hunley (1985-91), T. Gordon Towers (1991-96), Horace Andrew Olson (1996 - 2000), Norman Lim Kwong (2005 - 2010)

Naming schools. 'History doesn't sell itself,' says Calgary historian



WEISMILLER
bryan.weismiller@metronews.ca

As one of Calgary's biggest history buffs, Harry Sanders welcomes any chance to get youngsters thinking about the past.

That's why Calgary's 2012 historian laureate was thrilled to hear the province is encouraging school boards to consider naming their new schools after former lieutenant governors and former premiers.

"History doesn't sell itself
— you have to have a hook,"
said Sanders.

"People do well by learning history but you've got to trick them into getting interested."

Earlier this month, Alberta's head of primary education unveiled a list of prominent ex-politicos including Ed Stelmach, Ralph Klein and

Peter Lougheed, as candidates to have schools named after.

Even though the province has long been ruled by conservatives, Sanders was pleased to see Alberta's last Liberal premier, Charles Stewart, on the list.

"It's not just about the Tories," he said.

However, the powers-thatbe would have to dig deeper to reflect the city's cultural and gender diversity, Sanders noted.

He cited Harnan Singh Hari, a Sikh homesteader, as an example of someone who'd be a wonderful — albeit less conventional — candidate for a school name.

Still, Sanders acknowledged you can't re-write history.

tory.

"Calgary used to be 80-percent Anglo-Saxon," he said.
"If you're going to go from history, you're going to get dead white men."







Offer ends December 2



Hurry in for our Black Friday Sale







°,150 \$1



with a 2-year Tab24 agreement on a Standard plan¹

Make the most of your phone with this great plan:

- **Unlimited** Messaging² (international Text, Picture and Video messages)
- Unlimited weekends and evenings from 5 p.m., Canada-wide³
- → 400 MB of data⁴
- → 400 Canada-wide daytime minutes³
- → Call Display and Voicemail⁵

Includes the Fido ADVANTAGE

Fido Check-In · LiveANSWERS™ · FidoDOLLARS™ · Tab24

FIDO STORES

275 Shawville Blvd., Calgary Chinook Centre, Calgary Deerfoot Outlet Mall, Calgary Market Mall, Calgary Marlborough Mall, Calgary Northland Village Mall, Calgary

Pacific Place, Calgary Southcentre Mall, Calgary Sunridge Mall, Calgary Park Place Shopping Centre, Lethbridge Medicine Hat Mall, Medicine Hat





It's time to switch. Visit a store, call 1-866-301-3436 or go to fido.ca.







Great

smartphones

starting from











Offers subject to change without notice. Taxes extra. **1.** With new activation on a 2-year Tab24 agreement on a Standard plan. Device Savings Recovery Fees and/or Service Deactivation Fee (as applicable) apply in accordance with your service agreement. Taxes extra. **2.** Plans include messages sent from Canada to Canadian, U.S. and international wireless numbers. Sent/received premium messages (alerts, messages related to content and promotions) and messages sent while roaming not included and charged at applicable rates. **3.** Airtime includes calls from Canada to Canadian numbers only, billed by the minute. Each additional minute costs 45c (20c for Call Forwarding). **4.** Additional data: \$5 /250 MB, charged in \$5 increments. Visit **fido.ca/roaming** to learn more about data roaming pay-per-use rates. **5.** Service includes up to 3 messages, each 3 minutes in length that can be saved up to 3 days. **6.** Standard plans available monthly or with a 2-year Tab24 agreement. Data is a monthly service with Standard plans. Additional long distance, roaming, data, add-ons, provincial 9-1-1 fees (if applicable) and taxes are extra & billed monthly. © 2013





No danger with new generic drug, police say

Highly addictive.

Despite warnings, Calgary police say fears over a newly available generic opiate are overblown

Health Canada recently approved a generic form of oxycodone that U.S. drug officials say will make the opiate cheaper and easier for users to abuse.

But Calgary police Staff Sgt. Tom Hanson doubts the generic will be much of a public danger. "We don't think there's going to be big changes in how it's going to be available on the street," Hanson said.

Oxycodone is a highly addictive pharmaceutical

Easier access?

"It's only cheaper to the people who are legally obtaining it."

Calgary police Staff Sgt. Tom Hanson, on the availability of a generic form of oxycodone.

drug with effects similar to

Derek, 25, from Calgary, was a heavy user of the drug for the better part of four

years. He said he began using oxycodone after having surgery. "The doctor prescribed me some and I started upping the dose a little bit," Derek said. "I started using it more and more. Before long I was using more than could be filled by my prescription, so I bought it off a friend."

Derek said the pills quickly became a habit he couldn't control. "It really snuck up on me," he said. "I was taking 10 pills every day before I realized how messed up I was."

Health Canada defended their decision, saying they maintain strict controls on all forms of the drug.

RILEY HILL/FOR METRO

Child welfare. Liberal leader calls for inquiry into deaths of foster children

Alberta Liberal Leader Raj Sherman has written the prime minister asking for a public inquiry into the deaths of foster children in the province.

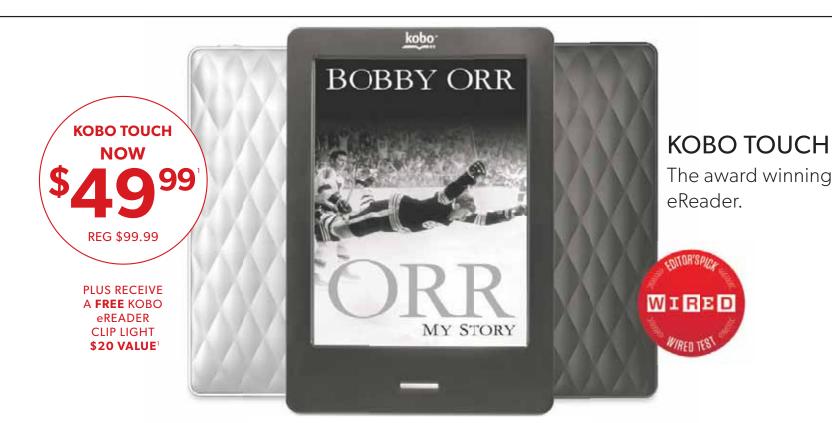
Sherman says he is calling for federal intervention because a large number of the children who have died while in care were aboriginal. He says the federal and provincial governments must work with First Nations leadership to fix the problem.

Human Services Minister Dave Hancock says Sherman is "grasping at straws." He says Sherman's letter would serve a better purpose if it asked Prime Minister Stephen Harper for financial help instead.

Sherman says he sent the letter Wednesday night and he hasn't received a reply

"Let's bring forward meaningful solutions," Sherman said Thursday. "There's no reason to lay blame on anyone and that's what inquiries are about: fixing the problem once and for all and restoring trust and confidence in the system."

Hancock acknowledged the federal government has a role with respect to First Nations. "And we would like to engage them more fully in that role, but it's not in asking them to have some sort of public inquiry," he said. "They can play a meaningful role at the table with resources." THE CANADIAN PRESS



HOT TECH DEALS

IN-STORE' AND ONLINE · ENDS SUN DEC 1st

iHOME SINGLE SPEAKER



Wireless Bluetooth speakers with astounding clarity. Works with your iPhone, iPad, Android or blackberry.

ETON BOOSTBLOC 2000 NOW REG \$39.95

BEATS PILL SPEAKER

NOW \$169.95 REG \$219.95



Fits-in-the-palm-of-your-hand. The Beats Pill wireless speaker will blow you away with its powerful sound.

Superb design. This innovative rechargeable battery powers all your devices on-the-go. One full charge for

your smart phone.

Indigo

Chapters | indigo.ca

YOUR ONE STOP MAGICAL HOLIDAY SHOP

1 IN-STORE AND ON INF: Offer valid in-store from November 28th - December 1st. 2013; offer valid online from November 28 - December 3rd. 2013; on any in-stock Kobo Touch devices, while quantities last. Offer excludes Kobo Glo. Kobo Mini. Kobo 'IN-STORE AND ONLINE: Offer valid in-store from November 28th – December 1st, 2013; offer valid online from November 28 – December 3rd, 2013; on any in-stock Kobo Iouch devices, while quantities last. Offer excludes Kobo Glo, Kobo Mini, Kobo Ard, Kobo Avia, Kobo Iouch is a trademark of Kobo Inc. Additional restrictions may apply. ² iHome Single Speaker, Eton Boostbloc 2000 and Beats Pill speaker are available online and in select stores across Canada. See indigo.ca for details. ³ IN-STORE AND ONLINE: Offer valid until December 3, 2013, or while quantities last. 5 IN-STORE AND ONLINE: Offer valid until December 3, 2013, or while quantities advertisement are not valid in conjunction with any other offer or promotion and cannot be used to adjust amount paid on previous purchases. Not valid on kiosk orders. No cash redemption value. Offers may change or end at any time without notice. Price, product selection and availability may vary between stores and online. Indigo, Chapter and indigo.ca are trade marks of Indigo Books and Music Inc.

Facebook feedback

No flow, no go: Metro readers talk traffic

Metro asked Calgary drivers to share their thoughts about trafficsignal synchronization on Facebook. Here's what some had to say:

"Traffic lights in Calgary almost make me mental." - Krista Forbes

"When I had to use 16th Ave N going west in the morning it seemed like red lights were rare. And in the afternoon going east red lights were the norm. So I gave up 16th in the afternoon and used Stoney/ Beddington/Deerfoot to get back home

— Bill Welch

"I ride a little 50cc scooter as often as possible, and the lack of flow ends up being so normal that if I ever hit a matching green light (albeit rarely) it ends up becoming a great conversation piece! I also manage a fleet of recycling trucks, so work-wise it

is not so funny."

Spencer Kennedy

"17 Avenue on the west leg of the LRT (west of 69 Street) is ridiculous. The lights are not in sync with the LRT at all! Often there is a green light for traffic and yet the arms are down for a train. Many times a car can hit five red lights in a row on this stretch.'

- Corynn Gammon

"Corynn Gammon's comments are very true. It's all stop and go without flow. Makes no sense."

- Fiona Christiaansen

"I live in Bridgeland and use the 12th Street overpass to head east on Memorial in the mornings. The second light stays green just long enough for one or two cars to get through ... why not set it up so it stays green until a car comes up the ramp (which is rare in the early mornings)?

— Heather Watson

"Synchronization?! What synchronization?! And you have to love their motto: To make it right, put in a light!'"— Heide Doppmeier

Calgary drivers see red over missing greens

'Give and take.'

Synchronizing traffic lights is a complex and never-ending task, city roads director explains



ROBSON FLETCHER

As the city's director of roads, Ryan Jestin has heard countless complaints from Calgarians about the synchronization of traffic lights.

"The mayor even raised that last week," Jestin said. "He said he was coming up 3rd Street, heading southbound right behind city hall, and he said, 'Why is it that, no sooner do I get a green at 6th, when I hit a red at

It's a common experience for drivers across Calgary, one that city employees are constantly working on improving, but Jestin said it's a complex problem with no simple

The process is a constant "give and take," he said, because as soon as you make a tweak to the timing of traffic lights in one direction, you impact the timing in another direction, and the resulting effects cascade across the system.

It takes four 8.5-by-11-inch spreadsheet pages to detail the signal timings for a single intersection, Jestin said. Multiply that by 957 signalized intersections across the city, and you start to get a sense of the complexity of the task.

"It takes three people virtually a whole year to look at a corridor like Macleod Trail and do all of the adjustments that would make it more effective and synchronize it better," Jestin said

Typically, city staff tweak the traffic-signal timing along six major traffic corridors a year. This year, Jestin said they did nine. "I know it doesn't look like it," he laughed. "Part of the reason is the sheer volume (of traffic) that we've seen.'

Key sections of Macleod Trail, Deerfoot Trail, Sarcee Trail, Crowchild Trail and 14th Street have seen increases of as much as 10,000 vehicles per day over the past three years, Jestin

"As a result, no matter how well we synchronize the street lights, it really won't make a significant difference to what it feels like to the average traveller," he said.

For the busiest intersections, Jestin said the only solution is to go to full interchanges, something city council approved this week for Glenmore Trail and Ogden Road, at a cost of \$102 million over the next three

Coun. Peter Demong said Macleod Trail and 162nd Avenue S.W. is the next in line for an interchange on the city's priority list and it's his "No. 1 prior-

Of 957 signalized intersections in Calgary, city roads director Ryan Jestin said the following are the four worst for traffic congestion, often requiring drivers to sit through two full light cycles before getting through:

- Glenmore Trail and 52nd Street S.E.
- Glenmore Trail and Ogden Road S.E.
- Macleod Trail and
- 162nd Avenue S.W. Deerfoot Trail and 16th Avenue N.W.

ity" to make sure that happens.

Mid-Sun Community Association president Devin Elkin drives that intersection regularly and said the traffic backup is "absolutely horrible" during rush hour, but the problem is with the volume of vehicles, not the traffic-light timing.

Get up to a \$100 bonus gift on select smartphones.

PLUS, DOUBLE the data and minutes

for a limited time!









Samsung Galaxy S III™

Market Mall

Sunridge Mall

Bonus gift offer ends December 31, 2013.









MOBILE SHOP

Walmart > !<

Calgary Chinook Centre Red Dee CrossIron Mills Marlborough Mall Southcentre Mall

Southern Alberta Medicine Hat Mall Bower Place Park Place Shopping Centre

Koodo

Go, stop, go: Traffic lights along Centre Street show green at 7 Avenue, red at 8 Avenue, and green at 9 Avenue on Thursday afternoon. City roads director Ry Jestin says the fact that C-Trains, buses and fire trucks have priority over other traffic makes it a challenge to keep lights synchronized. ROBSON FLETCHER/ME

Transit pre-empts. Priority for trains, buses, fire trucks impacts signal timing

One of the biggest reasons for out-of-sync traffic lights is the fact that C-Trains always take priority and Calgary Transit buses sometimes take priority at intersections, according to city roads director Ryan Jestin.

"You're sitting there at a red light, you're watching the green in front of you at the next signal up, and just as you get your green, that one turns to red — typically it's because of the transit pre-empt," he said.

LRT cars obviously always get the right of way, but Jestin said some intersections are equipped with traffic lights that also allow bus drivers to get priority for their vehicles.

"They press a button as they're approaching an inter-section," he said. "It then gives them preferential treatment for getting through that intersection, basically ahead of all the other movements.'

The idea is to move the largest number of people as quickly as possible, Jestin said, adding that fire trucks are also able to gain the same "preferential treatment" from traffic signals in emergency situations.

But it's not just city vehicles that take priority. Private rail companies' trains also introduce complexities into the traffic-signal system with erratic and sometimes lengthy interruptions at level crossings, Jestin said.

Then there are other factors such as major crashes, water-main breaks, heavy snowfalls or other incidents that cause unusual traffic flows.

In those situations, Jestin said staff at the traffic management centre can make on-the-fly adjustments to the signal timing to compensate for sudden changes.

"We can adjust remotely almost all of the signals," he said. "We do that on a constant basis, both for the morning commute and the afternoon commute."

ROBSON FLETCHER/METRO

































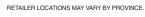








THE VANILLA PREPAID MASTERCARD" IS ISSUED BY PEOPLES TRUST COMPANY PURSUANT TO LICENSE BY MASTERCARD INTERNATIONAL. MASTERCARD AND THE MASTERCARD BRAND MARK ARE REGISTERED TRADEMARKS OF MASTERCARD INTERNATIONAL INCORPORATED. THE VANILLA VISA" PREPAID CARD IS ISSUED BY PEOPLES TRUST COMPANY PURSUANT TO LICENSE BY VISA INT. VANILLA PREPAID PRODUCTS ARE DISTRIBUTED BY INCOMM CANADA PREPAID, INC.









metronews.ca
WEEKEND, Nov. 29-Dec. 1, 2013

Distance learning

Teachers to rally against cuts

Students unable to attend brick-and-mortar schools are suffering under the weight of cuts in the Alberta budget, allege teachers planning to rally on the steps of the provincial legislature Saturday.

The Alberta Distance Learning Centre (ADLC) says \$13 million has been cut from their corner of the education sector — a move that affects tens of thousands of students that are home-schooled, dealing with intense athletics training schedules or suffering from medical issues that prevent them from travelling to school.

Dustin Blumhagen, a distance-education teacher, questioned whether the province understands the efforts the ADLC makes to partner with school boards offering a more traditional education setup.

"We're not here to replace them, we're here to work with them," he said.

But Alberta Education spokesperson Leanne Niblock said many school boards are now developing their own distance and digital education offerings. She said the funding formula used up until March provided added incentive to the tune of 156 per cent to school authorities partnering with the ADLC. Now, according to Niblock, that formula has been reduced to equal funding, a move to create "a level playing field."

"In the context of Inspiring Education, distance learning will increasingly become the 'norm' in the menu of offerings to students by all school authorities," Niblock said, referring to a document that serves to envision the future of education up to 2030.

Blumhagen said, however, he's heard from teachers who disagree and expects many to attend the "Get on the Bus" rally planned for 3 p.m. Saturday at the provincial legislature. JEREMY NOLAIS/METRO



Calgary actor details role on big-budget TV series

Fargo. Paul Wood praises Tinseltown folk of small-screen adaptation of the film



Actor Paul Wood's demise on the new Calgary-filmed TV series Fargo starts with the offer of an onion-flavoured corn snack.

Playing the role of a convenience store robber, Wood gets propositioned on "scrunions" amid a shoot-'em-up scene.

"I'm still trying to get the money and all hell breaks lose," he recalled Thursday. "(Actor Adam Goldberg) says, 'Excuse me, would you like a scrunion?'

"I go to grab the bag and he shoots me in the head."

Despite the make-believe hostilities, however, Wood was keen to praise the Fargo crews that have invaded Cowtown for the small-screen adaptation of the acclaimed film of the same name. "These guys on the shoot

are top brass," he said.

The veteran Alberta actor pointed out that's not always the case when working on a big-budget shoot with high-profile Hollywood talent.

In this case, the miniseries features Billy Bob Thornton, Kate Walsh and Bob Odenkirk. The Tinseltown folks will be in town until April while Calgary doubles as a North Dakota city.

Luke Azevedo, commissioner of film, television and creative industries with Calgary Economic Development, called it "huge" to have the 10-episode series filmed here.

Azevedo highlighted Fargo and other recent Alberta-shot productions such as Hell On Wheels, Klondike and Heartland as tools that put Calgary on the map.

"This is a global competition for every project these days and we put ourselves on a world stage and showcase what we have — and we've been successful with it," he told Metro. "The talent base is here, the vistas are here and the incentives are here to attract them."

WITH FILES FROM IEREMY NOLAIS/METRO

2.25% It's a good day to start saving.

Earn 2.25% interest* until January 31, 2014 on new deposits combined across any of these accounts:

- Interest Plus[™] savings account
- no fee bank account

Call 1-888-236-6315, drop by an in-store pavilion, or visit pcfinancial.ca/greatrate for details.



That's just good banking.

*How it works: To participate in the offer, you must enroll during the offer period by calling 1-888-236-6315 or by speaking to a representative at a President's Choice Financial® pavilion or hub. Offer Period: November 1, 2013 to January 31, 2014. Interest First® savings account is also eligible for this offer. Ask for details. The promotional interest rate of 2.25% (the "Promotional Rate") is a combination of the regular annual interest rate on an eligible account, plus promotional interest ("Promotional Interest") paid during the offer period. The Promotional Rate will be calculated during the offer period on the portion of aggregate average daily closing balances across all of a primary account holder's eligible accounts which exceed the aggregate closing balance across the primary account holder's aggregate eligible account(s) closing balance, if any, on October 31, 2013 (the "Additional Balance"). Promotional interest will be paid in February 2014 into a single eligible account held by a primary account holder. The current regular rate is calculated on the full daily closing balance of eligible account and paid monthly. Rates may change at any time. Offer is non-transferable, cannot be combined with other promotional rate offers, and may be changed or cancelled at any time. Other conditions and restrictions apply. Visit pcfinancial.ca/greatrate for the full terms and conditions of this offer and for more information, including current rates, visit www.pcfinancial.ca, speak to a representative at a President's Choice Financial, Interest First and Interest Plus are trademarks of Loblaws Inc. CIBC is a licensee of the marks. President's Choice Financial personal banking services are provided by the direct banking division of CIBC.

Long way from Minnesota

- Most of the movie version of Fargo was filmed in Minnesota. However, TV crews were offered various tax credits to film
- The 1996 crime flick

earned seven Academy Award nominations and won two — including best original screenplay.

Ethan and Joel Coen are executive producers for the TV series.

Xboxers, get your game on

NHL Lock-In. Calgary gamer organizes guilt-free weekend of NHL 14 for charity

Gamers, rejoice. Next week you can play Xbox for two days straight and your significant other can't give you grief for it, because it's for charity.

Ryan Lindsay, commissioner of Calgary's second annual NHL Lock-In, is inviting teams to join the gaming marathon and play along in a full season of EA Sports' NHL 14 over a span of 48 hours.

"You actually play through an entire season, all 82 games — and the post-season, if we have time — in the span of a weekend," he said. "It's pretty intense" The goal, aside from having some fun, is to raise money for a charity called Child's Play that distributes toys and video games to kids in hospital.

It's a charity close to Lindsay's heart.

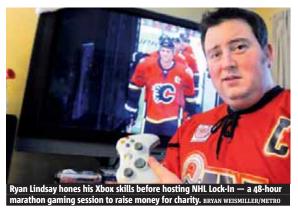
Having spent a lot of his own childhood in hospital, Lindsay said, he got to know other children with more serious conditions like lung disease or leukemia who absolutely lit up

when given the chance to play the latest video games.

"They had a Super Nintendo on a set of wheels that they would bring in once every couple of days and you got to play for like half an hour," he recalled. "Seeing the joy on their faces when they were playing really stuck with me."

To sign up, donate or get more info, visit nhllockin.com.

ROBSON FLETCHER/METRO



Legislation. Tough anti-smoking bill inches closer to approval

New legislation that would make it illegal for people to smoke in cars with children is one step closer to being law in Alberta.

Bill 33 received third reading on Wednesday.

As part of what cigarette critics are calling the toughest regulation on tobacco in Canada, Bill 33 is one facet of a two-part plan to reduce options for smokers in Alberta.

"The government has been developing new legislation to accompany the new tobacco reduction strategy," explained Les Hagen, executive director for Action on Smoking and Health.

Earlier in the week, the legislature approved third reading of Bill 206, which establishes regulations for the sale of flavoured tobacco, including mentholated cigarettes.

Once the legislature receives

Quoted

"It's a historic week for public health in Alberta. These measures will go a long way (to) keeping youth out of the tobacco market."

Les Hagen, executive director for Action on Smoking and Health

proclamation, Bill 33 would implement a restriction on the sale of tobacco to minors, a phased-in ban on water pipes in public establishments and a ban on smoking in cars with children.

According to the Lung Association of Alberta and NWT, about 26,000 Alberta school-children use flavoured tobacco products. Leah Germain/Metro

Ruling

Movie theatre on wheels nets fine

Distracted driving

An Alberta man has been charged with watching a movie while driving. Traffic-unit officers were

Traffic-unit officers were dispatched Wednesday night after a complaint came in about someone watching a movie on a laptop while driving a minivan on Highway 2 near Carstairs.

An officer found the blue Chrysler minivan and saw the driver watching The Lone Ranger.

"He didn't really say why he was watching the movie, but I think it's just one of those things that he wanted to pass the time while he was driving," said Sheriff Jason Graw.

A 42-year old man from Red Deer was fined \$172 for distracted driving.

THE CANADIAN PRESS

Mountie cleared in fatal crash

An Alberta judge has found that an RCMP officer was not following proper policy when he chased a stolen car that ended up in a deadly crash.

But Judge George Gaschler ruled the breach was so minimal and the 30-second chase was so short, it was not a contributing factor in Christopher Michael Sisler's death.

Sisler, who was 33, was killed on April 13, 2010, when he was thrown from a stolen car he was driving after it rolled near Sundre.

In a fatality inquiry report, Gaschler found that Sisler sped off when the unnamed officer approached with lights and sirens on.

Sisler was drunk at the time.

THE CANADIAN PRESS

UNITED WAY DONATIONS MAKE US ALL

FASTER, STRONGER, BETTER.



FIGHTING POVERTY

Nearly 120,000 Calgarians live in poverty.

HELPING KIDS THRIVE

Every year, 3,000 Calgary youth don't finish high school on time.

BUILDING STRONG NEIGHBORHOODS

Over 30,000 Calgarians call 211 for assistance each year.



United Way worked with the City of Calgary to expand low-income transit pass eligibility, improving access to work and school.



United Way is leading the "All In" for Youth initiative (partnering with government, school boards, social, corporate and individual partners,) to reduce the dropout rate by 50% in 5 years.



United Way partners with the Distress Centre and the City of Calgary to provide this free, 24/7, multilingual service that connects people to community, health, government and social services.



calgaryunitedway.org

2013 HONDA RIDGELINE SPORT



2013 HONDA CR-V TOURING



STK# 2130288

2013 HONDA CIVIC EX COUPE



STK# 2130450 AUTO

2013 HONDA CIVIC EX SEDAN



DEMO

TOTAL SAVINGS \$4,547

STK# 2130479 AUTO



SRUE UP TO 57.500



SAM-9PM



9AM-6PM

SAT NOV 30TH

9AM-6PM



















PAYMENTS FROM \$7/DAY FINANCING AS LOW AS 1.99%





888 MERIDIAN road NE Corner of Barlow Tr. & 7th Ave 403–291–1444

2013 HONDA FIT SPORT DEMO TOTAL SAVINGS

STK# 2130008 AUTO

2013 HONDA PILOT TOURING



TOTAL SAVINGS \$6,630 STK# 2131139 AWD

Climber needs to clear funding hurdles for her Sochi bid

Cultural sport.

Calgarian hopes to clear path for next generation



JEREMY NOLAIS

Jen Olson will send you a postcard, craft some handmade pottery or even teach you to ice climb like she does.

All she asks for is a little seed money in return.

The 42-year-old Calgaryborn athlete is aiming to be the lone Canadian female to take part in the cultural iceclimbing event at the Sochi Olympics in February.

Promoters of the sport hope a good impression on the international stage will clear the path for competitive ice-climbing to one day have its own podium celebra-

But Olson is quick to concede such an opportunity will likely come after she's hung up her crampons.

"I'd still be super psyched to go," she said.
"I really like promoting

the sport and helping future generations."

The seasoned mountaineer was quick to lament the lack of funding for endeav-ours to World Cup circuit stops, which she also hopes to take part in this season, and other competitions.

"In general in Canada, there's not a lot of funding for sport but there's absolutely zero for climbing," she

As a result, Olson first launched an Indiegogo campaign that offered everything from postcards and photos



She raised more than

to cover the costs of her trip. You can now assist Olson at makeachamp.com/jen, a second fundraising effort, where she hopes to raised

Partnership. Deal to see 0.0025% of housing in north Calgary development be made affordable

\$10,500, but still needs more

Buyers in Calgary's booming housing market have a new affordable option after a recently penned deal between Attainable Homes and developing giant Mattamy

The deal creates 10 new low-cost town homes in a 4,000 home development in

AHCC president Greg Mills said the deal will be a welcome addition to new home

"This partnership will be especially helpful for firsttime homeowners who are currently searching in Calgary," Mills said.

The town homes will range between 1,301 and 1,412 square feet in size.

"It's a good opportunity for new buyers," Mills said. RILEY HILL/FOR METRO

- The units will be priced from \$258,000-\$276,000
- This is compared to the average sale cost of homes in the city, which the Calgary Real Estate Board placed at \$456,732 this year.





ASUS ZENBOOK™UX302

Kiss me, I'm beautiful.

Stunning, stylish and scratch-resistant, the all-new ASUS ZENBOOK™ UX302 will take your breath away.

Discover more at www.asus.com

Powered by the Intel® Core™ i7 processor



available in all markets, Intel, the Intel Logo, Intel Inside, Intel Core, and Core Inside are trademarks of Intel Corporation in the U.S. and/or other countries.



metronews.ca
WEEKEND, Nov. 29-Dec. 1, 2013

NEWS
2.

Energy East would mean lots of jobs: N.B. premier



Proposal. Alward addressed the Alberta legislature to discuss pipeline projects

New Brunswick Premier David Alward told Alberta's legislature Thursday that the proposed Energy East pipeline isn't just about resources, but about growing communities and allowing Canadians to work close to home.

"There are some 15,000 New Brunswickers working outside New Brunswick today in natural resource sectors, and we're not isolated with this story," Alward said in a speech in the legislature chamber.

He said he met and talked to some of those workers on his flights from New Brunswick to the Alberta capital.

"What they say to me is they are blessed to be able to gain

that opportunity, but they are looking for the opportunity in a year and a half or so to ply their trade back home."

Alward said his 23-year-old son works in the oilpatch.

He later added that the long distance New Brunswickers travel to work can be hard on families.

"Canadians want to work and need to work. Canadians want to build prosperity and economic opportunity no matter what region they live (in)," he said.

"Projects like the Energy East pipeline will translate into thousands of jobs in communities across Canada."

Alward and Alberta Premier Alison Redford are backing TransCanada's proposed \$12-billion pipeline as critical to boosting the national economy.

The 4,500-kilometre line would ship Alberta crude from a terminal southeast of Ed-

In number

\$6B

The province says a backlog of oil is depressing prices and taking a \$6-billion bite out of its bottom line this year.

monton across the Prairies into Ontario, then up to refineries in Montreal and near Quebec City. It would end at refineries at the deepwater port in Saint John. From there, crude could be shipped overseas by tanker.

It could also reduce Eastern Canada's dependence on higher-priced foreign oil.

An economic impact report done for TransCanada estimates the line would add \$35 billion to Canada's GDP over 40 years and deliver \$10 billion in tax revenues to Alberta, Saskatchewan, Manitoba, Ontario, Quebec and New Brunswick.

THE CANADIAN PRESS

Supreme Court won't hear appeal in case of baby's life support

The Supreme Court of Canada will not hear an appeal in the case of an Alberta child who was taken off life support over the objections of her parents, who were charged in her death.

After the two-year-old known as Baby M was removed from her home in May 2012. doctors declared her to be permanently comatose and recommended removing life support.

Her parents, who were charged with assault and criminal negligence in the case, fought the decision in court, citing their love for the child and their religious beliefs.

The courts sided with the doctors and the Supreme

Court refused to stay the Alberta court order.

The child died shortly afterwards and her parents were charged with second-degree murder and criminal negligence causing death.

As usual, the Supreme Court gave no reasons for refusing to hear the appeal.

THE CANADIAN PRESS



SALE PRICES IN EFFECT THURS., NOV. 28 TO MON., DEC. 2, 2013. Selection varies by store, while quantities last.

while quantities last.

"This savings offer excludes items with prices ending in .97.

Earrings enlarged to emphasize detail and may not be exactly
as shown. All diamond weights are approximate. Does not
include certificate of appraisal.

NE114P413 © 2013. Sears Canada Inc.





BLACK FRIDAY EVENT!

HELD OVER FOR

72 HOURS ONLY

THURSDAY NOVEMBER 28th UNTIL SATURDAY NOVEMBER 30th at 5:00pm

and COME SEE US FOR THE
BIGGEST SAVINGS
OF THE YEAR!

WE HAVE INSURANCE QUOTE & APPROVALS ON SITE and OUR FINANCE & LEASE MANAGERS ARE HERE ALL DAY TO APPROVE YOU!

OKOTOKS HONDA IS YOUR ONE STOP TO MAKE YOUR NEW or USED VEHICLE PURCHASE EASY & SEAMLESS

- NEW TO CANADA
 - SLOW PAYER
 - · DIVORCE ·
 - . BAD CREDIT .
 - NO PROBLEM

WE CAN HELP GET YOU APPROVED!

WE WILL BUY YOUR TRADE TO GIVE YOU SOME EXTRA HOLIDAY CASH

__ OR

SWAP YOUR KEYS



DON'T WAIT IN LINE - CALL NOW TO BOOK YOUR APPOINTMENT



100 NORTHGATE BLVD. OKOTOKS | 403.842.1100 | OKOTOKSHONDA.COM



Foreskin fight rages in Israel

Long-standing debate. Uproar follows religious court's penalizing divorced mother for refusing to circumcise son

An Israeli rabbinic court has fined a woman hundreds of dollars for refusing to circumcise her baby son, officials said Thursday, in a landmark case that has sparked a new uproar over the role of religion in the Jewish state.

The case shines a spotlight on a long-running debate over religious coercion in Israel,

Theocracy charge

"(It's) dangerous for democracy.... It turns the government into a theocracy."

Said Ronit Tamir, anti-circumcision activist. Most Israelis are secular, but founders gave Judaism a formal place in the nation.

where generations of leaders have struggled to find a balance between the country's Jewish and democratic character.

The matter ended up in the rabbinic court as part of an ongoing divorce battle. The woman announced her refusal to circumcise the boy, saying she did not wish to harm him. The Israeli rabbinate's high court ruled last week the circumcision was for the child's welfare and that the woman must pay the equivalent of nearly \$150 each day she refuses the circumcision.

"The decision is not based only on religious law. It is for the welfare of a Jewish child in Israel not to be different from his peers in this matter," said Shimon Yaakovi, legal adviser to the rabbinical court. He said it was the first time a religious court in Israel has punished a parent for refusing to circumcise. A year ago, a civil court also ruled in favour of circumcision in a dispute.

THE ASSOCIATED PRESS



Burnside, N.S.

Jail incident investigated

Police are investigating an alleged assault at the Central Nova Correctional Facility in Burnside, Nova Scotia that involved two corrections officers.

Halifax Regional Police spokesperson Const. Pierre Bourdages says they received a call Thursday about an assault at the jail. He wouldn't say who was involved, but a justice ministry spokesperson confirmed the incident involved two corrections workers. No one was injured and there have been no arrests.

METRO IN HALIFAX

RCMP. Cop told not to use medical pot in uniform; force policy under review

The case of a New Brunswick Mountie who's reportedly been told he cannot smoke the drug while in uniform underscores the need for employers to better understand medicinal marijuana, an advocate for medical cannabis said Thursday.

Adam Greenblatt of the Canadian Association of Medical Cannabis Dispensaries, said the RCMP should allow Cpl. Ron Francis to smoke in uniform providing he is not impaired. "If this officer was a diabetic, would they prevent him from using insulin

on the job?" Greenblatt said.

Francis told the CBC that there's no policy in the RCMP that prevents him from smoking his doctor-prescribed marijuana in public or while wearing his uniform. Their report said Francis is assigned to administrative duty. He uses pot to treat post-traumatic stress disorder.

RCMP deputy commissioner Gilles Moreau told CBC Francis should not use marijuana in uniform and the force is reviewing its internal policies on the matter.

THE CANADIAN PRESS



Do humans really need to eat meat?

Food. A vegetarian world could look a lot healthier all around



ELISABETH BRAW Metro World News in London

Imagine if citizens could singlehandedly take action to avert climate change. By doing so, they would save rivers and lakes, help the world feed its growing population, and get a lot healthier in the process.

The solution, say many environmentalists, is to stop eating meat. Its production accounts for 18 per cent of human-caused greenhouse gas emissions, according to figures from the Washington-based environmental group Worldwatch Institute. That's more than air travel, for example.

"Both animals and fertilizers emit greenhouse gases," notes Reyes Tirado, a scientist at Greenpeace. "And nitrogen and phosphorous from manure pollutes water."

Meat production currently takes up 75 per cent of the world's agricultural land, and causes deforestation as more and more land is needed to supply a growing population that maintains a meat-heavy diet.

If the planet is going to feed an expected population of nine billion by 2050, we need to use the land more efficiently. A

new study from the University of Minnesota says reducing consumption of meat and dairy by 50 per cent would help the world feed another four billion

But isn't it cumbersome to replace meat with protein from other sources? On the contrary. Most people in the developed world eat too much protein, most of it in the form of cheap, processed meat.

What's more, according to the Academy of Nutrition and Dietetics, a U.S. food-health body, a vegetarian diet is suitable at all stages of life.

But what about the animals' benefits to pastures? These are marginal pluses compared to the weighty benefits of ending meat consumption. Also, the vast majority of livestock never graze in any pastures. "When people think of meat, they think of Old MacDonald's farm," notes Paul Shapiro, vicepresident of farm-animal protection at the Humane Society.

"But more than 90 per cent of farm animals are confined to factory farms. They never see the sun, they never step on grass."

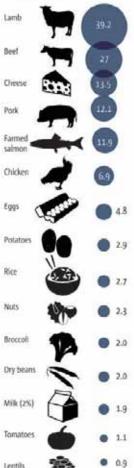
With the world's nations unable to reach consensus on several more clear-cut environmental issues, a global ban on meat is unlikely. However, unlike several climate-change initiatives, giving up meat is a decision that doesn't need government approval.

Sorry, Old MacDonald

"More than 90% of farm animals are confined to factory farms. They never see the sun, they never step on grass." Paul Shapiro, a vice-president at the Humane Society

FOOD CARBON COUNTER

Greenhouse gas emissions (in kg) per kg of consumed food (includes emissions during processing,



Source: Environmental Working Group



Be the first to know about



Scan this code or go to **Sears.ca/giftoftheday** to check out today's deal and sign up for e-mail or text message reminders.

*These savings offers exclude items with prices ending in .97, Matinique and Calvin Klein® brands.

metr⊕ metronews.ca WEEKEND, Nov. 29-Dec. 1, 2013

Daredevil comet vanishes around the sun

Possibly pulverized.

Scientists unable to see ISON emerge from kamikaze flight through solar atmosphere

Scientists say it appears a comet from the fringes of the solar system didn't survive its close encounter with the sizzling sun.

Images from NASA spacecraft showed Comet ISON approaching for its sling-shot around the sun on Thursday, but nothing coming out on the other side.

In a Google+ hangout, U.S. Navy solar researcher Karl Battams said "ISON probably hasn't survived

"ISON probably hasn't survived this journey"

Karl Battams, U.S. navy solar researcher commenting on images showing Comet ISON failed to emerge from a spin around

this journey." Phil Plait, an astronomer

who runs the "Bad Astronomy" blog, agreed, saying "I don't think the comet made

Still, he said, it wouldn't be all bad news if the 4.5-bil-lion-year-old rock broke up into pieces, because astronomers might be able to study the pieces and learn more about comets.

THE ASSOCIATED PRESS



A BETTER CAREER IS WAITING FOR YO We approach adult student learning in a **new way** – so you get much better results. **ENROLL IN COLUMBIA'S PROGRAMS TODAY!**

NATIONALLY ACCREDITED AND PROVINCIALLY LICENSED PROGRAMS

- Practical Nurse
- Health Care Aide
- Dental Assistant
- Criminal Justice
- Business Management
- Bookkeeping
- Educational Assistant
- Human Services
- Integrated Training
- Alberta Basic Security Training
- Professional Investigator
- Community Support Services
- English as a Second Language (ESL)
- · Language Instruction for Newcomers to Canada
- Academic Upgrading

- FREE COURSES may be available for individuals applying to many professional programs.
- · High School Diploma not required.
- Grant funding is available for certain programs.
- · Classes start throughout the year.
- Career and Employment Support Services

FOR MORE INFORMATION:

www.columbia.ab.ca/m Call now: 403.235.9300

802 Manning Road NE, Calgary AB



Quality education that works for you & employers.

Topiary willies. Prickly bushes mystify Windsor

Windsor, Ont., has a penis problem.

Over the past month, a phallic prankster has been vandalizing bushes along the city's riverfront, cutting them to resemble male genitalia.

The first incident happened Oct. 16. After pictures of the shrub surfaced on a local blog, the city immediately dispatched a landscaper to cut it back down to size.

"Whoever the individual was is quite talented, to be honest," said John Miceli, Windsor's director of parks and facilities.

A second prickly thicket appeared in the same location two weeks later, catapulting the story into international headlines. Even comedian Jimmy Kimmel tackled the salacious shrub on his late night show.

"Imagine being the gardener who has to circumcise a bush," Kimmel joked.

Although the second plant did bear a resemblance to the first, the city maintains it wasn't the work of vandals.

"I think it's just someone's imagination," Miceli said at the time. "It's the same bush that's been there for 20 years, and I've been assured that it hasn't changed in appearance.'

However, the lewd landscaping didn't stop there. On Nov. 21, someone dropped off a series of garland-covered letters spelling out the word "penis" on the riverfront.

Whether the most recent prank was the work of the original culprit, or simply a tribute, Miceli said his patience for penis jokes has worn thin. He's ordered staff to dig up the bushes in a "proactive" bid to prevent further hijinks.

They'll be replaced with tulips, which he believes will be harder to vandalize.

And if the guerilla garden-— or gardeners — have a fourth act planned, Miceli suggested they call him first, to see if the city can find another outlet for their talents.

LUKE SIMCOE/METRO ONLINE











UNIVERSAL CAR HOLDER

HOLDER \$699



CAR CHARGER \$1999 LEARNING EASEL DART BOARD

RC CAR \$499 WITH GUN

\$1999







INTIMATELY BECKHAM HIS & HERS

ENTERTAINMENT T'S

\$1799

HEATED SCARF HEATED GLOVES WATCHES

\$2499

10%-30% OFF

\$2499













SCREEN GUARDS



0.79¢ ITEMS!



0.79¢ ITEMS!



Many more in store, including stationary, sewing, socks, kitchenware, cleaning supplies, party supplies and so much more!

WATCH REPAIR

We offer a large selection of brand name watches as well as watch repair and batteries

PASSPORT SERVICES

ome in and get your passport photos time for your venture abroad!



PRESENT THIS COUPON FOR AN ADDITIONAL 10% OFF YOUR ENTIRE PURCHASE



metronews.ca
WEEKEND, Nov. 29-Dec. 1, 2013

Duffy audit. Tories block key witness on alleged interference

Conservative senators blocked a bid Thursday to have a key figure from the audit firm Deloitte testify about alleged interference into the review of Sen. Mike Duffy's expenses.

The move came as the Senate's internal economy committee heard from three other Deloitte partners about the audit they had done into Duffy's living claims between February and May.

Deloitte's Gary Timm

Deloitte's Gary Timm confirmed what had been revealed in a police report last week — that Michael Runia, one of the firm's managing partners, called him to inquire about the Duffy audit. Runia was not a member of the audit team.

An RCMP court filing last week revealed that Runia made the call at the request of Conservative Sen. Irving Gerstein, who in turn had been prompted by the Prime Minister's Office.

"As I indicated before, he

G20 summit

U.S. spied and

Canada knew

about it: CBC

The defence minister is

tions Security Establish-

ment Canada amid new

allegations of spying on

a former spy contractor indicate the U.S. conducted

world leaders on Canadian

soil. Documents leaked by

widespread surveillance at

in 2010 — and the national eavesdropping agency knew

the Toronto G20 summit

about it. THE CANADIAN PRESS

standing by Communica-

wanted to know if Sen. Duffy were to repay (his expenses), how much would it amount to," Timm said of Runia.

"I said I couldn't tell him, I couldn't disclose any confidential information to him — that was the gist of the conversation."

Timm said that he notified others at the firm about the call, but no report was made back to the Senate committee — Deloitte's client — about the matter.

When Liberal Sen. George Furey later moved to have Runia appear to answer questions, Sen. Gerald Comeau, the Conservative chairman of the committee, ruled against him, saying it's not the committee's job to conduct police-style investigations.

A subsequent vote, which included Comeau's Conservative colleagues, upheld the ruling, much to Furey's disappointment.

THE CANADIAN PRESS

Ashley Smith case

'Tortured' in prison, mom says

More than 10 months of testimony into the videotaped choking death of a teenager in her segregation cell have done little to shake her mom's view that Canada's prison system abused her daughter. Speaking after final submissions wrapped up at the Ashley Smith inquest, Coralee Smith said it would be unfair to lay responsibility for the tragedy at her daughter's feet. THE CANADIAN PRESS

Workers walk out after colleague's suicide

Halifax. One employee says management harassed Peter MacKenzie to get him to retire sooner



HALEY RYAN haley.ryan@metronews.ca

Nearly 200 workers at the Irving Shipyard in Halifax walked off the job Thursday morning after employees said resentment "boiled over" when they learned a co-worker had killed himself following a suspension, and what they say was months of harassment by management.

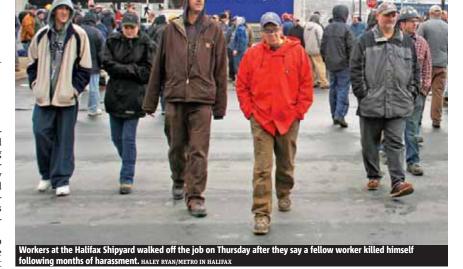
A shipyard worker who preferred not to give his name said he "almost cried right on the spot" when he heard of Peter MacKenzie's death, whom he said he worked with for 25 years.

"He was singled out and harassed in many regards," said the man. "We've had enough and it's as simple as that.... It boiled over."

Workers left their jobs around 7:30 a.m., lining both sides of Barrington Street at the bottom of Devonshire Avenue and crossing the street each time the lights changed.

Union president Cliff Pickrem said MacKenzie was suspended for 30 days due to poor workmanship on his scaffolding Tuesday, but later heard an engineer say the work was "quite up to standard."

In a statement, Irving said "It is not appropriate to speak about details regarding indi-



vidual employees."

Halifax RCMP spokesman Cpl. Scott MacRae said they received a suicide call for a home in Eastern Passage on Wednesday at 2:30 p.m. and found a 58-year-old man dead.

Metro reached out to the victim's family, who preferred not to comment.

Tyler Stewart, 29, was among many who said the company has become much harsher and more disciplinary in the last year and half since Irving won the national shipbuilding contract and new management came in.

"A lot of the older gentlemen, they're trying to almost make them retire ... they want to make their lives miserable," Stewart said. "Unfortunately it has to come to this to make a better situation."

Pickrem and national union rep Rick Rose came from negotiations just before noon and said Irving's president was flying to Halifax. They told the crowd management understood their frustration, but was asking everyone to continue working.

Many shouted "no way" and left the property, saying they would return Friday.

"We're going to have conversations we haven't had

for quite some time to reset things, and make sure everybody feels confident that we can do the work we need to do," said Rose.

Irving spokesperson Deborah Page said in a statement they are "working extremely hard to create a positive, effective and productive work environment at Halifax Shipyard — and for that we need employees to be at work, and the union and company to work together."

RIP

"Our thoughts and hearts go out to Peter's family and friends, and to all here at the shipyard who worked with him."

Statement from Irving regarding the death of Peter MacKenzie









FRIDAY, NOVEMBER 29

TODAY ONLY

IN STORE AND AT THEBAY.COM. FREE ONLINE SHIPPING OVER \$99

75% off

Luggage

Reg. \$160 to \$530 Sale \$40 to \$132.50

Collections include:

WESTJET Vault hard-side and Apollo

SAMSONITE Rhapsody Traveler NXT, Journey, Orchard and Charleston

TRAVELPRO Bold, Elegance, Connoisseur and Travelite

LONDON FOG Coventry, Canterbury, Abbey and Newbury Lites

DELSEY Helium Sky, Contour EZ, Hemisphere and Air Flash

SWISS WENGER Vienna and EVO

RICARDO BEVERLY HILLS Delmar 2

ATLANTIC Embassy

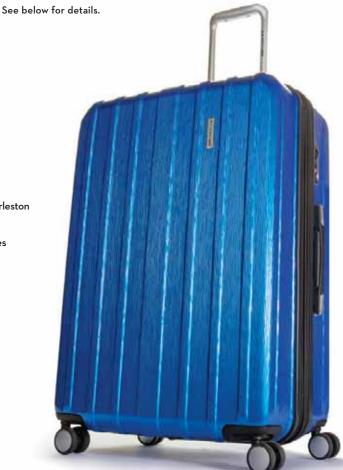
 $\ensuremath{\mathsf{IT}}$ New Castle, Lisbon, Protector and Spruce Grove

Canada's #1 seller of luggage

Plus, up to 60% off

other luggage collections

See below for exclusions.



Featured: WESTJET Vault hard-side 29" upright. Reg. \$460 Sale \$115

HUDSON'S BAY







\$10 at thebay.com/olympic

\$3.33 from the purchase of every pair is donated to Canadian athletes through the Canadian Olympic Foundation. *Exclusively ours*

metronews.ca
WEEKEND, Nov. 29-Dec. 1, 2013

Non-believers start their own global church

Our father, who art in England? Atheist collective claims to be the fastest-growing church in the world



KIERON MONKS Metro World News in London, U.K.

The Sunday Assembly started small in 2012, hosting monthly ceremonies at a deconsecrated church in a chic London, England, suburb. Founded by comedians Sanderson Jones and Pippa Evans, the events sought to combine the warmth of a congregation with irreverent entertainment, featuring songs and life-affirming lectures.

As word spread, the assembly became a community of active participants, inspired by the mantra of "live better, help often, wonder more." The local city council reclaimed their venue, but the assembly, undeterred, found new homes across London, the United Kingdom and beyond, as eager followers joined the movement and founded their own chap-



Come for the service, stay for the coffee: Standup comedians turned humanist ministers Sanderson Jones and Pippa
Evans lead London. England's leading atheist church, the Sunday Assembly. NICK CUNARD/METRO WORLD NEWS

ters. In the past two months, affiliated Sunday Assemblies have opened in 22 cities across five countries.

The creators deny that their idea has become another religion; they say they simply wish to provide the social hub missing in many godless communities. "We are born from noth-

ing and go to nothing. Let's enjoy it together," proclaims the first of their 10 "commandments."

The Sunday Assembly now claims to be "the fastest-growing church in the world," citing a "3,000 per cent growth rate" in the past year. Jones and Evans have spent much of 2013

on tour — from the U.S. Bible Belt to the Australian outback — that will extend the reach further still.

The movement has not been without its critics, and the comedians are frequently heckled in traditionally religious areas, but the concept is now firmly established.









Affordable condos in a prime NW location

2 BEDROOM CONDOS

Come home to a stylish, quiet condo close to parks, pathways, shops and conveniences.

Visit our Panorama West sales centre for full details.

SALES CENTRE: 175 PANATELLA HILL NW DARRYL SOLLY: 403.241.8975







In communities all across Calgary

Built for real life.

CARDELCONDOS.COM

CARDEL

SOUTH POINTE TOYOTA SEIDT DON'T MISS THIS HUGE EVENT! FRIDAY AND SATURDAY 9AM-6PM

South Pointe

South Pointe

PLUS FREE GAS
WINNER

CARD

PLUS FREE
WINTER
WHEELS &
TIRESHE
FOR 4
OR \$500
SHOPPING
GIETGARD

PLUS
STAFF
ON HANDE

2014 COROLLA



2012 CAMRY LE



2013 RAV 4



2014 VENZA



2014 TUNDRA



2014 TACOMA







403.567.8888 11500 - 35 STREET S.E. BARLOW TR. & DEERFOOT TR. S.E.

southpointetoyota.com

'All prices include all taxes + fees and are plus GST only. Rebates, discounts, gas cards and trip vouchers vary by model. Conditions apply, only one offer per customer. Free winter wheels + tires vary model, not all models qualify. Conditions apply. Shopping cards conditions apply, only one per customer total.

"64 month lease terms, down payment specified taxes + options extra. 24,000 Km/year allowance. Payments semi Monthly. Corolla model BURKEP-8A, APR 3.9%, LEV \$3,82.00. Camry model BFIFLT-AA, APR 2.9%, LEV \$10,101.24. Venza model ZA3B8T-AA, APR 2.9%, LEV \$9843.00. RAV4 model ZFREVT-AL, APR 3.9%, LEV \$10,582.00. Tacoma model MU4FNA-BA,
APR 3.9%, LEV \$14,577.20. Tundra model UYSFIT-AA, APR 2.9%, LEV \$14826.00.

metr

32 NEWS

Getting off gadgets

Caught up in a whirlwind



HILARIE
CASH
Founder of reSTART
digital addiction

When a gadget is running your life, it's an addiction. You're no longer in control of your life. And the truth is that most of us today are mildly addicted to our gadgets. Take a digital fast for a day, and if it's extraordinarily painful, you have an addiction.

The implications of this trend are huge. Young people, especially young men, are having trouble connecting in person. And even if you have great social skills, if you let them waver, you lose them.

It's as if we're caught up in a whirlwind and aren't able to think. We stop being interested in what's going on around us, whether it's in politics, the environment, or with our family.

Our collective infatuation is starting to look like a collective addiction.

ONLINE SLAVES

Digital addiction.

The Internet is central to our work and play, but it's also diminishing our free will



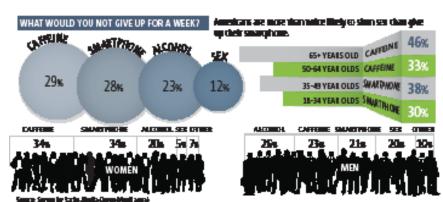
ELISABETH BRAW Metro World News in London

Sixty-two per cent of Canadians check their smartphones every hour, a new poll finds. And six per cent check them every 10 minutes.

But it's not just Canadians. Similar statistics from other countries show we're slaves to our digital devices.

Think about your morning routine: Do you wake up, check your emails/Twitter/Facebook, then have coffee and breakfast? You're not alone.

Eighty-four per cent of Americans start their day by checking an app, says a survey by U.S. software company SOASTA. Sixty-seven per cent check their email, 45 per cent



check the weather, and 40 per cent log on to social media.

"Checking the weather online first thing in the morning, it's not so different than just listening to the news on the radio or looking at a thermometer," notes Rolf Nelson, a professor of psychology at Wheaton College, near Chicago. "The problem is when it becomes a compulsion and intrudes on other things we'd rather be doing.

"The difficulty many people might have is in stopping themselves before it becomes a real waste of time. Checking if you got that email reply from a particular person changes to a half hour wasted playing Candy Crush."

Vili Lehdonvirta, a sociologist at the Oxford Internet Institute, has studied the ever-rising allure and utility of all things digital. "We're increasingly attracted to apps and websites because they are increasingly useful in our work, learning and social lives," she says.

"But it's reasonable to say that sometimes we're attracted ... for the wrong reasons: out of feelings of obligation, or impulsively, when the mind wanders, and we know we should be doing something else."

The Internet, in other words, is taking away some of our free will. We can say no to a friend, a dinner invitation, even a work assignment — but we're finding it hard to resist Candy Crush.



metronews.ca WEEKEND, Nov. 29-Dec. 1, 2013

Outsmarted: Constant texting, emailing and using especially when we begin to view trivial things

Capture your winter memories with a Panasonic FZ200 camera.



The LUMIX FZ200 is Panasonic's first digital compact camera to offer the incredible advantages of a full range F2.8 aperture across the entire 24x zoom range (25mm-600mm, F2.8 - 35mm equivalent), a feature usually reserved for very high end professional lenses. A newly developed 12.1-megapixel High Sensitivity MOS sensor and high performance image processing LSI Venus Engine provide the LUMIX FZ200 with high speed response, high sensitivity recording and superb image quality.

Our Price \$518.45 After instant rebate

Proud recipient of the Consumer Choice Award for Photographic Retailer 8 years in a row.



Big Box Prices, Expert Knowledge.

Call or check our website for guaranteed low prices. 802 - 11th Avenue S.W. Calgary | (403) 234-9935 | 1-888-539-9397

www.thecamerastore.com



Healthcare has exciting, rewarding and flexible career opportunities to fit your lifestyle. SAIT Polytechnic's School of Health and Public Safety is offering the following fast-track programs for January and September 2014.

MEDICAL DEVICE REPROCESSING TECHNICIAN

Train for the critical role of cleaning, packaging, sterilizing, storing and handling of sterile supplies and surgical instruments.

MEDICAL LABORATORY ASSISTANT

Learn to collect, process, and prepare patient specimens, enter data, perform electrocardiograms, and carry out basic laboratory procedures.

PHARMACY ASSISTANT

Prepare for a career in a community-based retail pharmacy where you'll receive and prepare prescriptions, manage inventory and work with the public.

SAIT Polytechnic is also offering a PREVENTIVE DENTISTRY MODULE for Dental Assistants, beginning February 2014.

START YOUR CAREER IN HEALTHCARE TODAY!

APPLY NOW AT SAIT.CA OR CALL 403.284.7333 FOR MORE INFORMATION



metronews.ca WEEKEND, Nov. 29-Dec. 1, 2013

apps on our smartphones turns us into addicts,

5 ways to detach from your phone

Tech blogger shows what we gain when we (temporarily) lose our devices.

NOAH KRAVITZ, TECH BLOGGER AT FUTURESMARTER.COM



Concentrate on another task

Consciously put the phone down now and then during another activity. For instance, I've fallen into the habit of using my phone while watching TV. Reminding myself to put the phone away and focus on the TV show helps me get out of the phone trance and benefit more from the show.

Start the day with your phone away

Do not reach for the phone first thing in the morning. Do something else first: make coffee, talk to your family/roommates, turn on the radio. Don't start your day off with screen time. Many people, myself included, charge their phones overnight on a bedside table so it can double as an alarm clock. That's great, but makes it too easy to reach for the screen first thing every morning.





Keep both hands on the wheel

Do not text and drive. Period. Mainly for safety reasons, but also to break the persistence of gadget time. Taking your eyes off the road is a decision you could deeply regret.



If you generally keep your phone in a pocket like I do, at least once a day try placing it on your desk or a table/counter at home and just leaving it there for a while (15-30 minutes to start). You can keep the ringer on so you won't miss important calls or messages, but being physically separated from your gadget will help you understand just how often you reach for it out of habit.





Don't make a meal out of it

Don't use your phone during meal times. If you're alone, read a book or magazine or listen to the radio, or just be alone with your thoughts. If you're with a friend, put both of your gadgets away and talk to each other — for the whole meal.



Everything Jennifer's into.

Jennifer Brown, Reveal contest winner.



© 2013 Calgary Public Library 1310-323



Everything Graham's into.

Graham Sucha, Reveal contest winner.



© 2013 Calgary Public Library 1310-323

metronews.ca
WEEKEND, Nov. 29-Dec. 1, 2013

Sickweather.com.

New iPhone app warns of proximity to disease

Don't expect to find "Bieber Fever" or "drunken stupor" on a new iPhone app that issues real-time alerts when you are approaching a large mass of unwell people.

You can, however, find when you're entering a sick zone rife with asthma, bronchitis, chicken pox, common cold, cough, croup, ear infection, fever, and plenty of other maladies.

Baltimore-based Sick-weather.com has just launched an iPhone app that filters through social media comments on Twitter, Face-book and Apple's notification and geofencing technologies to issue real-time notifications on phones, warning of closeness to disease areas.

It's available in the App Store as a free download.

"It's a neat idea," says Abe Oudshoorn, an assistant professor of nursing at The University of Western Ontario in London.

Oudshoorn, who teaches community-health planning, says he expects this sort of information sharing to grow.

"It's not going to go backwards," Oudshoorn says. "We're not going to see the decline of data. We're going to see continuous new platforms for sharing data."

Oudshoorn says there are now minimal mandatory requirements for the public reporting of health data which creates openings for private sharing of health information. "We need everyone to be a more active participant in their own health," Oudshoorn says.

The system picks up on social media comments like, "Ugh, I have the flu" for its alerts. Torstar news service



Crash survivor hopes for future in Canada

Juan Jose Ariza. He survived a wreck near Stratford, now he's awaiting word from Ottawa on his status



SCOTT TAYLOR Metro in London, Ont.

Juan Jose Ariza survived a collision that killed 10 people outside of Stratford in February 2012. He spent the following 18 months in agony willing his broken body to heal in a London long-term care facility.

But the one foe he hasn't been able to beat is the Canadian government. Not yet, anyway.

Ariza and 12 other migrant workers had finished their shift of vaccinating chickens when their extended van ran

The crash happened Febru-

It occurred Hampstead,

east of Stratford.

• 11 died including
London truck driver Chris
Fulton and 10 migrant

Ont., about 20 km north-

arv 2. 2012.

a stop sign and was crushed by a truck driven by a London man, who also died.

Only Ariza and two other workers survived the carnage. While recovering, Ariza was separated from his wife and young son. His work visa had expired and he wasn't going to be granted another one due to his injuries.

That meant that if he left the country, he would likely not be allowed to re-enter it again.

He wanted to bring his wife Edith and son Flavio here on humanitarian grounds because his injuries occurred while working in this country. He took English lessons with the goal to find a job. London-area MP Susan

Truppe said there's reason to be optimistic.

"He hasn't been turned down and the file is still active, so things are moving along well."

workers.

 The survivors: Juan Ariza, 36, Javier Alba, 39, and Edgar Sulla-Puma, 27.





APPLY NOW FOR JANUARY!

Human Services Professionals are earning between \$33,000 to \$63,000 per year.

Taught by industry experts High School diploma not required Free upgrading may be available Choose a specialization pathway

For more information:

www.columbia.ab.ca/m Call now: 403.235.9300 802 Manning Road NE, Calgary AB



Quality education that works for you $\&\ \mbox{employers}.$



Quiet, affordable NW condos

4 SHOW MODELS NOW OPEN

SALES CENTRE: 175 PANATELLA HILL NW • DARRYL SOLLY: 403.241.8975

Built for real life.

CARDELCONDOS.COM



Black Friday

WE HAVE OVER 300 NEW AND 900 USED VEHICLES AVAILABLE! OPEN TILL 9:00PM THIS SATURDAY!

SEASON OF SAVINGS

NO CHARGE AWD + %0 FINANCING + 5 YEAR









BOOK TODAY. SERVICE TODAY

SAME-DAY AND

403-984

Regular Price \$125.00 WINTER SPECIAL #1

. Oil & Filter Change

· Under-hood Inspection Rotate/Swap Winter Tires (0) Rimb

 Ethanol Defender Service (OIL CHANGE IS FOR UP TO SL OF REGULAR OIL PACKAGE INCLUDES PLUIDS TOP-UP) **BUY 4 OIL CHANGES AND GET** THE 5TH FREE! Get your card today

10% ALL WINTER TIRE PACKAGES INCLUDES RIMS AND TIRES SALE ENDS NOV.30™!

FOR A LIMITED TIME! OIL CHANGE!

95 INCLUDES ALIGNMENT INSPECTION . TOUCH-LESS CAR WASH (AVAILABLE ON MOST MAKES AND MODELS*)



2307 Country Hills Blvd NE Calgary, AB T3J 0R4





metronews.ca
WEEKEND, Nov. 29-Dec. 1, 2013

HIV research. Federal government pledges \$10.7 million to find cure

The federal government has earmarked \$10.7 million for new research aimed at finding a cure for HIV as part of the global effort to eradicate AIDS.

Health Minister Rona Ambrose announced the five-year funding Thursday for two projects led by researchers in Montreal.

Dr. Eric Cohen at the Institut de recherches cliniques de Montreal will receive the bulk of the funding — \$8.7 million — to lead the Canadian HIV Cure Enterprise. That project is a collaboration of the country's leading HIV researchers aimed at finding new approaches to curing HIV infection.

Dr. Hugo Soudeyns at the

Centre hospitalier universitaire Sainte-Justine will receive \$2 million to head a project focused on curing babies and children who acquire HIV from their mothers during pregnancy.

The projects are funded through a partnership that includes the Canadian Foundation for AIDS Research, or CANFAR, and the International AIDS Society.

"Scientific evidence is growing indicating that the time to increase our efforts in the search for a cure is now," said Ambrose. "The research announced today will make an important contribution to the global effort to find a cure for HIV."

Mental health issues.

Government at a loss to explain recent rash of soldier suicides

Beyond expressions of sympathy, the Harper government and the Canadian Forces appeared at a loss Thursday to explain a number of suicides this week among veterans of the war in Afghanistan.

The latest case involved a senior non-commissioned officer at Canadian Forces Base Petawawa, northwest of Ottawa. The army identified him as Warrant Officer Michael McNeil of 3rd Battalion, Royal Canadian Regiment. Since the death occurred on the base, military police are investigating.

A Defence Department investigation into two other deaths in Western Canada

is currently underway, a sombre and visibly moved Defence Minister Rob Nicholson told the House of Commons.

"Our thoughts and prayers are with the families, friends and colleagues of these departed individuals, and I wish all those associated with those individuals peace during this difficult time," Nicholson said.

Earlier in the day, Nicholson called the deaths "very troubling," but noted that since 2011 the Conservative government has poured millions of extra dollars into the treatment and counselling of returning soldiers.

THE CANADIAN PRESS

Challenges ahead for HIV survivors



Stigma. Long-term survival rates are high, but aging sufferers face prejudice, anxiety and depression

KIERON MONKS

Metro World News in London

By 2015, half of the people living with HIV/AIDS in the West will be over 50. Given that the pandemic has claimed more than 35 million lives and was until recently considered a death sentence, long-term survival on this scale seems miraculous.

"There was a 'Lazarus effect' when retrovirals arrived in the 1990s," says Alice Welbourn, 55, first diagnosed with HIV in 1992. "People were getting up out of wheelchairs and the funerals stopped — it was amazing."

After diagnosis, it took a support group to stop Welbourn from killing herself. More than 20 years later, the British native is fit and healthy with an "undetectable viral load." She takes daily medication but is in no danger, and dedicates herself to promoting awareness around the condition, and its hidden dangers.

Isolation remains a problem, as people with HIV often struggle with relationships. "Attitudes haven't changed," says British-Italian Silvia Petretti, 44, who was diagnosed aged 30 and is perfectly healthy. "If I start a relationship I have to persuade them a) I'm not going to die, and b) I'm not going to infect them." Isolation contributes to around 75 per cent of HIV sufferers experiencing mental health problems, according to the HIV and Later Life (HALL) project, the first major study into HIV and aging. "High levels of anxiety and

"High levels of anxiety and depression is concerning," said lead investigator of the study—Professor Damien Ridge of the University of Westminster, U.K. "Many people said they need to talk about their HIV. But that's difficult when friends and family don't know what's happening due to stigma."

The study documents widespread rejection from family and friends, who associate the condition with homosexuality and drugs. People with HIV often internalize stigma and shame, says Petretti, who is also deputy chair of charity Positively U.K. "Often they feel they deserve to be rejected."

Petretti believes the current generation "owe their lives" to the first generation of people infected in the 1980s, whose campaigning led to the medical breakthroughs that made survival possible. She is inspired to continue their work.

"Any social movement relies on the people directly affected — as with civil rights or the suffragettes," she says. "Nothing will happen without us, which is why we need more solidarity."

Petretti works to extend support networks in countries in Eastern Europe and Africa, where education is suppressed and the epidemic spreads.

Both Petretti and Welbourn describe themselves as a test generation, the guinea pigs for new, unpredictable treatments. They hope that the next generation can beat the prejudice.



Clash outside Monsanto plant

Argentine union members have clashed with environmentalists protesting the construction of a plant by U.S. seed giant Monsanto.

Local media report they came to blows outside the plant in Córdoba province Thursday.

Environmentalist Vanina Barboza charges in comments to local TV that dozens of workers from the Argentine Construction Union attacked the protest camp near the plant, injuring 20 activists and stealing personal objects. Monsanto executive Adrian Vilalba accuses the environmentalists of destroying workers' cars.

Construction of the cornprocessing plant was halted in October when environmentalists began disrupting entry of supplies. Barboza says they'll continue to block roads and access to the plant.

Workers say the environmentalists are cutting them off from their livelihood.

The state news agency Telam says the violence is being investigated by a local prosecutor.

THE ASSOCIATED PRESS

Macdonald House

Government sells London mansion

Canada has sold the London mansion that houses part of the Canadian High Commission for \$530 million to a developer. The government announced the sale of Macdonald House at One Grosvenor Square in London to the Mumbai-based Lodha Group.

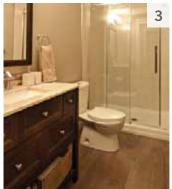
Canada plans to consolidate its diplomatic activity at Canada House in the heart of London.

THE CANADIAN PRESS











Get the quality renovation you expect from the name you trust.

For a better renovation experience, put the professionals in your corner.



WHOLE HOME RENO

3 BATHROOM RENO

BASEMENT DEVELOPMENT

4 WHOLE HOME RENO

CALL FOR A FREE IN-HOME CONSULTATION 403.258.1511

CARDEL RENOS



Built for real life. CARDELHOMES.COM

metr⊕ metronews.ca WEEKEND, Nov. 29-Dec. 1, 2013

From war to the model life

Healthy change.

Meet the London. Ont., retail manager who swapped a Syrian refugee camp for fitness and physique contests



Canada offers many opportunities, but for one arrival from the troubled Middle East the change has been especially profound.

"In my culture, you're not even allowed to wear a bikini,' said Saadiya Ghanem. "My parents were shocked."

Once, she was an Iraqi refugee in a camp in Syria. Now she's heading to Canada's national championships for fitness enthusiasts — in bikinis.

Ghanem, 29, a retail store manager in London, Ont., has earned a place in the Bikini, Figure, Fitness and Physique Championships in Edmonton next July. She qualified at a provincial contest in Toronto after beating 25 other women in a local competition.

When she was five years old, soon after Iraq invad-Kuwait, Ghanem was woken late at night by her par-

"My dad was going to be taken away from us to be put

Service Directory



Bikini body takes discipline

Eating for health

Saadiya Ghanem eats five times a day. Breakfast is eggs, toast and peanut butter and she follows it mid-morning with a protein shake and some almonds.

Lunch is chicken, sweet potatoes and unlimited greens, with another protein shake mid-afternoon. Supper is chicken, fish and more greens.

Ghanem ready for competition.

Once a week, Ghanem takes a day off and eats whatever she wants. She likes burgers, fries and cheesecake.

She also takes supplements made by her sponsor, SD Pharmaceuticals, including green coffee beans. MIKE DONACHIE/METRO IN LONDON, ONT.

in the army," she said. "He knew he wasn't going to come back. We decided one night that we needed to leave.'

So they did. It was a sixhour walk in the rain, at night, but eventually they found themselves in a refugee camp. They stayed there for nine

It was basic, said a tearful Ghanem, with almost no health care and little education. She helped her mother as best she could but when the Canadian government sponsored them to come to Canada as refugees in 1999, the family of seven children and two adults jumped at the chance.

It was, of course, lifechanging.

"There are just so many things that are better about Canada that I can't even name," said Ghanem, who was then 17. "The people here are amazing. There's so much more freedom.'

And that freedom includes

the chance to take part in the contest that sees people judged on fitness and physique.

It's different from bodysays Ghanem, building, because it's not so much about muscle. She says it's all about health, and she owes her health to Can-

She said: "When I arrived in Toronto and got in the taxi, I was like, 'Wow.' It was like something I never thought I would see.

"I thought I would be in the camp forever.'



To advertise contact Hillary Giallenardo at 403.539.4952

RESTAURANTS





& PACIFIC PLACE MALL (T&T MARKET)

vapexcapelocations.ca vapexcape.ca



ENROLL IN OUR HEALTH CARE AIDE CERTIFICATE PROGRAM TODAY!

Health Care Aides are earning between \$29,000 to \$44,000 per year.

Taught by industry experts High School diploma not required Free upgrading may be available

For more information:

www.columbia.ab.ca/m Call now: 403.235.9300 802 Manning Road NE, Calgary AB



Quality education that works for you & employers.

Read metr@your money every Tuesday for financial tips, trends and advice.

Only in Metro. News worth sharing.



metronews.ca
WEEKEND, Nov. 29-Dec. 1, 2013

Recommendation. Ban federal instant messaging to preserve message trail

Canada's information watchdog is recommending a virtual ban on instant messaging with federally issued BlackBerrys and other wireless devices because the texts evaporate so quickly, erasing part of the government record.

In a special report to Parliament, Suzanne Legault says instant messages are automatically deleted — usually after 30 days — meaning Canadians can't request them under the Access to Information Act.

Legault says a government proposal would "put the right of access at further risk" by allowing instant messages to be auto-deleted after only three days.

days.

"It's all about managing the volume of government information. This is something that the government is really struggling with," Legault said in an interview.

"They do have a lot of information to manage. But managing information in the context of new technologies cannot be done in a way that affects re-

Another hit to BlackBerry

Some 98,000 BlackBerry devices have been issued to government institutions.

 But there is no government-wide policy on the use of text-based peer-to-peer forms of communication such as BlackBerry Messenger, PIN-to-PIN and Short Messaging Service (SMS).

questers' rights under the Act."
Legault selected 11 institutions for review, including key agencies Justice Canada, Library and Archives Canada, National Defence and the Privy Council Office.

She found that most of these institutions allow employees to use instant messaging, yet very few automatically store the messages — unlike regular emails — on a corporate server.

THE CANADIAN PRESS

Quoted

"If instant messages, including PINs, were treated in the Government of Canada in the same manner as emails, many of the concerns about the impact of instant messaging on access would be addressed."

Suzanne Legault, Canada's information commissioner, said in her report

Market Minute





Nasdaq and Dow Jones closed for American Thanksgiving.





Stores are tracking your every move

Don't be freaked out.

but ... retailers are using everything from cookies to heat sensors to spy on you online and IRL

Advances in technology have never made tailoring deals to shoppers this holiday season so easy — or so creeny

so easy — or so creepy.

Consumer tracking has long been a part of American consumerism. Retailers push shoppers to sign up for loyalty cards, register purchased items for warranty programs and note postal codes to feed their mailing lists. Online stores and advertising ser-

He knows what you're buying

"You can't have Christmas anymore without big data and marketers. You know that song where Santa knows when you've been sleeping? He knows when you're awake? Believe me, that's where he's getting his information from."

Jeff Chester, executive director at the Center for Digital Democracy

vices employ browser cookies to analyze shoppers and present them with relevant pop-up ads.

Bricks-and-mortar stores are tracking you too. Retailers have been experimenting with heat sensors and monitoring cellphone signals in their stores to monitor which aisles attract the most attention. One product called "Shopperception" uses the same motion-detection technology in the Xbox Connect to pick up a customer's movement, including whether they picked up a product only to return it to the shelf.

THE ASSOCIATED PRESS

Cookies crumbling

You used to get reward cards for your personal information, these days you are tracked online, sans rewards.

 Marketers are learning to overcome limitations with software cookies. Tech startup Drawbridge claims to have found a way to link a person's laptop and mobile device by analyzing their movements online, enabling advertisers to reach the same consumer whether they're on their work computer or smartphone.



MINISTERING: RCCG Christ Embassy Choir, Country Gospel Music, Unshackled Drama Group and others

RSVP: PH 403.992.8656 or 403.690.2317

FREE ADMISSION & DINNER

EMAIL: info@rccqchristembassy.org

WEB: rccgchristembassy.org



metronews.ca
WEEKEND, Nov. 29-Dec. 1, 2013

BUSINESS 41

Asher Zuckerberg, 2, has a website and an email, what about your kid?

First the baby shower reigstry. Then Randi Zuckerberg advises you register URLs and social media accounts for your little bundle of joy

For most expectant mothers, there's a fairly typical to-do list to tackle as the due date approaches.

When you're a member of the tech savvy Zuckerberg clan, the one linked to the world-changing Facebook empire, there's an entirely different set of important tasks that naturally comes to mind.

There's some preliminary Googling to do before settling on a name, and there are URLs, email addresses and social media accounts to register for

Yes, Randi Zuckerberg

— older sister of Facebook founder Mark — made sure she secured a website address and email address for her now two-year-old son Asher in preparation for his birth, and talks about why she thinks it's so important in her new book Dot Complicated, a guide to managing the ever-changing demands of technology and social media.

"Of course I did that for my son," says Zuckerberg, the social network's former director of market development and current CEO of Zuckerberg Media.

"Your digital identity begins from the moment you're conceived now, you're announced online and you're entering the world and as parents you have to be responsible and diligent to make sure you're carving out the best online real estate for your children as well."

Now, all this talk about your children's online identi-



ties may have you stressed, Zuckerberg says her book is really meant to help out the average person who feels a bit bewildered navigating the online world. Given her background with Facebook, a large chunk of Dot Complicated fo-

cuses on social media dos and don'ts and Zuckerberg is open about touching on her own mistakes. The Canadian press

Google

Searching for the right baby name

As for Googling a baby name, Randi Zuckerberg says searching for a unique name that returns no matches online is a bit hardcore, but she's starting to hear more people discuss the idea and there is a practical reason to do it.

"I do think that doing a quick search of a name that's on your short list and if you see they'd share the same name with someone who has pretty negative Google results, it might influence your decision." THE CANADIAN PRESS



metronews.ca WEEKEND, Nov. 29-Dec. 1, 2013

No timeline for oil, gas regulations

Long-overdue. The environment minister can't, or won't, say when environmental measures will come

The Conservative government is punting long-awaited environmental regulations for the oil and gas sector into the indefinite future.

Environment Minister Leona Aglukkaq is refusing to provide a deadline for rules that will force the emissionsheavy sector to clean up its act, although the regulations have been years in the making

ing.
"It is at this time premature for me to say when they will be ready," Aglukkaq told a Commons committee Thursday.

2020

NDP environment critic Megan Leslie asked Aglukkaq whether the other sector targets will have to be re-adjusted in order to meet Canada's Copenhagen emissions pledge, or whether the future oil and gas regulations will do the trick. Aglukkaq appeared not to understand the question. "We're going to take a sector-by-sector approach," the minister responded. "If you look at Canada from the global stage, we produce less than two per cent of the global greenhouse gas emissions."

"I can't

give you

... Work continues.

When we're ready we'll

Environment Minister Leona Aglukkaq said under questioning from NDP and Liberal MPs

"There has been good

progress in that area the last

few years, so once they are ready I will share that with

Her Conservative predeces-

sor in the environment portfolio, Peter Kent, once pre-

dicted the regulations would be released last January, then

revised the date to this past

summer. The canadian press

release them."

the committee."

a timeline

'Spins invisible web'

Google breaching Dutch privacy laws: Watchdog

A privacy watchdog said Thursday that Google has been breaching Dutch law on personal data protection since it introduced a new privacy policy last year. The College for the Pro-

The College for the Protection of Personal Data, said Google's combining of data from different services to tailor ads and personalize services "spins an invisible web of our personal information, without our permission, and that is outlawed."

THE ASSOCIATED PRESS

Possibly seized by Nazis

German 'lost art' website posts 101 more works

German authorities are posting online another 101 works from the huge trove of art found at a reclusive collector's apartment in Munich.

Prosecutors have cleared drawings and watercolours by artists including Edgar Degas, Paul Cezanne, Pablo Picasso, Eugene Delacroix and Albrecht Duerer, for posting on the Lost Art website. They're among the works officials believe may have been seized under the Nazis. THE ASSOCIATED PRESS



The perfect accessory for facing the Black Friday crowds?

A Christie's employee poses for photographs with an Imperial Stormtrooper's helmet used as a costume prop in the 1977 movie Star Wars: A New Hope at premises of the Christie's auction house in London, Thursday. The helmet, which is expected to fetch 3,000 to 5,000 pounds (\$5,190 to \$8,654), features in a Pop Culture online-only sale that is open for bids until Dec. 5. MATT DUNHAM/THE ASSOCIATED PRESS





More eyes on Vatican's financial reforms

Two commissions.

Pope Francis named his right-hand man to keep an 'eye on' investigations into Vatican bank, Holy See

Pope Francis on Thursday named his top assistant to look

into the work of two commissions of inquiry he set up last summer to investigate the finances of the troubled Vatican bank and Holy See administration.

A Vatican statement said papal secretary Msgr. Alfred Xuereb will be Francis' delegate, "keeping his eye on the committees and keeping him informed in collaboration with the secretariat of state on their working procedures and possible initiatives."

The Vatican spokesman, the Rev. Federico Lombardi, said the aim was purely to smooth communication between the pope and the commissions as they intensify their work ahead of meetings between the pope and his eight cardinal advisers.

But the move appears to create a new filter between the commissions and the pope that could raise questions about their independence: Originally, these experts were supposed to report directly to the pope and present him with recommendations

Thursday's statement suggests Xuereb and the Vatican's powerful secretariat of state will be the pope's main points of reference for the work of the independent commissions.

THE ASSOCIATED PRESS



Focus on technology

CN Rail launches \$10M safety plan

Canadian National Railway Co. says it's investing \$10 million in a special program to enhance its ability to detect equipment defects, such as hot wheels and bearings in its rolling stock.

The Montreal-based company, one of North America's largest railway operators, said it's part of CN's efforts to improve the safety of its system.

THE CANADIAN PRESS

Urgent labour issue

Skills gap needs to be filled: Manley

Former cabinet minister John Manley says Canada needs to fix the skills gap between workers and employers before the country lags even further behind internationally.

Manley, who is now the head of the Canadian Council of Chief Executives, says there needs to be a strategy to address the country's poor performance on skills and education outcomes.

THE CANADIAN PRESS

TARKET COLLECTIVE HOLIDAY SEASON

IN THE HISTORIC KING EDWARD SCHOOL
4 WEEKENDS | NEW ARTISTS & MUSICIANS EACH WEEKEND

LOCATION 1720 30th Ave SW Marda Loop

ADMISSION \$5 per weekend Kids under 12 free

www.marketcollective.ca

DATES

Nov. 29/30/Dec.

Dec. 6/7/8 Dec. 13/14/15

Dec. 20/21/22

TIMES

Friday 4-9 Saturday 10-6

Sunday 10-6

A LOCAL MARKET DEDICATED TO SHOWCASING THE WORKS OF LOCAL ARTISTS, ARTISANS AND MUSICIANS

Etsy



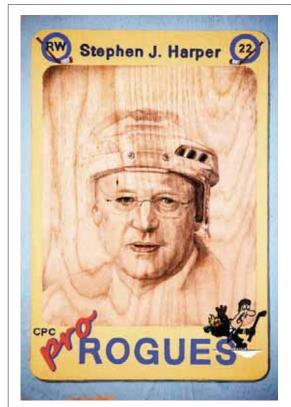
CALGARY COLLECTION











Unofficial PM portraits

The image of Canadian Prime Minister Stephen Harper is seen on an unofficial portrait titled What Lies Ahead by Reid McLachlan at a gallery at the Arts Court Thursday in Ottawa. The work is one of 14 unofficial portraits of Stephen Harper, part of a three-day showing at the Arts Court Gallery. ADRIAN WYLD/THE CANADIAN PRESS

UNWRAP A HOT PACKAGE THIS HOLIDAY!

Share S·E·C·R·E·T SHARED





Historic ship a 'great fixer-upper'

SOS. The SS United States is on the market and if a buyer isn't found it could be sold as scrap

Its future is still uncertain, but the SS United States is getting a below-the-deck makeover to make it more appealing for developers interested in turning what was once the world's fastest ocean liner into a massive dockside attraction.

Workers began a project in October to remove tanks and other materials from the belly

of the ship to make way for modern utilities systems that would need to go in to transform it. There's a second objective to the project, which is expected to last well into 2014: selling the materials to raise the \$50,000 to \$60,000 it takes each month to maintain and insure the vessel.

The SS United States Conservancy, the non-profit group that owns the ship, warns that if its grand plans do not come together quickly, there might be no choice but to sell the historic liner as scrap.

THE ASSOCIATED PRESS

History

How to use the ship has been a conundrum for many years.

- The ship was launched in 1952 and partially funded by the navy with the idea that it could be converted one day into a speedy troop transporter.
- But it was never called to service by the government. And by 1969 it was retired from its regular duties.

Largest Retail Selection of Corelle, Corningware, Visions, Luminarc, Cuisinart, Kesari, Paderno, Zwilling J.A Henckels, Staub, Broan and more.
Wide selecion of tools and gadgets for your kitchen.







4Pc Casserole Set





106-2929 SUNRIDGE WAY NE **403.451.0650** SHOPHOMEWORLD.COM



Douglas Coupland

Douglas Coupland's latest novel, Worst. Person. Ever., is available from Random House Canada.

Day 20

metronews.ca/temp

metre

Wages

Equal work, equal pay

The Workers Action Centre is campaigning for equal pay as part of its advocacy for workers' rights, which includes approaching politicians and conducting online campaigns.

"Permanent workers are earning a lot more," said centre organizer Sonia Singh. "The typical statistic is that temp workers earn 40 per cent less than permanent workers.

"The government should include in the law that temp-agency workers receive the same wages as permanent workers when they are doing the same work." MIKE DONACHIE/METRO



HE CANADIAN PRES

Race to the bottom

Government jobs no sure thing

Government temp jobs are no longer the coveted positions they used to be. Wages for temp workers in the public sector have fallen by up to 40 per cent since the feds started awarding contracts to the lowest bidder, according to the Association of Canadian Search, Employment and Staffing Services. METRO

Temp Figures It All Out

f you came here expecting a happy ending, that's exactly what you're going to get. It's a few months later, I'm now Mrs. Xu, there are twin Xus in the offing, and the twins will be in line to inherit over a billion dollars. I remind myself of this every time I think of the coffee room's Girl Guide chocolate-bar honour box, and how horrified I always was to find out staffers had shortchanged it, and how I paid out the difference from my own pocket.

What about TWK? Don't worry about the old gang — they're doing just fine. The building is now home to Mr. Xu's vanity project (and mine), which is to be the world's largest online retailer of vintage and high-end sneakers. Sarah No. 1 is once again in charge on online marketing development, and Sarah No. 2 is back developing e-commerce strategy. This time, their decisions will have a chance of being implemented and making some kind of difference.

With a slight romantic twist, Sarah No. 3, who I never really got to know, is seeing Kyle, who quit the refinery after a week spent inhaling its magic aromas. Kyle is now getting a full sleeve of ink on each arm and is in charge of "Branding Atmosphere," which means — I'll be honest — I have no idea what, but I'm just so glad he's no longer inhaling oil. I'll always have a soft spot for that loveable lunkhead who kind of flirted

with me, and who I kind of flirted with back when we were both younger and dumber.

The Danimal we now call "The Shaker" because we send him out doing anything that involves old-school middle-management people shaking each

The present is all we have. And really, how does Kate Winslet manage to always drop those pounds?

other's hands: Conferences and land leasing and that kind of stuff. It's a remarkably effective category and he loves it. Dan and Chantelle split up quite amicably. Chantelle and Darren are engaged and living in the gated community together. Chantelle's lips have shrunk and she looks a tiny bit more human and promises not to get more work done.

KEEP MOVING FORWARDS

And the happiest ending of all is for Kurt, the old guy by the stoplight, who now has his own office out by the delivery bay where his main task is to sit, enjoy life and maybe watch the Carpenters on VHS — he refuses to go online.

So maybe you entered this story expecting there to be a Boogeyman — someone who we can yell at, and whack with sticks like a piñata. But there is

Random fact of the day

The difference between

poisonous and venomous animals: "If you bite it and you die, it's poisonous. If it bites you and you die, it's venomous."

no Boogeyman here. There's only the times we live in, and we can bitch about them or we can move forward, and if you don't move forward, well, you'll be left behind, left in the past, which makes no sense — because the present is all we have. And really, how does Kate Winslet manage to always drop those pounds?

Random biz fact of the day

98%

An overwhelming majority of job recruiters used social media to search for candidates in 2012.

OUDCE, WODEODOLIC

The clock is ticking



TEMP is ... well, temporary

Douglas Coupland's 20-day novella is a pop-up project and will disappear from our website this Monday at 12:01 a.m. EST. If you've missed an instalment, there are still three days to catch up at temp.metronews.ca — before it is gone forever.



No blackouts or restrictions. Just travel freedom.

No annual fee for the first year. Plus, get 15,000 bonus points.' Apply today.

www.scotiabank.com/travelfreedom

You're richer than you think:



*Registered trademarks of The Bank of Nova Scotia. American Express is a registered trademark of American Express. This credit card program is issued and administered by The Bank of Nova Scotia under license from American Express. The 15,000 Scotia Rewards bonus points are awarded when you use your Scotiabank Gold American Express Card for a purchase within two months of open date and provided the account is open and in good standing. The points will appear as an adjustment on your Scotiabank Gold American Express Card statement within two statement cycles of your first card purchase. In one waccounts opened by March 31, 2014. The introductory annual fee water only applies to he initial annual fee for the primary and additional cards. The Scotiabank Gold American Express Card regular interest rate is 19.99% for purchases. For cash advances, balance transfers and Scotia Credit Card Cheques the interest rate is 21.99%. The regular annual fee of \$29 per year per card when issued regardless of card activation and will be billed to your first statement and once a year thereafter. Offer applies to new accounts opened by March 31, 2014. Any additional cards must be issued by March 31, 2014, to qualify for the offer. Rates and fees are as of September 1, 2013 and are subject to change without notice.

metr⊕ **VOICES** metronews.ca WEEKEND, Nov. 29-Dec. 1, 2013

RON BURGUNDY? COMING TO WINNIPEG

Tom Hanks. In the most random moment 1 Tom Hanks. In the most random moment of 2013 possibly, Hanks showed up at the Grey Cup in Regina. Turns out he was there cheering on the Tiger Cats with his L.A. pal Martin Short, a Hamilton native. Hanks wore a Ticats toque (and later a Riders toque), hung out with The Sheepdogs and sat in the chilly stands. Can we adopt him as ours?

Twitter and Time. This year, Time announced a unique new partnership with Twitter as part of their Person of the Year issue. Users can vote for their choice by tweeting with the hashtag #TIMEPOY. The readers' choice poll ends Dec. 4. So go ahead now and cast your vote for ... Miley?

Movember wrap up. I wore my mo proudly this year, and raised over \$1,000 to join Mo's Platinum Club. One of the feel-good stories of this year was three buddies who cycled from Vancouver to Toronto and raised nearly \$100,000 for Movember in their Moustache Ride Across Canada. Amazing guys, amazing cause.

@boringtweets. Who would think that a boring Twitter account would be a hit? But it is. Its nearly 140,000 followers get tweets like "I've just looked at something," "I've



Neil Morton

just signed for a parcel for next door," and "I hope I dream about cardboard again. That was one crazy dream." I would keep giving you examples, but I have to watch paint dry.

Ron Burgundy. Will Ferrell's fictitious Anchorman character will be in Winnipeg this Sunday covering Canada's Olympic curling trials dubbed Roar of the Rings for TSN. They should consider hiring Burgundy permanently: Ratings would go through the roof.

Toronto + Bon Jovi = NFL? Toronto foot-6 Toronto + Bon Jovi = NFL: 10101110 1001 ball fans were living on a prayer wondering whether their city would ever get an NFL franchise, but thanks to Bon Jovi, that might become a possibility. The rocker is a

leading contender to buy the NFL's Buffalo Bills and with some powerful and rich T.O. friends, move them to the city. Global anchor Katie Couric. No, not for Global News.

Couric will now be the global anchor for the resurgent Yahoo. She will start next year and be the "face of Yahoo News," CEO Marissa Mayer wrote in a blog post. In effect, Couric will now be the global ambassador for Yahoo. This move is another example that the future of TV is online.

Harvard. The Ivy League school got some negative attention after a video was released asking students: "What is the capital of Canada?" and answers ranged from Vancouver to Ontario. Duh! It's not right, because us Canadians all know the capital of the United States is New York,

Social media jobs. A Workopolis study says jobs for social media experts will be obsolete in 10 years as digital natives enter the workforce who are already able to do that work, so having social media skills will no longer be a differentiator for us digital immigrants. Also, we'll soon be able to schedule tweets 10 years in advance so our work here is complete.

10 Paul Bissonnette. You might not have heard of the Canadian NHLer but his Twitter account @BizNasty-2point0 is a riot. His Twitter bio says: "Play in the NHL for the Phoenix Coyotes. Well sort of. Once played in the ECHL for the Wheeling Nailers, seriously, that was the name.' With tweets like "If you ever feel insecure about your looks, go to the Vegas

airport and sit at a nickel machine and smoke," this is a gem. 475,000+ followers agree.

Follow The Metro List on Twitter @TheMetroList



ZOOM

Wood you believe it



ANDY WILLSHEER/REX FEATURES

Vintage vehicle created from oak

A man has made a VW Beetle out of wood.

Momir Bojic from Celinac in Bosnia and Herzegovina has hand-built the impressive Bug with mind-boggling patience, using skilled woodworking to create intricate detailing. Everything from the bonnet to the gearshift has been carved by Momir in his garden workshop. metro

Slow and steady wins building race

Progress was necessarily slow because of the work's labourintensive nature.

Momir said: "Some days my wife and I might end up with just two or three rows of pieces on a panel, but this was irrelevant as far as I was concerned because I'm a bit of a perfectionist. Accuracy was far more important than worrying about how long the work was taking." METRO

Wife chips in for hubby's project

Momir, who spent time working at the Volkswagen Transporter manufacturing plant in Hanover, Germany, got some help from his wife Nada.

"I was intending to undertake the task by myself, but after my wife saw the amount of effort involved she felt I was crazy to try and do it all on my own and was happy to offer her assistance in the project." **METRO**

Motorbike made from locust wood

Momir isn't the only man from Eastern Europe adept at making wooden vehicles.

Istvan Puskas from Tiszaros, Hungary, spent two years building a motorcycle from weather-resistant black

Puskas used cow horns as a handlebar and exhaust pipe, and a gasoline engine from an old Fiat. METRO



Terrified of stepping foot in a shopping mall during Black Friday or the rest of the holiday season? There's a beautiful place you can pop into to get your shopping done without the Jingle Bells soundtrack, oversized



faux cedar trees or never-ending lineups: The Internet.

The site launched about a year ago as a website that mined your email looking for deals and promotions that may interest you. Now, with the help of \$2 million for seed funding, they've launched an iPhone app that lets you shop right from your phone. Wait for their upcoming social function.

Slice: Not exactly a shopping site, but more like an online shoppers personal assistant. Slice keeps track of what you buy and lets you know if you're eligible for a price adjustment, recalls, and other things you may want to know about your purchases.

Karmaloop:

Look sharp AND get good deals on trendy new weekending duds from Karmaloop. Site often has promo codes to get your saving started (Black Friday code is BLKLIGHT, FYI).

Comments

RE: Tips On (Cough) Hacking A Cold, by John Mazerolle, published

How about starting by improving your immune system.

I rarely get colds, and I haven't had the flu in 21 years, despite the fact that I work with a lot of people who get sick a lot. Flu shots..?? Never.

We are getting too caught up in cleanliness as a society. That's not to say I don't engage in personal hygiene. I just don't subscribe to the antibacterial everything that society wants us to.

My wife and four-year-old daughter also do not get sick. My daughter has been sick once since she was born. My tips..?? If you drop it on the floor, pick it up and eat it. If you cough, cough into your hand. And, eat a pound of dirt a week.

Remember, your immune system is an army, and an army needs practice to fight effectively. Take away its ability to practise, and when real germs come along, it will not be able to fight it, and you'll get sick.

ns_hunter posted to metronews.ca

VE WANT TO HEAR FROM YOU: Send us your comments: calgaryletters@metronews.ca



President Bill McDonald • Vice-President & Group Publisher, Metro Western Canada Steve Shrout • Editor-in-Chief Charlotte Empey • Deputy Editor Fernando Carneiro • National Deputy Editor, Digital Quin Parker • Managing Editor, Calgary Darren Krause • Managing Editor, News & Business Amber Shortt • Managing Editor, Life & Entertainment Dean Lisk • Sales Manager Blaine Schlechter • Distribution Manager David Mak • Vice-President, Sales and Business Ventures Tracy Day • Vice-President, Creative Jeff Smith • Vice-President, Finance Phil Jameson • METRO CALGARY Unit 120, 3930 - 3 Avenue NE, Calgary, AB T2A 677 • Telephone: 403-444-9136 • Fax: 403-539-4940 • Advertising: 403-444-9136 • adinfocalgary@metronews.ca • Distribution: calgary_distribution@metronews.ca • News tips: calgary@metronews.ca • Letters to the Editor: calgaryletters@metronews.ca

EASTSIDE KIA GALGARYS KIA SUPERSTORE



60 CARS. 60 DAYS.

EASTSIDE [A].ca



STSID

INCLUDING BIG SCREEN T.V.'S, OIL CHANGES. APPLE T.V.'S

2013 SPORTAGE LX AUTO



OWN IT FROM \$26,745 **CASH SAVINGS** <\$3,500>

STK# 545552

DOWN³

PURCHASE PRICE ^{\$}23,245

2013 SOUL 2U AUTO



\$118_{/BW}

OWN IT FROM \$22,245

CASH SAVINGS <\$2,000>

PURCHASE PRICE ^{\$}20,245

2014 SORENTO WINTER READY PKG.



OWN IT FROM \$29,960 CASH SAVINGS

<\$3,000>

STK# 519164

PURCHASE PRICE **\$26,960**

2014 FORTE LX + AUTO



OWN IT FROM \$21.580 **CASH SAVINGS** <\$2.000>

\$120_{/BW} DOWN*

CASH PURCHASE PRICE ^{\$}19,580

2013 OPTIMA TURBO



OWN IT FROM CASH SAVINGS N/C TURBO <\$1,800>

\$157_{/BW} DOWN*

CASH PURCHASE PRICE \$25,600

2014 RONDO WINTER READY PKG.



OWN IT FROM \$27,010 **CASH SAVINGS**

<\$2.500>

CASH

DOWN*

PURCHASE PRICE \$24.510



I'M CATRIONA LEMAY-DOAN, LET **EASTSIDE KIA** SHOW YOU WHY THEIR CUSTOMER **SERVICE IS #1 IN CALGARY!**

2256 23rd St NE · www.eastsidekia.ca 40f250.25 ALL OUR APPOINTMENT

HOTLINE TODAY AND SEE IF YOU QUALIFY FOR **OUR \$500 TEST DRIVE**























































www.WOODRIDGEFORD.com



At Deerfoot & Douglasdale

403 451-6182

WHERE @ALGANAY @OMES FOR FORDI



*AMVIC LICENSED. PLEASE READ- ALL OFFERS OAC. OFFERS INCLUDE FEES AND TAXES BUT EXCLUDE GST AND AMVIC FEE OF \$6.50. LIMITED TIME OFFERS. INVENTORY ACCURATE AT TIME OF PUBLICATION, CONDITIONS APPLY. CONTACT DEALER FOR FULL DETAILS.

metronews.ca
WEEKEND, Nov. 29-Dec. 1, 2013

SCENE 45

Synopsis

The last couple of weeks have offered up the odd little treat at the movies, like an amuse-bouche to get our taste buds primed for the tastier stuff to follow in December. Not only does the 12th month give us Christmas, Boxing Day, Kwanzaa and New Year's Eve, we also get a delicious buffet of great movies. This week the Reel Guys look ahead to the 31 days that sate our appetite for great movies while feeding the voraciously hungry Oscars.



Reel Guys

RICHARD CROUSE AND MARK BRESLIN



Tis the season for great films

Ones to watch. The weather outside is frightful, so duck inside to catch one of the movies the Reel Guys are looking forward to

Richard: Mark, people complain that trailers give away too much of the story, but one upcoming movie has been releasing trailer after trailer — usually not a good sign — and has yet to reveal itself. Apparently The Wolf of Wall Street, directed by Scorsese (do I have to write his first name? I don't think so) and starring Leonardo DiCaprio and Matthew McConaughey, is going to clock

in at three hours, so no trailer, no matter how long or how many, can give away all the good stuff. All they have done is make me eager to see this stockbroker meltdown story. What's grabbed you?

Mark: I'm looking forward to The Wolf of Wall Street too. But I've already decided that Inside Llewyn Davis, the new Coen Bros movie about the Greenwich Village folk scene in 1961, will be my favourite movie of the year. Perhaps I should actually SEE the film before making my decision, but I know, Richard, I just know! I've been waiting for someone to make a movie like this for a long time, and who better than the Coen Bros? The trailer looks terrific and Justin Timberlake looks perfect in his orange alpaca cardigan, not that it would influence my decision in the least.

RC: Timberlake is such a conundrum for me. He's a wildly talented guy whose movies frequently don't work. My fingers are crossed that for him, Llewyn is more Social Network than Runner Runner. Saving Mr. Banks is another one I'm looking forward to. I'm a sucker for old Hollywood so the story of Walt Disney (played by Tom Hanks) wooing P.L. Travers (Emma Thompson) for the rights to Mary Poppins is up my alley. That, and I'd watch Thompson do anything - bake a chicken, read the phonebook or play an uptight spinster.

MB: Here's a guilty pleasure:

Grudge Match, the story of two aging boxers facing off for the first time in 50 years. Since the boxers are played by De Niro and Stallone, it's like a dream mash-up: Raging Bull vs Rocky! I'm hoping Will Smith gets a dream sequence cameo as Ali. And let's not forget American Hustle, David O. Russell's new film about greed, lust, politics, and the Mafia. Sounds like a perfect title.

RC: Three things make me want to see American Hustle: the trailers (which are awesome), Christian Bale's beer gut and Jennifer Lawrence's extravagant hairdos.

MB: Wait! Make that De Niro's beer gut and Stallone's hairdo and it's a Grudge Match!

Conaughey, is going to clock perf

on your radio

All Christmas Music



Lite959.com





we're in the northwest auto mall





blackfriday

November 29th and 30th only. th



rates from 0.99% on new 2013 and 2014 Hondas. payments as low as \$88 biweekly.

get a **\$500 Ho**



no-charge Winter Tires on all pre-owned vehicles.

get a **\$500** on all pre-c



get a \$200 Bonus on Genuine Honda Accessories.

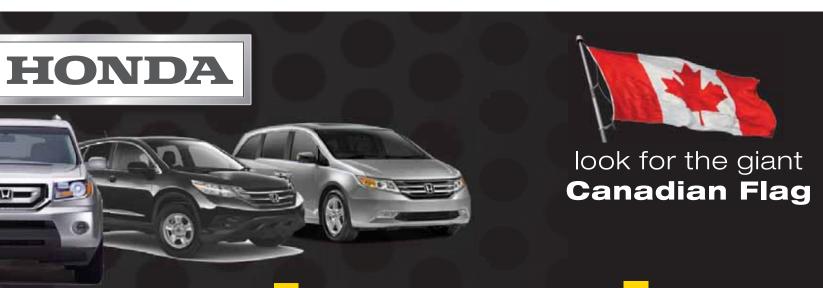
save \$600 on Acce 2014 H

🙀 free bottle of **Washer Fluid** with wiper blade refill purcha



766





ctacular

e savings event of the year.



liday Bonus on select / Hondas.



Trade-in Bonus wned vehicles.



ssories with the purchase of onda CR-V SE.



save up to \$5,000 on remaining 2013 Hondas.



save up to \$150 on select Honda Plus Warranty Plans.



no charge Tool Kit (a \$29.95 value) with every winte tire purchase.

ise.



x save **20% on Accessories** "over the counter".

3 110th avenue nw • call **(403)451-6153** www.villagehonda.com

WWERS WHO DO NOT HAVE A HONDA PLUS WARRANTY AND ARE WITHIN THE ORIGINAL 36 MO//60,000 KM FACTORY WARRANTY OR 60 MO//120,000 KM FACTORY POWERTRAIN WARRANTY. \$200 ACCESSORY BONUS APPLIES TO PPLIES TO ACCESSORIES PURCHASED EXCLUSIVE OF A NEW/USED CAR PURCHASE. INSTALLATION EXTRA. CONDITIONS APPLY. ALL OFFERS ARE FOR PURCHASES MADE 11/29/2013 AND 11/30/2013 ONLY. OFFERS END 11/30/13.



Festive finds

Jacquie Lawson **2013** *Advent* Calendar



MIND THE @RealKrisAbel

Free

This free calendar from popular e-card artist Jacquie Lawson offers a charming animated story every day as a country village, filled with cosy shops and wildlife, prepares for Santa's arrival.



52



Philomena

Director. Stephen Frears

Stars. Judi Dench, Steve Coogan

....

We first meet Philomena (Dame Judy Dench) on the 50th birthday of the son she never got to know. Born out of wedlock in 1950s Ireland, her boy was whisked away from the Magdalene Laundries where they lived, and was adopted by an American couple. Her story finds its way to Martin Sixsmith (Steve Coogan), a jaded journalist who thinks Philomena's past is too good to be ignored. Philomena carefully treads a line between touching and humourous, building a story of heartache and loss without ever being maudlin.

RICHARD CROUSE



Concussion

Director. Stacie Passon

Stars. Robin Weigert

After suffering a concussion, Abby (Weigert) becomes unbearably dissatisfied with her life as a stay-at-home mother. Seeking the passion and excitement she does not find with her own wife, Abby adopts a second, secret identity: that of Eleanor, a lesbian sex worker. The film primarily focuses on Abby's new day job, but doesn't adequately address how it affects her and her family. Though there are plenty of sex scenes, there is no significant plot develop-ment. Still, Weigert's strong performance should be enough to keep audiences interested. REGAN REID



Blue is the Warmest Color

Director. Abdellatif Kechiche

Stars. Léa Seydoux, Adèle Exarchopoulos

This Palme d'Or winning French film may be one of the most frank depictions of sexual awakening to ever hit mainstream screens. It certainly is one of the longest. In three hours it establishes the attraction between Adèle (Adèle Exarchopoulos), a high school student, and artist Emma (Léa Seydoux). It is love at first sight, and fiery, but will passion be enough to sustain it? Despite its length and raw performances from its leads, the film is more content to voyeuristically detail the action than delve into the story. RICHARD CROUSE





metronews.ca
WEEKEND, Nov. 29-Dec. 1, 2013

SCENE 53

Josh Gad never put his dreams on ice

Frozen. Actor was ready to give up on making it in show biz when his mother offered him some wise advice

RICHARD CROUSE

scene@metronews.ca

Josh Gad, the voice of Olaf the optimistic snowman in the new Disney animated film Frozen, thanks his mom for some very well timed advice. "My mother, God bless her," he says, "allowed me to keep dreaming."

The story starts in 1993.

"I was sitting in a dark theatre watching Aladdin," he says. "Robin Williams is playing this insane genie character. I'm on the floor, as is the rest of the audience, and I looked over at my mom and said, 'I want to do that one day,' meaning, I want to be the comedic relief sidekick in one of these Disney films."



Josh Gad plays Olaf, the optimistic snowman in Frozen, which is playing in theatres now, contributed

Cut to a decade later.

"I was about three years out of college and I called my mom up and said, 'I don't think I want to do this anymore.' She started crying. I said, 'I'm going to go to law school.' I thought my mother was going to celebrate that she wouldn't have to worry about me anymore. But

she was really disappointed. And I said, 'Why are you disappointed?' She said, 'Because you've been dreaming about this for 15 years, but you are only allowing yourself to live out your dream for three years and I think that is unfair to yourself.' It was very startling to hear her say that."

"A week later I got my first big break on Broadway doing a show called The 25th Annual Putnam County Spelling Bee. I guess it was at that time I realized I was going to be OK.

"Book of Mormon was the point at which I realized I had reached a new level. That I had made it. I wasn't a working actor anymore, I was an actor who was a part of something very special and that would allow and afford me more opportunities to do what I had dreamed of."

Those opportunities include starring in TV shows like 1600 Penn and movies like Jobs, and, of course, making his dream

Quoted

"To get that phone call, saying, you are that guy...I had to hold the phone down because I was sobbing with joy."

Josh Gad on getting the part in Frozen

from 1993 come true with Frozen.

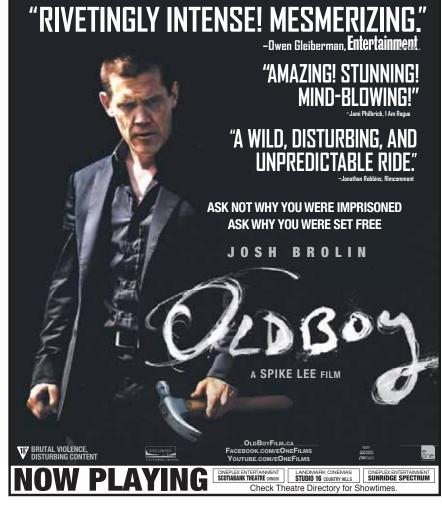
"To get that phone call, saying, you are that guy," he says, "I had to hold the phone down because I was sobbing with joy."

Olaf, his comedic sidekick snowman, already has at least one fan — Gad's young daughter

"She was two-and-a-half when I took her to see her very first movie in a movie theatre, which was Monster's University. The teaser for Frozen, which featured just my laugh [played before the movie].

"Off of that laugh she turned to me and said, 'More dada. I want more dada.' I had to turn away from her because I was embarrassed by the tears."





metr⊕ metronews.ca WEEKEND, Nov. 29-Dec. 1, 2013

When grandma wants an autographed photo

Out of the Furnace.

Zoe Saldana's latest role has her working with some heavyweights — and her family is proud



EHRBAR

Zoe Saldana is in some pretty good company in Out of the Furnace, co-starring alongside Christian Bale, Forest Whitaker, Woody Harrelson, Casey Affleck, Willem Defoe and Sam Shepard in director Scott Cooper's follow-up to Crazy Heart. Just don't expect her to watch it more than twice.

It's quite the impressive ensemble in this. Who was already on board when you joined the cast?

Christian was already on

board, Sam Shepard was already on board, then everybody else was still up in the air. But they were the names that were mentioned. Casey was almost a yes, I believe. So when I heard these names I really prayed that it was going to be everybody that joined the cast because those are actors that I've always wanted to work with. And to actually have them all together, it's like having pizza, cheeseburgers and ice cream at the same time

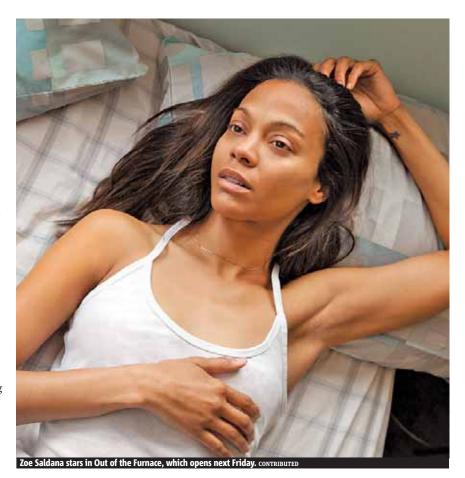
Some actors can't stand watching their own films. How about you?

I only have it in me for maybe two screenings, and then after that I can't do it. I like to see it and feel very happy for everything first, then the second time you're watching it and you're paying attention to what everybody's doing, and then after

the third time it's going to be about everything else
— "Oh, my hair ... " "Did they have to use this take? There was another take that was so good." After the third screening you just can't watch it anymore. You revisit it every two or three years when a family member forces you to sit down with them and watch it while they hold your hand. Which is what happens to me and my grandma.

You have to give them a little leeway because it's

Yeah. Like my poor grandma, she's been asking me to give her an autograph since I did Center Stage 15 years ago, and I'm not going to write my grandmother an autograph. That's just ridiculous. I'm not going to sign my name on a picture of myself and go, "Here, Grandma!" It's just uncomfortable.



























The bile Visions (WIRELESSWAVE) | booth.wireless WIRELESS & C. Costco



metronews.ca
WEEKEND, Nov. 29-Dec. 1, 2013

SCENE

55

Five VHS reels worthy of rewind



RICHARD CROUSE scene@metronews.ca

VHS tapes fell out of fashion years ago but there are many reasons to love the old-school experience of sticking a cassette into that machine with the flashing 12:00.

You can fast forward past the legal disclaimer, the covers were cool and if you don't like the movie that came on the tape, you can record over it.

Here are five films best experienced on VHS.



The Ring

Technology may have killed off VHS but not before a cursed videotape knocked off a few of its own victims. The Ring, an American adaptation of the 1998 Japanese horror film Ringu, stars Naomi Watts as a journalist investigating the urban legend of a tape that kills viewers seven days after popping it into the VCR. "You start to play it, and it's like somebody's nightmare!" No, it's not a badly dubbed copy of Rhinestone, it's a series of surreal images from a dead girl's life. It's creepy until the last half-hour — that's when the VCR's fast forward button comes in handy.



The Toxic Avenger

Set in Tromaville, New Jersey The Toxic Avenger is the story of a 90-pound weakling who morphs into the lumpy-headed titular title character. Fighting corruption by spilling loads of fake blood, plunging hands into deep fryers and crushing a head, his methods provide unforgettable B-movie cheap thrills. That last effect — it's a melon in a wig — is a timeless VHS classic and is actually enhanced by watching it on a grainy video tape.



A History of Violence

A History of Violence makes the list because it was the last movie to be released on VHS in the golden age of video. Viggo Mortensen is Tom, a mild mannered man who must confront his violent past when local townsfolk start asking, "How come he's so good at killing people?" An unopened copy of it will set you back \$10,000 on eBay, but why would you want an unopened copy of one of director David Cronenberg's best



The Decline of Western Civilization Part II: The Metal Years

One of the main benefits of VHS tape is that it always stays at the point at which you left it. Snap it off at the 20-minute mark, go back to it 20 years later and it will still be EXACTLY where you left off. In a way it's kind of like hair metal, a genre that has loudly and proudly stayed stalled in the 1980s. Fans of bands like Poison and W.A.S.P. will want to rev up a VHS of The Decline of Western Civilization Part II: The Metal Years, because it rocks too hard to be released on DVD.



Strike Commando

The 1980s VHS boom gave us the dreaded direct-to-video movie and produced many bad flicks, countless of which had names that closely echoed those of big theatrical hits. In the down-and-dirty world of the actionsploitation genre, for instance, Schwarzenegger's hit Commando became Strike Commando -"He's A War Machine on the Warpath!" — only without the Austrian superstar or a budget for the big action scenes. The lurid cover art is better than the movie.



Limited time offer, Smartphone pricing is available with a Gold plan. Double the data is available with a Gold plan. Sould plan.

THESE PAGES COVER MOVIE START TIMES FROM FRI., NOV. 29 TO THURS., DEC. 5 TIMES ARE SUBJECT TO CHANGE.

Canyon Meadows Bay 110 13226 Macleod Trail

2 Guns (14A) Fri-Thu 9:50 About Time (14A) Fri-Thu 12:55-3:40-6:50-9:40

Cloudy With a Chance of Meatballs 2 (G) Fri-Thu 1-3:55-6:55 Despicable Me 2 (G) Fri-Thu 1:30-4:20-7:20

Don Jon (18A) Fri-Thu 9:50 Elvsium (14A) Fri-Thu 9:55 Enough Said (PG) Fri-Thu 1:10-3:50-6:50-9:30

Escape Plan (14A) Fri-Thu 12:50-4:10-6:50-9:40

The Fifth Estate (14A) Fri-Thu 9:45 Lee Daniels' The Butler (14A) Fri-Thu 1:05-4:05-6:45-9:35

Percy Jackson: Sea of Monsters (PG) Fri-Thu 1:15-3:45-7:10 Planes (G) Fri-Thu 1:25-4:10-7 Prisoners (14A) Fri-Thu 9:20 The Smurfs 2 (G) Fri-Thu 12:45 Turbo (G) Fri-Thu 1:20-4-7:15 We're the Millers (14A) Fri-Thu

Crowfoot Crossing 91 Crowfoot Terrace

12 Years a Slave (14A) Fri-Sun 12:40-4-7-10:15 Mon-Thu 12:40-4-7-10

3:50-7:05-9:45

The Book Thief (PG) Fri 12:50-3:45-6:40-9:35 Sat 11:55-3:45-6:40-9:35 Sun 11:55-4-6:40-9:35 Mon-Tue 12:55-3:50-6:45-9:40 Wed 3:50-6:45-9:40 Thu 12:55-3:50-6:45-9:40 Star & Strollers Screening Wed 1 Delivery Man (PG) Fri 2:25-5:20-7:50-10:20 Sat-Sun 12-2:30-5:207:50-10:20 Mon-Thu 1:50-4:55-7:25-9:55

Ender's Game (PG) Fri-Sun 4:20-7:10-9:50 Mon-Thu 4:15-7:10-9:50 Free Birds (G) Fri 1:20 Sat-Sun 1 Mon-Thu 1:05

Frozen (G) No Passes Fri 1:10-3:55-6:35 No Passes Sat-Sun 1:05-3:55-6:35 No Passes Mon-Tue 12:45-3:30-6:30 No Passes Wed 3:30-6:30 No Passes Thu 12:45-3:30-6:30 Star & Strollers Screening, No Passes Wed 1 Frozen 3D (G) No Passes Fri 2:15-4:55-7:35-10:10 No Passes Sat-Sun 11:45-2:20-4:55-7:35-10:10 No

Passes Mon-Thu 2:10-5-7:35-10:10 Gravity 3D (PG) Fri 2:35-5:15-7:30-9:45 Sat 12:30-2:45-5:15-7:30-9:45 Sun 2:45-5:15-7:30-9:45 Mon-Thu 2-4:25-7:15-9:45

Homefront (14A) Fri 2:45-5:30-8:05-10:40 Sat-Sun 12:20-2:55-5:30-8:05-10:40 Mon-Thu 2:20-5:10-7:55-10:20 How to Train Your Dragon (PG) Sat 11

The Hunger Games: Catching Fire (PG) No Passes Fri 12:30-1-1:55-3:35-4:10-5:05-6:50-7:20-8:15-9:30-10-10:30 No Passes Sat-Sun 12:10-12:50-1:55-3:35-4:10-5:05-6:50-7:20-8:15-9:30-10-10:30 No Passes Mon-Thu 12:30-1:30-3:15-3:45-4:45-6:25-6:55-8-9:05-9:35-10:05

Pipes & Sticks on Route 66 (PG) Sun 12:30

Thor: The Dark World (PG) Fri 2:05 Sat 11:10-2:05 Sun 2:05 Mon-Thu 1:40

Thor: The Dark World 3D (PG) Fri-Sun 4:50-7:45-10:35 Mon-Thu 4:35-7:30-10:15

Eau Claire Market 200 Barlay Parade

Blue Is the Warmest Color (STC) Fri 5:30-9:20 Sat-Sun 1:10-5:30-9:20 Mon-Thu 7:50

The Book Thief (PG) Fri 6:40-9:50 Sat-Sun 12:50-3:45-6:40-9:50 Mon-Thu 5:45-8:40

Dallas Buyers Club (18A) Fri 7:20-10:05 Sat-Sun 12:40-3:30-7:20-10:05 Mon-Thu 6:10-8:50

Gravity (PG) Thu 9:20 Gravity 3D (PG) Fri 7:10-9:30 Sat-Sun 1-3:20-7:10-9:30 Mon-Tue 5:55-8:10 Wed 5:55

The Hunger Games: Catching Fire (PG) No Passes Fri 6:50-10 No Passes Sat-Sun 12:30-3:40-6:50-10 No Passes Mon-Thu 5:20-8:30 Thor: The Dark World 3D (PG) Fri 7-9:40 Sat-Sun 1:20-4-7-9:40 Mon-Tue 5:35-8:20 Wed 8:20 Thu

Landmark Cinemas 16 **Country Hills** 388 Country Hills Blvd.

12 Years a Slave (14A) SR Dolby Digital, Stadium Seating Fri-Sun 12:05-3:20-6:40-9:55 SR Dolby Digital, Stadium Seating Mon-Thu 3:20-6:40-9:55

The Book Thief (PG) No Passes, SR Dolby Digital, Stadium Seating Fri-Sun 12:10-3:30-6:45-9:55 No Passes, SR Dolby Digital, Stadium Seating Mon-Thu 3:30-6:45-9:55 Bullett Raja (STC) SR Dolby Digital, Stadium Seating, Sub-Titled Fri-Sun 1:10-6:15-9:30 SR Dolby Digital, Stadium Seating, Sub-Titled Mon-Thu 6:15-9:30 Delivery Man (PG) SR Dolby

Digital, Stadium Seating, No Passes Fri-Sun 1-4:05-6:50-9:30 SR Dolby Digital, Stadium Seating, No Passes

Mon-Thu 4:05-6:50-9:30 Ender's Game (PG) SR Dolby Digital, Stadium Seating Fri-Thu 10

Frozen (G) No Passes, SR Dolby Digital, Stadium Seating Fri-Sun 12:50-3:45-6:50 No Passes, SR Dolby







ALL GE® AND HOME ACCENTS HOLIDAY LIGHTS







STARTS FRIDAY, NOVEMBER 29, 2013
While quantities last. Sorry, no rain checks.

32" Burlap **Artificial Potted Tree**

A. Pine (1000741133)

B. Snowy Pine (1000741140)



Set of 2 42" Pre-Li Artificial Potted Trees (1000686282)



6' Pre-Lit Artificial Aspen Porch Tree (1000661751)



4-Piece Pre-Lit Artificial Porch Trees, Wreath and Garland Set (1000653736) Digital, Stadium Seating Mon-Thu 3:45-6:50

Frozen 3D (G) No Passes, SR Dolby Digital, Stadium Seating Fri-Sun 12:20-3:25-6:30-9:35 No Passes, SR Dolby Digital, Stadium Seating Mon-Thu 3:25-6:30-9:35 Gori Tere Pyaar Mein (PG) SR Dolby Digital, Stadium Seating, Sub-Titled Fri-Thu 3-6:30-9:50

Homefront (14A) No Passes, SR Dolby Digital, Stadium Seating Fri-Sun 12:45-3:40-7:05-10:10 No Passes, SR Dolby Digital, Stadium Seating Mon-Thu 3:40-7:05-10:10 The Hunger Games: Catching Fire (PG) No Passes, SR Dolby Digital, Stadium Seating Fri-Sun 12:10-1:15-3:05-6:10-6:30-6:40-9:40-10-10:15 No Passes, SR Dolby Digital, Stadium Seating Mon-Thu 3:05-3:15-6:10-6:30-6:40-9:40-10-10:15 The Hunger Games: Catching Fire

— The IMAX Experience (PG) SR Dolby Digital, Stadium Seating, No Passes Fri-Sun 12-3:25-6:55-10:15 SR Dolby Digital, Stadium Seating, No Passes Mon-Thu 3-6:25-9:55 Oldboy (18A) No Passes, SR Dolby Digital, Stadium Seating Fri-Sun 12:35-3:25-6:25-9:20 No Passes, SR Dolby Digital, Stadium Seating Mon-Thu 3:25-6:25-9:20 Philomena (PG) SR Dolby Digital, Stadium Seating, No Passes Fri-Sun 12:20-3:10-6:15-9:05 SR Dolby Digital, Stadium Seating, No Passes Mon-Thu 3:10-6:15-9:05 Ram-Leela (STC) SR Dolby Digital, Stadium Seating, Sub-Titled Fri-Sun 1:20-6-9:35 SR Dolby Digital, Sta-

dium Seating, Sub-Titled Mon-Thu

6-9:35

Thor: The Dark World (PG) SR Dolby Digital, Stadium Seating Fri-Sun 12:35

Thor: The Dark World 3D (PG) SR Dolby Digital, Stadium Seating Fri-Thu 4:15-7:15-10:15

Landmark Cinemas 10 Shawnessy & EXTRA Calgarytudio 100-16061 MacLeod Trail

The Book Thief (PG) Digital Presentation, Stadium Seating Fri-Thu 11:45-3-6:15-9:30

Delivery Man (PG) Digital Presentation, Stadium Seating Fri-Thu 1-4:45-7:45-10:30

Frozen (G) Digital Presentation, Stadium Seating Fri-Thu 12:45-3:45-7 Frozen 3D (G) Digital Presentation, Stadium Seating Fri-Thu 1:15-4:15-7:30-10:20

Homefront (14A) Digital Presentation, Stadium Seating Fri-Thu 1:45-4:40-7:15-9:50

4:40-7:15-9:30
The Hunger Games: Catching Fire
(PG) Digital Presentation, Stadium
Seating Fri-Mon 12-12:30-4-4:30-88:30 Digital Presentation, Stadium
Seating Tue 12:30-4-4:30-8-8:30
Digital Presentation, Stadium
Seating Wed 12-12:30-4-4:30-88:30 Digital Presentation, Stadium
Seating Thu 12:30-4:30-8:30 Digital
Presentation, Stadium Seating FriThu 11:30-3:15-6:45-10:15
Jackass Presents: Bad Grandpa (14A)
Digital Presentation, Stadium Seating Fri-Thu 10

Philomena (PG) Digital Presentation, Stadium Seating Fri-Thu 1:30-3:50-6:20-9:20 Thor: The Dark World (PG) Digital Presentation Fri-Thu 12:15 Thor: The Dark World 3D (PG) Digital Presentation, Stadium Seating Fri-Thu 3:30-6:30-9:40

Scotiabank Chinook 6455 MacLeod Trail

12 Years a Slave (14A) Fri 12:45-4-7:10-10:20 Sat 2-5-8-10:55 Sun-Wed 12:45-4-7:10-10:20 Thu 12:45-4-10:20

The Book Thief (PG) Fri 12:20-3:45-7:15-10:30 Sat 12:20-3:20-6:20-9:20 Sun-Thu 12:05-3:30-7:05-10:15 Delivery Man (PG) Fri-Sat 12:55-4:05-7:05-9:45 Sun 12:55-4:05-6:45-9:45 Mon-Thu 12:55-4:05-7:05-9:45 Die Hard (14A) Thu 7 Ender's Game (PG) Fri-Sat 1-3:45-6:45-9:55 Sun 1:10-3:55-6:55-10:05 Mon 4-6:45-9:55 Tue-Wed 1-3:45-6:45-9:55 Thu 1-3:45-9:55 Frozen (G) No Passes Fri 11-1:35-4:15-7:15 No Passes Sat 1:35-4:15-7:05 No Passes Sun 10:50-1:35-4:15-7 No Passes Mon-Thu 1:35-4:15-6:50 Frozen 3D (G) No Passes Fri 12-2:35-5:15-7:50-10:25 No Passes Sat 12:10-2:45-5:25-8-10:35 No Passes Sun-Thu 12-2:35-5:15-7:50-10:25 Gravity 3D (PG) Fri-Thu 12:50-4:05-7:30-10:05

Homefront (14A) Fri 12:15-2:45-5:30-8:15-11 Sat 1:05-3:55-7-9:50 Sun 1-4:15-7:30-10:30 Mon-Wed 1:05-3:55-7:20-9:50 Thu 1:05-3:55-7:20-10

How to Train Your Dragon (PG)

The Hunger Games: Catching Fire (PG) No Passes Fri 10:45-2-5:15-8:30 No Passes Sat 12:45-4-7:15-

10:25 No Passes Sun 11:30-2:45-6-9:30 No Passes Mon-Thu 1:30-4:45-8 No Passes Fri-Thu 12-3:15-6:30-9:45 No Passes Fri-Sat 10:30-1:45-5-8:15-11:30 No Passes Sun-Thu 1-4:15-7:30-10:45

The Hunger Games: Catching Fire - The IMAX Experience (PG) No Passes Fri 10-1:15-4:30-7:45-11 No Passes Sat 1:15-4:30-7:45-11 No Passes Sun-Thu 12:30-3:45-7-10:15 Jackass Presents: Bad Grandpa (14A) Fri 1-3:20-5:40-8-10:35 Sat-Sun 1-3:20-5:40-8:05-10:35 Mon-Wed 1-4-7:25-10:10 Thu 7:25-10:10 Last Vegas (PG) Fri-Thu 10 The Metropolitan Opera: The Nose -Encore (STC) Sat 10:55 Oldboy (18A) Fri 12:25-3-5:30-8-10:35 Sat 12:25-3-5:30-8:15-10:45 Sun 12:25-3-5:30-8-10:35 Mon-Thu 12:25-3:40-7-10:25 Philomena (PG) Fri 12-2:30-5-7:35-10:10 Sat 1-3:25-5:50-8:10-10:30 Sun 12-2:30-5-7:35-10:10 Mon-Thu

10:10 3d 1-3:23-3:30-8:10-10:30 Sun 12-2:30-5-7:35-10:10 Mon-Thu 12:30-3:25-7:15-9:55 Thor: The Dark World (PG) Fri 11:45-2:30-5:20-8:10-11 Sat 2-5:20-8:10-11 Sun 1-3:50-6:45-9:40 Mon-Thu 1:30-4:20-7:15-10:10 Thor: The Dark World 3D (PG) Fri

11-2-5-7:50-10:45 Sat 1-4-7-10 Sun

11:30-2:15-5-7:50-10:45 Mon-Thu

2-4:50-7:40-10:30 Plaza Theatre 1133 Kensington Rd. N.W.

Captain Phillips (PG) Fri-Sat 9:15 Sun 4-6:30-9 Mon-Wed 6:50-9:15 No Films Showing Today (STC) Thu

> Sunridge Spectrum 2555 32nd Street

12 Years a Slave (14A) Star & Strollers Screening Wed 1 Bhaji in Problem (PG) Fri-Sun 1:30-4:30-7:25-10:35 Mon-Thu 12:40-

4:30-7:25-10:35 Mon-Thu 12:40-3:50-7:10-10:25 Bullett Raja (STC) No Passes Fri-

Sun 12:15-3:55-7:05-10:20 No Passes Mon-Thu 2:15-6:45-10:20 Delivery Man (PG) Fri-Sun 12:30-3:35-6:45-9:35 Mon-Thu 12:45-3:55-6:30-9:20

Free Birds (G) Fri-Sun 12:05 Mon-Thu 12:35

Frozen (G) No Passes Fri-Sun 12:10-3-6:40 No Passes Mon-Thu 1:50-4:35-7:30

Frozen 3D (G) No Passes Fri 1:15-4:05-7:15-10:30 No Passes Sat 10:30-1:15-4:05-7:15-10:30 No Passes Sun 1:15-4:05-7:15-10:30 No Passes Mon-Thu 12:55-3:45-6:45-9:55 Homefront (14A) Fri-Sun 12:40-3:30-7:45-10:25 Mon-Tue 1-4:10-6:40-9:25 Wed 4:10-6:40-9:25 Thu 1-4:10-6:40-9:25 Star & Strollers Screening Wed 1

How to Train Your Dragon (PG) Sat 11

The Hunger Games: Catching Fire (PG) No Passes Fri-Sun 12:25-3:40-6:55-10:15 No Passes Mon-Tue 1-4:45-9:10 No Passes Wed 4:45-9:10 No Passes Thu 1-4:45-9:10 No Passes Fri 12-1:25-3:15-4:45-6:30-9-9:45 No Passes Sat 10:10-12-1:25-3:15-4:45-6:30-9-9:45 No Passes Sun 12-1:25-3:15-4:45-6:30-9-9:45 No Passes Sun 12-1:25-3:15-4:45-6:30-9-9:45 No Passes Mon-Thu 2-2:30-6:10-6:35-9:30-10 No Passes Fri-Sun 12:55-4:15-7:35-10:55 No Passes Mon-Thu 12:30-3:45-7:10-10:30 Oldboy (18A) Fri-Sun 12:20-2:55-6:50-9:55 Mon-Thu 1:05-3:50-6:55-

9:35

Ram-Leela (STC) Fri-Sun 2:50-6:35-10:05 Mon-Thu 2:55-6:20-10:05 Singh Saab the Great (14A) Fri-Sun 12-3:20-7:20-10:45 Mon-Thu 2:45-6:05-9:40

Thor: The Dark World (PG) Fri-Sun 9:40 Mon-Thu 10:10 Thor: The Dark World 3D (PG) Fri-Sun 12:45-3:45-7-10 Mon-Thu 12:40-4:15-7:25-10:15

Westhills 10 165 Stewart Green

The Book Thief (PG) Fri-Sun 1-4:05-7:05-10:05 Mon-Thu 5:50-9 Delivery Man (PG) Fri-Sun 12:55-3:35-7:10-10:10 Mon-Thu 6:10-8:50 Free Birds (G) Fri-Sun 12:45 Free Birds 3D (G) Fri-Sun 3:30-6:40 Mon-Thu 6 Frozen (G) No Passes Fri-Sun 12:20

No Passes Mon-Thu 5:25 Frozen 3D (G) No Passes Fri-Sun 3:20-6:45-9:25 No Passes Mon-Thu 8:15

Gravity 3D (PG) Fri-Sun 12:55-3:25-7:20-9:50 Mon-Thu 5:30-8
The Hunger Games: Catching
Fire (PG) No Passes Fri-Sun 1212:30-3:15-3:45-6:30-7-9:45-10:15
No Passes Mon-Thu 5:20-5:357:40-8:35-8:50 No Passes Fri-Sun
1-4:20-7:40
Last Vegas (PG) Fri-Sun 9:35 Mon-

Thu 8:30 Philomena (PG) Fri-Sun 12:25-3:30-6:55-10 Mon-Thu 5:45-8:40

Thor: The Dark World (PG) Fri-Sun 12:40-4:10

Thor: The Dark World 3D (PG) Fri-Sun 7:25-10:20 Mon-Thu 6:10-9



metronews.ca
WEEKEND, Nov. 29-Dec. 1, 2013

The future of cinema (starring you)

Choose your adventure.

Meet the companies ready to cast you in a live movie experience

SAM CASTONE

You're walking down a dark metallic corridor, the disorienting sounds of machinery, attack alarms and soldiers in lockstep blaring from the room ahead. A minute ago, you were some hipster after work, three beers in. But now you're wearing a jumpsuit and traversing what appears to be a massive space-

You see marines in zero-G gear, a decontamination room and a massive recon vehicle, 20 feet tall, surrounded by dry ice. It's like something out of Alien. No, rather, this is Alien. Or more specifically, the Alien spinoff Prometheus. And you're starring in it. Your living movie has just begun.

The above describes an event last year thrown by Se-



Casablanca HANSON LEATHERBY

cret Cinema, an arm of Future Cinema, the company that calls itself a "live cinema." It's part of a trend of immersive experiences around the world. The goal is participation, and Hollywood is listening: anything that peels you away from Netflix, and gets you to pay more, tends to do that.

"I see it as riding the edge of culture," Future Cinema founder Fabien Riggall told Wired last year. He has since declined interview requests, for fear he's revealed too much — Secret Cinema generates buzz by keeping the films themselves secret, hence the name. But we've been. After buying a ticket online (\$60 and up), you're



Shawshank EUTURE CINEMA



The Drowned Man PunchDrunk

sent mysterious instructions about where to go and what costume to wear, but nothing more.

Then, after entering, you realize the abandoned office building is a living Brazil, the



Prometheus FOX



Sleep No More Punchdrunk

1940s theatre is Rick's Café from Casablanca and the brokendown school is Shawshank Prison — you roam the spaces while drinking, playing games and being approached by actors, who might send you on missions (or devour you, if it's Prometheus). Then you finally watch the movie in situ.

Prometheus earned the company \$1.1 million US, beating out the local IMAX, and had the blessing of director Ridley Scott, who introduced the film, via video, and donated props (that recon vehicle was real). The company's Shawshank Redemption experience reportedly raked in \$2.7 million US.



Ghostbusters LAURA LITTLE

Yeah, people paid to pretend to be in jail.

Despite its cool cred, Future Cinema wasn't the first to be so bold. That honour goes to Punchdrunk, a British theatre company around since 2000. Their current productions include Sleep No More, an interactive adaptation of Macbeth, in New York, and The Drowned Man, in London, in which you wander through several warehouse floors of a noirish Los Angeles — a living, breathing, sepia-toned Grand Theft Auto, where every fairground, movie studio and bedroom has been constructed to the finest detail.

"We want to almost place the audience in an atmosphere where they're witnessing living films," says Felix Barrett, Punchdrunk's artistic director. "When we're directing it, we talk about wide shots and closeups and we encourage each of the performers to imagine that they're heroes of their own movie."

The result is a choose-yourown adventure: you could end up following the town drunk for an hour, as he gets kicked By the numbers

\$2.1M

The amount Future Cinema reportedly made on its Shawshank Redemption event.

out of the local diner; or watch the narrative, an adaptation of Woyzeck, that trails from room to room — or end up at the bar, enjoying a burlesque performer and happily (or anxiously) missing the "real show."

"We want to make theatre dangerous again so that you're out of your comfort zone," Barrett says. (How dangerous? With all the dark corners, we couldn't help but ask if he's caught anyone ... you know, interacting. "Ahhhh, we've caught people red-handed," he says. "We've had people who think they're performing and the lines blur too deeply.")

What's next? Future Cinema is planning a worldwide expansion, having just attempted events in New York, London and Greece. And Barrett plans to take his fake world experience into the real one. Imagine this:

"You book a holiday. You get a date, a locker and a key for the airport and you open your locker and you find out where you're flying to. You're given one instruction — say a café to go to — and then the show has begun and it's a completely surreal world — and you don't know who is a performer and who isn't." You saw The Game. Now live it.

TICKETS ON SALE TODAY! DAILY BEOMETICAL CONTROL OF THE OUTSTOKE OF THE STAND THE STAN

Three more live-the-movies



The zombie mall experience

Arrive at an abandoned mall in Reading, England, and — boom — the door slams shut. There's a zombie outbreak and it's up to you to stop it. Using real BB guns to shoot fake zombies, this has you living Dawn of the Dead. See zedevents.co.uk.

Second Screen Live

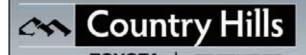
"Bring your iPad with you to the movie," reads a poster for Disney's rerelease of The Little Mermaid. You can sing along and play games with help from the second screen. It's for film fans "open to the communal experience," and it worked well for The Nightmare Before Christmas.





The film location tour

See Amelie's apartment, The Motorcycle Diaries' motorcycle and the bookshop from Notting Hill, along with other film locations in New York, California, Italy, Peru, Scotland and Tokyo — 20 in total. The \$300,000 US price tag includes round-trip airfare, hotels and guided tours. See veryfirstto. com.



Country Hills PREOWNED SUPERSTORE THE LARGEST PRE-OWNED STORE IN SOUTHERN ALBERTA



























FREE WARRANTY PACKAGE* WITH EVERY PRE-OWNED PURCHASE





















HURRY IN TODAY 9AM - 9PM



chtoyota.com

NO CREDIT BAD CREDIT GOOD CREDIT



Driven To Be Different

TOYOTA |

MON - THURS 9AM - 9PM FRI - SAT 9AM - 6PM























TIRE ROADSIDE PROTI





















(403) 278-6066 * www.C/



AT MACLEOD TR

OUR PEOP



OCCUPATION.

ом 1.9%

W. PURCHASE











ANTY AT NO CHARGE



























NYONCREEKTOYOTA.com

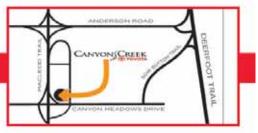
AIL AND CANYON MEADOWS DRIVE

.E MAKE THE DIFFERENCE









metr⊕ **SCENE** metronews.ca WEEKEND, Nov. 29-Dec. 1, 2013

The future of parties

The top six trends now popping up — in one case, literally

HANNAH JONES WALTERS



Dining darkly

Staffed by blind waiters and guides, Dans le Noir? gives diners the opportunity to experience food in its purest form — by taste and smell only. Served in the pitch black, the idea is that the senses are awakened and you lose any inhibitions. It's a strange sensation, especially as you're served a surprise menu. (Who knew kangaroo could taste so good?) The founder Edouard de Broglie describes it as "a place to open your mind and question yourself on taste, but also your relationships with other people." You can find spots in Paris, Barcelona, St. Petersburg and London, and similar ones worldwide — try Camaje in New York.

Pop-up spots

Combining the relatively new trend of pop-up restaurants with the age-old tradition of private members' clubs, the Dead Doll's Club in the East End of London became the hottest place to be this summer. With weekly supper clubs and a joining fee of fancy alcohol (for them to put behind the bar), it hit upon the perfect mix of exclusivity and affordability. It was also a lavishly decorated nod to the heritage found in the likes of Mayfair's upmarket clubs, but with a streetfood-esque menu. "With everybody from British Airways to Topshop getting in on the pop-up idea, we now have to look at offering a new and exciting experience rather than just good food," said co-founder Adam Towner.



Movie + hot tub

"Hot Tub Cinema is

unique — we combine delightfully warm hot-

favourite films on the

tubs, amazing venues and

big screen," says Asher Charman, founder of the

British event. He screens

while you sit and simmer.

"Hot tubs by their nature

and fun. We provide tub-

side table service so our

guests have the chance to

experience the films with

drink in hand." Although

initially a strange concept,

after a couple of the afore-

mentioned drinks in hand

you almost forget that you

gers in your swimwear. By

are surrounded by stran-

the end of the night you

might even do the Truffle

films like The Goonies

are decadent, relaxing



Do the wigwam

beautiful, oh-so-popular roof garden when the ing remains but damp benches and cold fall air? One inspired option is to set up a teepee in the unused space. Not the first thing that may the WigWamBam event at London bar Queen of Hoxton, you sup spiced pumpkin cider around a huge fire glowing in the centre (on which bratwurst is cooked, filling the tent with a mouthleave wondering why everyone hasn't done it. Start your petition to establish a local roof garden now.



What to do with that summer is over and nothspring to mind, but inside the sawdust-lined tent at watering smell). You will



Ping-Pongit

What better way to get rid of the tensions of a hard day than by kicking ass at Ping-Pong? This was the question that occurred to Adam Breener, founder of Ping-Pong chain Bounce, before he set up his first successful bar. "We made a commitment that we would reinvigorate the sport by bringing it back to its parlour game roots, by combining great food, great cocktails, great music, in a beautifully designed space." He's not the only one paddling around: Susan Sarandon co-founded Ping-Pong club SPiN, with branches in Dubai, L.A., New York and Toronto. There's also Dr. Pong in Berlin; Chmury in Warsaw; Ace, Eat, Serve in Denver; Gossima in Paris; and DuPong in Copen-

Dinner + movie

Go beyond popcorn at Edible Cinema. On entering, you are given a selection of numbered packages that you will be directed to eat at certain points throughout the film. These have been created by experts to perfectly coordinate with the action taking place on the big screen. Imagine eating pine-scented popcorn whilst watching the scene in Pan's Labyrinth set in a Spanish woodland. Previous Edible Cinema experiences have been run by the Soho House group (which has locations in London, Berlin, Miami, New York, Toronto and Hollywood) and the Electric Činema in London. Culinary Zinema in Berlin is also enjoying huge success.



Notice of Hearing for Permanent Guardianship Order To Martin Caron

Take notice that on the 16th day of December, 2013 at 9:30 a.m., at Calgary Family Court, Courtroom #301, 601 – 5th Street SW, Calgary, Alberta, a hearing will take place.

A Director, under the Child, Youth and Family Enhancement Act will make an application for: Permanent Guardianship Order of your children born on July 26, 1998, April 20, 2000, and August 27, 2001. If you wish to speak to this matter in court, you MUST appear in court on this date. You do have the right to be represented by a lawyer. If you do not attend in person or by a lawyer, an Order may be made in your absence and the Judge may make a different Order than the one being applied for by the Director. You will be bound by any Order the Judge makes.

> You do have the right to appeal the Order within 30 days from the date the Order is made

Contact: Diane Charlebois; Jackie Ellice; Daniella Eggink Calgary and Area Child and Family Services Authority Phone: (403) 297-2978

Notice of Hearing for Permanent Guardianship Order To Tina Caron aka Tina Ryberg

Take notice that on the 16th day of December, 2013 at 9:30 a.m., at Calgary Family Court, Courtroom #301, 601 - 5th Street SW, Calgary, Alberta, a hearing will take place.

A Director, under the Child, Youth and Family Enhancement Act will make an application for: Permanent Guardianship Order of your children born on July 26, 1998, April 20, 2000, and August 27, 2001. If you wish to speak to this matter in court, you MUST appear in court on this date. You do have the right to be represented by a lawyer. If you do not attend in person or by a lawyer, an Order may be made in your absence and the Judge may make a different Order than the one being applied

for by the Director. You will be bound by any Order the Judge makes. You do have the right to appeal the Order within 30 days from the date the Order is made.

Contact: Diane Charlebois; Jackie Ellice; Daniella Eggink Calgary and Area Child and Family Services Authority Phone: (403) 297-2978







BLACK FRIDAY BLACK FRIDAY

November 27 - 30

NEW CARCLEARANCE OFFERS



2013 TOYOTA SIENNA \$35,125+6ST SAVEOVER \$4,000 2COLOURS AVAILABLE



2013 TOYOTA TACOMA \$28,715+GST SAVEOVER\$4,000 MANAGERSEX-DEMO,7300KMODO.



2013 TOYOTA CAMRY \$32,535+6ST SAVEOVER \$5,000



2013 TOYOTA TUNDRA \$42,795+6ST SAVEOVER \$10,000 ONLY 3 LEFT

FREE WINTER TIRES



2014 TOYOTA COROLLA \$115/BIWEEKLY



\$169/BIWEEKLY

S1000 INGASCARDS

PRE-OWNED CLEARANCE OFFERS



2007 TOYOTA TACOMA TRD WAS \$21,987 SALE \$19,987



2012 TOYOTA SEQUOIA WAS\$58,987 SALE\$51,987 PLATINUM W/DVD& NAVIGATION



2011TOYOTA RAV4 WAS \$27,987 SALE \$25,987 LIMITED, V6, LEATHER



2007 TOYOTA FJ CRUISER WAS \$17,987 SALE \$15,987 C-PACKAGE



2010 NISSANFRONTIER SE WAS\$24,987 SALE\$22,987



2010 TOYOTA VENZA WAS \$25,987 NOW \$23,987 TOURING W/NAVIGATION

3640 Macleod Trail South www.heningertoyota.com 403.243.8000





metronews.ca WEEKEND, Nov. 29-Dec. 1, 2013

The future of clubbing

Social life of tomorrow?

Customized clubbing provides the ultimate experience: Swipe a microchip, and you get access to anything, because it knows who you are. Fun, or creepy? Our reporter tried it out.

Customized clubbing — it sounds ideal, doesn't it? With your microchipped wristband you can control the music you listen to, the bartender remembers what you're having without you having to shout over the (well-selected, by you) tunes and you receive an email the next day with photos of you enjoying your personalized experience. We tried this out for ourselves to see if it really is the recipe for the perfect night out.

Name check

On entering the club, we were greeted by staff with iPads — no need to check your name off the guest list, no queueing in the rain; one swipe of your wristband and you're welcomed in by your first name. The VIP treatment continued when we checked our coats in — no pesky ticket to look after as it's all recorded on the little microchip.

Drinks

As you are entered into a competition every time you order a drink and swipe your chip, we had plenty of incentive to return to the bar — the only





downside being that everyone else had the same idea ...

Song selection

When signing up for the night, along with our details we were also asked to submit our song of choice and Twitter handle.



Throughout the night these were played — with a bit of recognition for our (excellent) taste on big screens in the club. A brilliant idea, unless the other partygoers are more into their Slipknot than their dance music, or worse — you are the one that chose Slipknot and your fellow clubbers are



not fans — nothing worse than being named and shamed for bad taste.

Photos

Using our microchips to activate the photo booths positioned throughout the club,

we were able to record the evening without worrying about our phone batteries dying from overuse. A great source of entertainment for all involved — especially as the photos were displayed on the big screens for all to enjoy/cringe at.

Next day

The next morning, struggling through a hungover day at our desks, we were treated to an email which linked to an overview of our night. Excitedly, we clicked on the link to peruse our photos and reminisce about the night before. The idea itself is great, however nothing enrages a hangover more than a log of the ill-advised 2 a.m. shot purchase, or being reminded of the fact that you checked into the karaoke booth directly afterwards to perform a rendition of Lady in Red. carly mountford

Review

Killzone: Shadow Fall

Console. PS4

Rated. 17 years old +

• • • •

In a war-torn city where two races secretly plot each other's annihilation, it's up to you to track down a weapon of mass destruction and prevent its use. Everyone is so nihilistic and mad with barking rhetoric that it's hard to really care, but the chase itself is fun thanks to zip



lines, runaway trains, and exhilarating free falls from orbit. A helpful drone companion keeps the shootouts interesting while a mysterious woman and a glossy, futuristic landscape suggest a more intriguing adventure than the fun, but forgettable shooter we're given. KRIS ABEL

iFADS

The new tech of eating out



The iTable

Oriental fusion restaurant Inamo was among the first in the world to introduce innovative e-tables to their branches. You place orders via your interactive table — scroll through the touch sensitive menu — or play games. Hey, you sunk my battleship!



The iOrder

It was only a matter of time: On entering Grillshack in London's Soho, you are asked to download their app and given instructions on how to place your order, pay via PayPal, make your own tea from filling stations and pick up your order (once you receive the notification that it's ready to eat) from a serving hatch. Faceless service at its most modern.



The iBeer

Ever played on a quiz machine in your local bar and wished that you could buy a drink right there? The Last Barfighter has gone one further. Every time you defeat your opponent, in the Street Fighterlike game, the machine dispenses beer that has been freshly brewed inside the console. Talk about a "power up."



Hurry! Program starts soon

ABM^I COLLEGE

Become a Medical Office Assistant in 8 Months

✓ We offer Alberta Government approved programs, that lead to a rewarding career

Funding and employment services availableClinical Practicum included

Flexible class schedules: Mornings, Afternoons, Evenings and Weekends

403.719.4300

3880 - 29 Street NE, Calgary • info@abmcollege.com • www.abmcollege.com

CONGRATULATIONS
TO THE LUCKY
WINNERS

WHO WON THE ULTIMATE TEMP SURVIVAL KIT!

Worst.

Ever.

Douglas Coupland

Person.

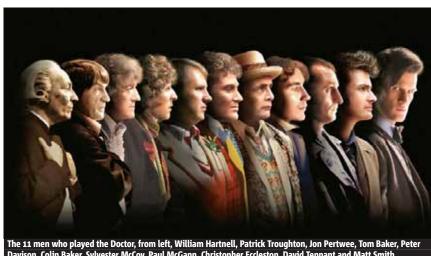
John S. from Edmonton, AB Eva L. from Calgary, AB Sausan S. from Toronto, ON

metre





metr_®



The 11 men who played the Doctor, from left, William Hartnell, Patrick Troughton, Jon Pertwee, Tom Baker, Peter Davison, Colin Baker, Sylvester McCoy, Paul McGann, Christopher Eccleston, David Tennant and Matt Smith. Doctor Who is turning 50 and U.K. broadcaster BBC is throwing a broadcasting blowout for the sci-fi show. HANDOUT

Huge Christmas surprise in store for Doctor Who fans

Regeneration riddle.

Something 'Whovians' have talked about for vears will be tackled head -on this festive season

MFLINDA TAUB

Last Saturday the 50th anniversary special episode of Doctor Who aired worldwide, and fans were enthralled to see something that's rarely happened in the show's mythology: Multiple incarnations of the Doctor working together (plus some

slimy aliens trying to take over the planet, but ho-hum to that). This year's Christmas special promises to be even more shocking.

SPOILERS for said Christmas special lie ahead. See, it's a major tenet of Who mythology that the Doctor can only regenerate 12 times. Matt Smith's Doctor, who the audience thought was No. 11, has totted it up and realized he's actually the 13th, and last, incarnation. So, how does he manage to regenerate into The Thick of It star Peter Capaldi? Don't worry, Doctor Who has no plans to gloss over this very important

"The riddle of the regener-

ation problem, something fans have talked about for decades, will be faced headon at Christmas," a source close to the Doctor Who production team told the Daily Mirror. "There is going to be another huge cliffhanger, and somehow Peter Capaldi has to join and the series has to continue."

The source added, "The show's big fans, known as Whovians, won't believe their eyes at Christmas.

It's still a sci-fi show that uses a magic police box to travel through time and space, right? I think my eyes will probably be fine. They are pretty used to CGI and abrupt rewriting of sci-fi backstory.

Affordable condos in a prime NW location

2 BEDROOM CONDOS

Come home to a stylish, quiet condo close to parks, pathways, shops and conveniences.

Visit our Panorama West sales centre to learn more.



4 SHOW MODELS **NOW OPEN**

SALES CENTRE: 175 PANATELLA HILL NW DARRYL SOLLY:

403.241.8975

Built for real life. CA CARDELCONDOS.COM



Family Guy milestone celebrates Life of Brian

CAVALLO

In case you missed it earlier this week, in one of the most unexpected TV deaths since Game of Thrones killed off Ned Stark with almost no fanfare (we're still reeling over that one) Family Guy lost one of its central characters in last Sunday's episode, Life of Brian.

If the title of the episode wasn't spoiler enough, watch out, BIG OLD SPOILER COM-ING ATCHA RIGHT NOW.

Oh my God! They killed Brian! For those who have never seen Seth MacFarlane's cartoon series (or stopped watching after every college bro with a Solo cup of Milsense of humour started yelling Family Guy quotes in your face in lieu of conversation in

line for the keg), Brian is the

family dog, voiced MacFarlane, who's been the voice of reason on the show since its debut in 1999.

And now he's dead.

In his final episode, he was stuck by a car and killed, which is sort of weird considering how many times he's been impaled/ bludgeoned/thrown off buildings/endured other fatal blows,

without dying throughout his tenure. But, all dogs go

to heaven, and all TV characters their run, so maybe it was time.

In what was a typically heart-rending episode, Brian was replaced by a new dog named Vinny (voiced by Tony Sirico of Sopranos) who may or may not kill the show for many diehard fans, if the already

trending hashtag #BringBackBrian is any indication.

metronews.ca
WEEKEND, Nov. 29-Dec. 1, 2013

SCENE

67

Fans of Star Wars find a new hope at casting call



Lining up in London.

U.K. hopefuls had their chance to impress on the weekend, most left with dreams dashed

KIERON MONKS

Metro World News in London

To a rugby stadium far, far away they flew in their masses, bright-eyed and buzzing with the opportunity before them, to achieve immortality by landing a part in the most successful film franchise ever. When Star Wars auditions beamed down to a drab southwest London suburb—on a frozen morning, this past Sunday—true believers answered the call.

They needed belief to respond to a brief demanding "beautiful, smart and athletic" characters; a girl to play a 17-18-year-old, and a boy 19-23. A casting spokesperson had starkly re-enforced the message, "If you don't fit the brief don't come — you're ruining it for others."

But semi-rational hope
— and the knowledge that
Luke Skywalker himself,
Mark Hamill, had been cast
as an unknown — ensured
that queues stretched around

Quoted

"They just asked me my age and what experience I had, but it was all about looks."

A bitter and unsuccessful applicant at London's open casting call for the new Star Wars film

Twickenham Stadium when the audition tents opened at 11 a.m. They had grown to several thousand since the earliest arrivals before 6 a.m.

Tension built toward the front, a hotbed of motivational psychology. "I feel I meet the brief enough to give it a shot," says Nathan Maccauley, a student originally from San Francisco. He had identified a "competitive vibe", but felt that his knowledge of the series could provide an edge. "It's full of strong characters that stay true to themselves when they are pulled in different directions."

The competition was shown when dancer Freddy crashes our interview, bouncing with the nervous energy of a caffeine rush. "I'm doing this to challenge myself," she says. "I normally do theatre and music videos, but I'll do anything. I'm not fazed."

Further back, later arrivals had been herded into a pen. "It took three trains to get here," explains Colby, a musician with teeth filed to vampire points. A lifelong Star Wars fan, he said that bounty hunter Boba Fett was the best character in the series as subtle acting was "drowned" by the special effects.

Journey times ran into days and the queue demanded several hours, but applicants passed through the blue audition tents in minutes. "They just asked me my age and what experience I had, but it was all about looks," an unsuccessful boy said bitterly, adding that no refreshments or toilet facilities had been provided during his ordeal — Hollywood glamour in short supply.

By 1 p.m., cynicism had spread through the ranks of the rejected. "This might just be a publicity stunt," said Oliver, one of four drama students sitting in camping chairs pitched by the entrance. But then a text revealed that two friends had passed to a second stage reading, and a new hope spread among the faithful.

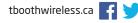
Tboothwireless

We'll beat any price by 10%.

On any phone in the mall.

Fri. Nov 29 – Mon. Dec 2













*For new activations on 2-year premium plans only. Applies November 29- December 2, 2013. Details at participating Tbooth Wireless stores

metronews.ca WEEKEND, Nov. 29-Dec. 1, 2013

Far from Broken, a musical affair continues

Interview. Brian
Burton and James
Mercer are back with
a falsetto-filled second
album After the Disco

RICHARD PECKETT Metro World New The band Broken Bells is the guilty pleasure of super-producer Brian Burton, a.k.a. Danger Mouse (one-half of Gnarls Barkley), and James Mercer, lead singer of avant-garde indie four-piece The Shins. Ironically, the Bells is where Mercer and Burton go for their R & R away from the industry. But rather than coming back with flawless skin, the U.S.-

based artists have produced an experimental collection of genre-busting tracks.

"The record reflects the hangover or comedown after the party," says Danger Mouse of their second album After the Disco, due out Jan. 14.

Metro sat down with the duo in an East London hotel to chat the bizarre Bee Gees sound, psychedelic experiences and why the band is a pressure-free passion.

How long did it take you to put this record together?

Brian Burton: Overall, this record took eight weeks. James Mercer: It's crazy, man. Halfway through I was thinking "It's kind of done." We had a record — I was shocked.



James, you said in an interview: "We need to do another record, for sure. It's fun. I think (Danger Mouse) enjoys it, too. It's like a vacation — although I don't want my wife to know that!" Does it feel like an affair of sorts?

Mercer: (Laughs) Like a musical affair or something — you get to run off. The thing that's cool about it is that we share the burden of all the creative parts. There's nowhere near the pressure that I feel doing something like The Shins or like Brian would feel doing a record on his own. It feels like I'm not working; it's not this laborious, tedious thing, so you do sort of feel guilty in a way.

You're both independently successful, so is this partnership more about the music (a kind of vanity project) than about commercial success?

Burton: We genuinely want to make the best s—t we can possibly make — there is ambition involved. We want to do something that's new and different and that could be really successful. I want this to be the most successful thing that I've been a part of. It just happens to be something that's not as torturous.

I'm not the only one to point out that there's a bit of a Bee Gees feel to the latest release. Were they an influence?

Mercer: It is kind of coincidental. We saw it too. I was in the vocal booth just track-

A big deal

Is this a concerted effort to make Broken Bells more of a big deal?

 Mercer: "We want to have a bigger sort of show. We want to have something impressive happening and we'll see how it works. It'll depend on whether people are loving the record and how big the record gets dictates how much we're willing to put in."

ing and doing a falsetto and that's what came out. I was doing track after track when I came into the control room and heard it played back with all those layers — that's the Bee Gees and that's how they did it.

Will you be getting the tight white suits out?

Mercer: (Laughs) I need a feathered wig. I can't grow the hair.

The video is kind of psychedelic and a bit trippy. Were you drinking mushroom tea at the time of making the video?

Mercer: (Laughs) We love psychedelic music and I'm not sure whether it's because I've taken psychedelic drugs or not. Maybe it's just coincidental.

Burton: Psychedelic music is just experimental with melodies. It hooks you in with things you can repeat or sing.



Video not killing Kodaline's radio star

Global exposure. With their debut album out. the Irish indie rockers say their music getting used on TV shows is not selling out — it's a way to reach new fans

RICHARD

For a while during the economic slump, the richest export leaving Ireland was Guinness. Jeez, even U2's Bono has been busking (for charity, apparently). It's easy to mock but he's minted — and it's a recessionproof ruse that's been proving profitable popularity-wise for Dublin rock band Kodaline.

As an unsigned group Give Me a Minute topped the Irish singles chart; the track All I Want from their debut album In a Perfect World has over five million hits on YouTube - and the indie/folk four-piece is getting some airtime on TV shows like Grey's Anatomy. Selling

No, it worked pretty damn well for the likes of bands M83 and MGMT (music featured in adverts) and it's gaining the 20-somethings some muchdeserved exposure on a global scale. Anthemic like Coldplay and melancholy like fellow countrymen The Script, Kodaline are a band for the weepers: their tunes befit those lonely train journeys of emotional, romantic self-reflection. Sitting down with Metro, the boys chat music getting commercial, failed romances (obviously) and the dating app Tinder.

There are some great indie folk bands coming out of Ireland like you and Little Green Cars. How do you think you fit in amongst the popular music landscape?

Steve Garrigan (vocals): We never really think about it. It's like eight to 80 at our shows. We don't really know who our fans are (laughs).

hard hearing ourselves in the pop context because we're not listening to Radio 1 — we're still listening to our collections.

It's fair to say that In a Perfect World is a sad record. Do you see yourselves writing a chirpier album?

Mark Prendergast (lead guitar): I can't see us writing a bright album.

Are you all permanently melancholy?

Prendergast: Depressed, I think is the word (laughs). Garrigan: I don't think any of our songs are depressing — they're sad but they're

Would you ever consider doing something more pop-y a kind of guaranteed hit?

Prendergast: No, absolutely not. If we were promised a number-one hit in America with a song we didn't believe in, we'd say "No."

You've been played on television shows like Grey's Anatomy, Mob Wives and Modern Family. How do you feel about being commercialized in this way?

Garrigan: I remember buying the CD of Grey's Anatomy a couple of years ago because I like the music. It's kind of like what happened with Phantom Planet's track California and (teen drama) The O.C. — it's a great way for fans to be introduced to new music.

Vinny May (drums): It's like Shazam. People don't realize but you subconsciously take

factured boy bands - One Direction, for instance? Garrigan: We're not fans of boy bands. Jay Boland (bass): It's very Prendergast: (mockingly

Is fame and money important

What do you think of manu-

quips) Fame is the most important thing to us. We just want to be famous. Garrigan: Commercial

success is important to us. We're ambitious. The ideal situation would be to do as many albums as we can and tour for the rest of our lives, but it's such a fickle

You're proving to be a hit in the U.S. Do you use your Irish charm on the girls?

Garrigan: They're just great. L.A. girls are just incredible.

Is it because they sound like they're on a porn channel? (All laugh).

Steve, you had a messy breakup with your girlfriend. Has she got in back in touch now that you're a little bit famous?

Garrigan: Yeah, she did.

Fickle. Would you take her

Garrigan: No. I haven't

So you're single now. Have you considered Tinder? All laugh)

Garrigan: I've got it. When you're travelling, it's unbelievable. You go to a city and you can see who's

It's good for a quick shag? Garrigan: It's just ridiculous. You learn about yourself.





metr

70 SCENE

Avril Lavigne talks Chad Kroeger, getting wasted and her new album

Interview. The pop-rock princess opens up about her new husband, their courtship and cleaning up some of her lyrics

PAT HEALY Metro World New

On the cover of Avril Lavigne's newly released self-titled album, she looks all grown up, with a stern expression and dark makeup framing her eyes. But the first thing she sings on the album is the line "I don't care about my makeup," so it's probably best to pay heed to the age-old advice of not judging a book by its cover. Within Avril Lavigne is a whole bunch of fun anthemic pop that she'll be the first to tell you, doesn't really get too deep within Avril Lavigne. Sophisticated stuff, this is not, but there seems to be a friction on the album between the impulse to try to preserve her youth and the impulse to grow up. In conversation, Avril Lavigne is as laid back and self-assured as any of her songs would lead you to believe.

The feeling I get from this album is definitely a summer feel. It doesn't really



seem very November to release an album with tracks like Bitchin' Summer and Sippin' on Sunshine.

It's funny because I asked myself if this was going to just turn out to be a summer record. We were doing a lot of writing in the summer, and I wanted to have a summer song, you know, driving in the car, good feeling, good times. For about a week I was writing songs like that. But this album has Sippin' on Sunshine and Bitchin' Summer. And then Rock N Roll kind of does have summer feel to it. The record was supposed to come out earlier, but they changed the date on me three f-ing times.

You seem caught between the sentiment of Here's to Never Growing Up and actually growing up ...

It's really not that deep, musically. I like to be on stage, I like to write pop-rock songs. That's what everyone



wants to hear from me, and that's when everyone goes ape-shit, with the fist-pumping and all. But there are different sides to me, I enjoy sitting down at the piano and telling this in-depth story and writing an emotional ballad (but also) I love rock

music, so I have Bad Girl on this record and Hello Kitty, which has a grungy electronic feel. So the album is diverse and I wanted to write all different types of styles and moods.

There are a lot of mentions

of getting wasted on this album too. I feel like you don't hear that referred to in such a straightforward way that much on pop radio.
(Laughs.)

Do you have people that

are saying that they can't get your stuff on the radio because of the content?

metronews.ca WEEKEND, Nov. 29-Dec. 1, 2013

There is a clean version and an explicit version. It's something I definitely think about, but then I have the opportunity to offer two options.

With this album, you collaborated a lot with your husband, Chad Kroeger. I've heard it referred to as a snapshot of your relationship's development. At what point in the creative process did you guys realize there was truly something there? At what part of writing and working together did you guys fall in love?

Well, we worked on the album and he was on tour. Then he left and then we worked again. We worked in different clumps. When I had actually taken a break after the tour, I moved to France on my own. Then he came out to visit me and that was our first time getting together without it being work-driven.

Did any songs come about from the courtship?

We have a duet on this record. That was the first one we worked on together. Then we also worked on a song called If I said That I Loved You, and it's a duet, it's unreleased.

Extraordinary or extra ordinary. The choice is yours. [taste life]



You could win your experience of a lifetime. \$10,000 to do that thing you always wanted to try

Enter today at f / yellowtail









PRIZES ON THE WHEEL:

REMOTE STARTER
\$100 KEG GIFT CARD
\$150 ACCESSORIES CARD

\$250 GAS CARD

\$500 VISA CARD

CLEANING KIT

BBQ ACCESSORY KIT

BLACK FRIDAY SPECIALS:

0% FINANCING ON ALL 2013 + 2014S

UP TO \$2,000 TRUCK BUCKS

SAVE UP TO \$15,000 ON ALL 2013S

BOOK AN APPOINTMENT AND GET A \$250 GAS CARD

RECEIVE UP TO \$3,000 IN LOYALTY CONDUESTS



403-930-1634 CMPAUTO.COM 1313 36 St. NE, Calgary, AB, T2A 6P9









metr⊕ **SCENE** metronews.ca WEEKEND, Nov. 29-Dec. 1, 2013



Zac Brown Band teams up with rocker Grohl on new series

Blending musical aenres. First installment in new EP series is out Dec. 10 while second volume comes out next year with a documentary

You never know who you're going to meet while waiting in line at John Varvatos' store in West Hollywood. When Zac Brown bumped into Dave Grohl while picking up some altered clothes for the Grammy Awards, he didn't let the random meeting go to waste.

They bonded over their love of analog recording gear, and their new friendship eventually resulted in Zac Brown Band's newest release: The Grohl Sessions Vol. 1.

"I don't know how I tricked him into working with us, but it's really cool, Brown said.

The four-song EP is due out Dec. 10 on iTunes. It's the first of two planned releases produced by the Foo Fighters frontman and former Nirvana drummer. The second volume will come next year, along with physical releases, including vinyl and a documentary.

Grohl travelled to Nashville this month after a fullcourt press from Brown. They recorded four songs together in a week at the band's analog studio, taking a break in the middle to perform one of those cuts, Day for the Dead, on the Country Music Association Awards.

THE ASSOCIATED PRESS

In his first interview about the project, Brown said Grohl wasn't familiar with the band when they met.

Getting to know you. Brown and members of the seven-piece Atlanta group sat in front of Grohl at the Grammy Awards a few days later, though, where they won country album of the year. Brown and Grohl kept in touch — and a friendship grew. Now Brown hopes Grohl can help take his band to a different audience. Brown is releasing the EP on his Southern Ground



GOOD CREDIT BAD CREDIT

100% APPROVALS! **CALL TO GET PRE-APPROVED**

E-OWNED VEHICLES IN STOCK NE OF THE LARGEST INVENTO-RIES IN WESTERN CANADA

MANY CARS UNDER \$10,000

TOP DOLLAR FOR YOUR TRADES!

PATHFINDERS - XTERRA'S



NEW BUYERS PROGRAM - NO CREDIT CHECK - \$500 DOWN - 0% INTEREST

YOURCALGARYCARGUY.com

• 2012 KAWASAKI ER6N

2011 KAWASAKI NINJA 400R

2011 CAN AM RENEGADE

grahamauctions.com

4321-84 Street NE Calgary PHONE 403.777.9393 | TOLL FREE 1.800.252.3313

record label

HOME IMPROVEMENT, HOUSEHOLD GOODS, ELECTRONICS NEW FURNITURE & VEHICLE

Auctions Saturday November 30™, 2013 9am Start on Misc & 12:30 for Vehicles

HOME IMPROVEMENT: NEOTILE URBAN GROUVE, NEO COMPOSITE DECK TILES, GOLDEN SELECT CLICK LAMINATE FLORING, GOLDEN SELECT GLASS MOSAIC WALL
THE, NEO SPLASH STANLESS STEEL TILE, GOLDEN SELECT CLICK WINT, THE, NEO SPLASH GLASS AND STONE FUSION THE, GOLDEN SELECT GLASS AND STONE MOSAIC WALL
TILE, NEO SPLASH STANLESS STEEL TILE, GOLDEN SELECT GLICK WINT, THE, NEO SPLASH GLASS AND STONE FUSION THE, GOLDEN SELECT
GLASS AND STONE MOSAIC WALL TILES, JOHN DEEDE SAND THROWER, TORD SNOW THROWERS, JONESPED SCA220 16" CHAIN SAW, POLIAM PRO 18" CHAIN SAW, NEW COMMERCIAL PAPER TOWEL AND
SOUDH DISSPENSES, NEW ROOF VENTS, 2012 SCHILLT ON WIS SLIFT WINT GREED TOWN SAMT DEATH OF COMMERCIAL GRADE PRO SERIES KITCHEN SINNE AND PORTABLE POWER SOURCE, KARCHER GLASOLINE PRESSURE WASHES, OVE COMTEMPORY STYLE BATHROOM VANITYS, ATLANTIS COMMERCIAL GRADE PRO SERIES KITCHEN SINNE, SMAP-ON 20 CALLON
AR COMPRESSONS, SNAP-ON NEAVY DUTY STONAGE RACKS, STANLEY WET/DAY SHOP VACS, SIDEWIND DELIZET THE RAIGH, ASSORTED HAND TOOLS, THOUTON TREND ELD SPOTLIGHTS AND MICH MORE...

HOUSEHOLD GOODS. ROBOTICS VALUE WALL THE ADDOR REPRISEDATE FRIEDINGS TRAILES STEEL DESINANSABLE, LES STAILLESS STEEL FRONT LOAD WASHER, NATOR
MICROWAYES, PLUSH TOWEL SETS, PLUSH BLANKETS, NATURAL PILLONS, TRANQUIL NIGHTS BED SETS, NATURCA PILLONS, KITCHEN & LAURDHY SUPPLIES, ASSORTED GROCERIES, NEW BOONS, DINNERWARK SETS OF CHELSEL, AURBIA & LITE STONEWARE, MARROY, ALUNEN, TRAIL STEEL CONVINCA SETS, RUSSEMBLAD PROM STONE GENERAL WASHER, PROTE PRISON, TO STANLESS STEEL CONTINUE, ASSORTED GROCERIES, NEW BOONS, DINNERWARK SETS OF CHELSEL, AURBIA & LITE STONEWARE, PRICE WASHER STEEL, ADRIES STEEL CONTINUE, ASSORTED GROCERIES, NEW BOONS, DINNERWARD SETS OF CHELSEL, AURBIA & LITE STONEWARE, FRIEDE WIND CLASSES, GLOD COULDERS, ID PICES STAINLESS STEEL CONTRAINES, SETDE GROCERIES, NEW BOONS, DINNERWARD SETS OF CHELSEL, AURBIA & LITE STONEWARE, PRICE WASHER BULLETON OF PASSONAL CARE TOUTH FACE, LIVED HARMAN SITE LEADOR, THAT THE RESOLD SONT AND CENTRAL THE PROTE BOONS A MORE...

FU

SETS, NIKON 1, D3100 AND D5100 CAMERA RIT, NIKON COLOTP, LEGO & L2GO CAMERAS, BERTS HEN POWNERD BLUCK ROCKHES'S BUIGHT. UIRN HABLES, NUMBE, VICEN AND PANASONIC CURDLESS PHONE SPEAKERS, PHILIPS SHOOBON, ROKH 2 XS STREAMING PLAYER, JABBA BLUETOOTH IN-CAR SPEAKER PHONE, LYNKSYS EAZONZ DUAL-BAND NOOR DOTTER, EBOOST SOURCE, ECONTRE QUELTOOTH PORTABLE SPEAKERS, PHILIPS SHOOBON, ROKH 2 XS STREAMING PLAYER, JABBA BLUETOOTH IN-CAR SPEAKER PHONE, LYNKSYS EAZONZ DUAL-BAND NOOR DOTTER, EBOOST SOURCE, ROBOST SOURCE, ROBOST

NEW FURNITURE

SHEFTORD 4430 U-SHAPED WORKSTATION WITH HITCH, GREY LEATHER 3 PIECE RECLINING SOFA SECTIONAL, BROADMOORE CALLAHAN KING BED INCLUDES, BLEDGESTIC CHINA CABINET, LARGE CLASS DOOR CABINET, LARGE CLASS DOOR CABINET, BOWN LEATHER SOFA, WHALEN EVOLUTION COMPUTER/WRITING DESK, WHALEN WOOLAND GAMING THEATER TY STAND, WHALEN CHANDLER 7 PIECE DINNING SET WITH 6 WOOD AND LEATHER CHAIRS, TECHNART TY CONSOLES, WHALEN WOOLD HEAD CHAIRS, LECTHART TY CONSOLES, WHALEN WOOLD FREPLACE WITH FLATPANES. STAND, ASSORTED LAWER, FLAT PANEL LED WIGTER FRANCE FRANDE MIRRORS, SOORTED SOURCE WITH FLATPANES STAND, ASSORTED LAWER, FLAT PANEL LED WIGTER FREPLACE, LARGE FRANDE MIRRORS, SOORTED DECORATIVE WHALEN WOOLD FREPLACE WITH FLATPANES STAND, ASSORTED SOURCE WITH FLATPANES STAND SOURCE WITH FLATPA

ON BEHALF OF BDO CANADA LTD., SELLING ASSETS

OF LOCAL ADVERTISING AND MARKETING FIRM:

MONTORS, BOARDOON TABLES AND CHAIRS, BLL SUBWOOFRES,

OF LOCAL ADVERTISING AND MARKETING FIRM:

MONTORS, BOARDOON TABLES AND CHAIRS, BLL SUBWOOFRES,

MONTORS, BOARDOON TABLES AND CHAIRS, BLL SUBWOOFRES,

MONTORS, BOARDOON TABLES AND CHAIRS, BLL SHOWN WORKSTATIONS, LEATHER SOFAS AND LEATHER ACCENT CHAIRS, REMORDER PHON LOLOO BAR PRINCES, 6 MINCRO
WAVE, KEURIG COFFEE MAKER, OASIS WATER COOLER, LATERAL FILING CABINETS, TABLES AND CHAIRS, COFFEE AND END END FASH SONGS, SEN STOOLS, FLOOR FANS, AND MUCH MORE...

CONSIGNMENT VEHICLE

VEHICLE, PUBLIC AUCTIONS EVERY SATURDAY AND CONSIG LOT MON-FRI. YOU SET THE PRICE AND WE SELL IT FOR YOU

IF YOU ARE CONSIDERING SELLING YOUR VEHICLE PLEASE GIVE US A CALL, WE OFFER A VERY CONVENIENT METHOD OF SELLING YOUR

SALE

• 2008 YAMAHA GRIZZLY 700

2007 YAMAHA VSTAR 650 CLASSIC

metronews.ca
WEEKEND, Nov. 29-Dec. 1, 2013

SCENE 73

All hail the Internet



Let's all bow our heads and thank the Internet for the musical bounty that regularly washes up on our screens



God's Chorus of Crickets/Jim Wilson

This 1992 recording of crickets — yes, the insects — resurfaced recently. Turns out that when you slow down their chirping, angels appear to sing. It needs to be heard to be believed.



We Could Be Heroes/Dogs Sing for Cancer

Since cancer kills one in four dogs, a group of canines came together to sing this song to raise awareness of the problem. It'll melt your heart.



Bad Like That/ Hello Beautiful

Definitely the weirdest video I've seen this month. I can be summarized thusly: woman gives birth to Whitby band. Literally.

Handwritten Born to Run manuscript headed to auction

Music history.

According to Sotheby's, the document has lots of unpublished and unrecorded material from Springsteen

A handwritten working manuscript of Bruce Springsteen's 1975 hit Born to Run will be offered at auction on Dec. 5, with a presale estimate of \$70,000 to \$100,000 US, Sotheby's said Wednesday.

The seller was not revealed. The auction house said the document used to be in the collection of Springsteen's former manager, Mike Appel.



Sotheby's said most of the lines in this 1974 version, written in Long Branch, N.J.,

are apparently unpublished and unrecorded, but the manuscript does include "a nearly perfected chorus."

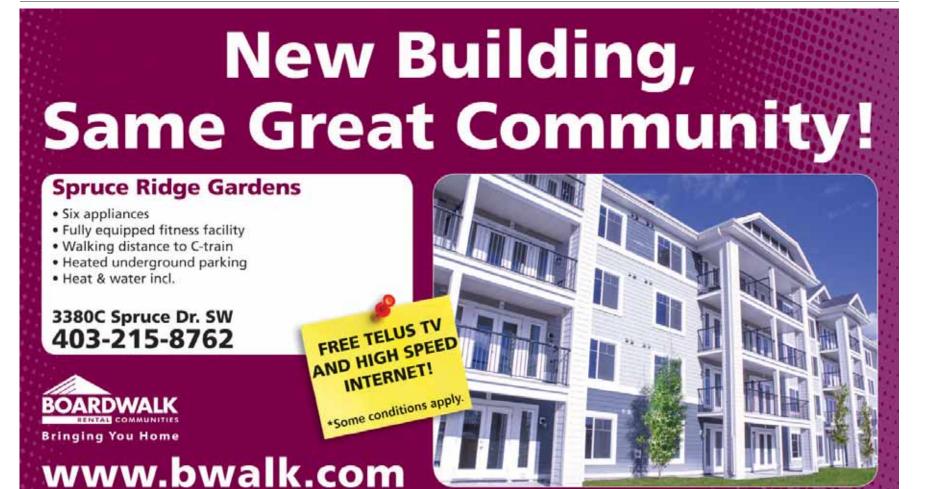
Springsteen's thought process, written in blue ink on an 8 1/2-by-11 sheet of ruled notepaper, looks like this:

"This town'll rip the (out your) bones from yourback / it's a suicide trap (rap) (it's a trap to catchthe young) your dead unless / you get out (we gotto) while your young so (come on! / with) take myhand cause tramps / like us baby we were born to run."

"The imagery and tone are constant from the present manuscript to the final song," the auctioneer said.

The document will be part of a Manhattan sale of fine books and manuscripts.

THE ASSOCIATED PRESS



metronews.ca WEEKEND, Nov. 29-Dec. 1, 2013

Dear riff-raff: Stop bugging my extraordinarily accomplished daughter

Blythe Danner wants everyone to leave her daughter, Gwyneth Paltrow, alone. "I feel she's just extraordinarily accomplished in every area, and people don't like that," Danner says in an interview with the blog Naughty But Nice Rob.

"Some people don't like that, people who are bored and sit on their asses all day and just tap away. I mean, I don't read any of it, I just find it disgusting. There is a coarsening of our culture today that is just so tragic."



METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Australia

How Justin's new hobby is going over Down Under

An Australian hotel is declaring itself a graffiti Belieber, despite being at odds with the city government. QT Hotel in the Gold Coast said it gave Justin Bieber permission to spray graffiti on its wall. The Canadian singer and others posted images online showing cartoon faces in fluorescent paint on an outdoor wall at the hotel in Queensland state.

After hearing criticism, the hotel changed its Facebook page cover art Thursday to show Bieber, his graffiti and the declaration: "He asked, and we said YES."

The Gold Coast mayor



Tom Tate says the singer risked undermining the city's efforts to fight graffiti. "The last thing we want is to have graffiti glorified and more young people thinking it's a cool thing to do," he said.

In a letter to the hotel, Tate asserted the city can insist on removal of graffiti in private spaces if it's visible from public spaces.

But in further posts on its Facebook page, QT Hotel defended Bieber as an excellent hotel guest and said it wanted to promote graffiti as an art form. THE ASSOCIATED PRESS



I didn't tell nobody not to buy no Louis Vuitton nohow, Kanye clarifies

Kanye West wants to clarify his stance on Louis Vuitton. The rapper insists he never ordered his fans to boycott the fancy fashion brand — since it would be unnecessary. "It's a misconception that I said boycott Louis Vuitton," he said during an interview with NYC radio station 92.3 Now.

"You can't boycott Louis Vuitton. I wouldn't tell nobody to boycott a brand that ain't nobody even thinking about no more. Nobody thinking about buying no Louis Vuitton." The beef apparently started after the head of the label declined West's request for a meeting.



5100 SHAGANAPPI TRAIL NW • www.NORTHLANDKIA.ca

CALL: (866) 943-9416



metronews.ca
WEEKEND, Nov. 29-Dec. 1, 2013

HOLIDAY GIFT GUIDE

7





Music is the gift that keep on giving. Impress the audiophile in your life with one of these musical gadgets under the tree.

FretLight Guitar — \$299 and up

Learn to play the guitar with a little high-tech help. LEDs light up the frets on this special guitar so you know exactly where to place your fingers. Download songs from your favourite artists or purchase entire sets of lessons. Available in acoustic and electric.

Ubisoft Rocksmth 2014 — \$79.99



guitar but has no idea how to play it, this is the perfect gift. This "video game" teaches you step by step how to play the guitar like a pro. Beginners and advanced play-

who already owns a

Beginners and advanced players have tons of tracks from which to choose. The best part is you can use your own guitar. Available on

Xbox 360, PS3, PC and Mac.

iPod Touch — \$229 and up

There's a reason Apple's iPod remains the No. 1 MP3 player on the market. Beautiful design, gorgeous retina display and simple user interface make this a huge hit for all ages. Use it to store and play thousands of songs, or immerse yourself in the tens of thousands of apps.

LG SoundPlate — \$499.99

This innovative speaker system sports a simple design, which doubles as a pedestal beneath your flat-screen TV. The 4.1-channel sound system comes with dual builtin subwoofers for rich, full sound while

w a t c h i n g your favourite movies or TV shows. When your eyes get tired, enable the Bluetooth feature to lis-

ten to your favourite tunes from your phone or tablet. Available in December.

Philips ShoqBox — \$149.95

Designed to withstand water and abuse, the ultra-durable ShoqBox is one for true road warriors.

Two speaker drivers create loud, clear audio with the ability to pair two ShoqBoxes

as left-right speakers. This unit doubles as a hands-free speaker for your phone.

Sony Walkman WH303 — \$149.99

Headphones with a built-in MP3 player. Store up to 1,000 favourite songs with 4GB of internal storage, then decide how you want to listen to them. You can wear the headphones around your neck and let the built-in speakers pump out the tunes, or listen to your music privately with the headphones on your ears. A single charge will give you up to 20 hours of music enjoyment

Skullcandy Crusher —

These headphones are designed with one thing in mind
— bass. An adjustable
bass slider will have
music lovers finetuning their favourite tracks while an

in-line mic
on the cable
lets you have
phone conversations. These headphones are smart
enough to turn on
automatically when
the tunes begin to play

the tunes begin to play and turn off when not in use to preserve battery life.

Nuvo Wireless Music

System — \$229 and up Spread music throughout the house. This system utilizes your home's Wi-Fi network to stream lossl e s s

a u d i o to multiple rooms. Supports music services such as Pandora, iTunes and SiriusXM satellite radio. This high-end

level

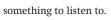
Pandora, iTunes and SiriusXM satellite radio. This high-end system isn't cheap, but if you are an audiophile it's worth the hefty price tag of a complete system.

Mondo Wi-Fi Music Player — \$179.99

Listen to radio stations from around the world. This Wi-Fi music player sports

beautiful 3.5-inch coldisplay our shows station off or album art as your favourite songs play. With more than 18,000 free

radio stations to choose from there is always



SleepPhones - \$39.95 and up

Pyjamas for your ears. These headphones are designed to

play music while blocking light from your eyes to help you fall asleep faster. Play your favourite songs or download free full-length sleep tracks. Upgraded models come with play/pause/volume controls on the cord. Machine washable.

Sony Music Video Recorder — \$349.99

If you have an inspiring musician in the family this is the gift for them. This camcorder is built with shooting music videos in mind. Not only does it record in stunning HD, it has built-in stereo microphones capable of recording high-quality audio. An in-line jack can also be used for high-quality mics.





metronews.ca WEEKEND, Nov. 29-Dec. 1, 2013





metronews.ca weekEND, Nov. 29-Dec. 1, 2013



Gift cards. To give or not to give



When it comes to giving gift cards, 90 per cent of Canadians either purchase or give gift cards in any given year

And this number is rising, says Steve Dekker, managing director of Blackhawk Network Canada, the company that runs many of the gift card mall kiosks within re-

tail outlets in Canada. Still, many people worry when it comes to giving a gift card, so we asked Dekker to address some common concerns.

Is it personal enough?

One of the biggest challenges for gift givers is finding just the right gifts. Gift cards for movies, restaurants, retailers or music give you the opportunity to tailor a gift and still let the recipient make the final choice. I really like my friends and family to have a gift to open

Many people put gift cards into greeting cards or drop them into a stocking, but you can be more creative. Put them in small boxes and wrap them up or package them up with another gift so they can be unwrapped together.

I don't know what card they might like

Consider a Visa or Master-

card gift card. They might not be as personal, but the clear advantage is that they can be used anywhere. The disadvantage is there is an additional fee for these purchases.

I'm worried the card might be forgotten or get lost and never be redeemed

Typically, the faster you use the card, the less likely this is to happen. Keep your gift cards in a handy place so you don't forget you have them.

The card may expire before it's used up

There are consumer protection laws to prohibit expirations on cards or additional fees.

What if you don't want the card you're given?

You can exchange or even return unused cards online for a small fee. Check out cardswap.ca for more.

Leave a festive impression



If you are stumped about what to get someone on your holiday gift-buying list, why not consider a festive plant?

"A nicely wrapped plant in a decorative pot is a great gift for a tabletop," said Robin Godfrey, the owner of Lakeland Plant World in Dartmouth, N.S.

Godfrey describes three popular holiday house plants and how to care for them:

Poinsettia: Hands down, this is the most recognizable plant of the season.

Traditionally sold with bright red and green leaves, which remains the consumer favourite, it also comes in many patterns and colours. The tropical greenhouse-grown plant comes in different sizes, too, from four to 12 inches. With proper care, a poinsettia can last until spring. Don't overwater it, but don't let it dry out completely, either. It does well in indirect light but won't thrive in a cold room.

Holly: With bright red berries against dark-green pointed leaves, holly is synonymous with winter and the holidays. Plus, it's the gift that keeps on giving.

"You can plant holly in the ground in the spring," Godfrey said.

Place it in well-drained, slightly acidic soil in full sun. If you want a bush with berries, keep in mind that most varieties have male and female plants, and that only the female shrub produces berries. So, in the spot where you would like to plant a holly bush with berries, you will need to plant a female variety and make sure that a male variety is planted nearby.

If that's too complicated, try to find varieties that don't need a male plant in order to produce berries.

Christmas cactus: This year-round plant has flowers that hang from the ends of its leaves. It will adapt to low light conditions but will produce blooms more readily if exposed to brighter light (too much direct sunlight can burn its leaves, however).



Christmas games for children

If you plan to throw a Christmas party for a group of children this year and you are stuck for game ideas, then here are some fun suggestions that will keep them truly entertained.

Simple, traditional party games can be adapted to suit a particular theme, so since it's a Christmas party you could adapt the following classic games into a Christmas theme:

Santa Says: This is just like Simon Says.

Snowman Freeze: When the music stops, children have to freeze and stand still like a snowman. The child who moves first is out until the last remaining child is left.

Pin The Tail On Rudolph: Play it like Pin The Tail On The Donkey, but adapted to pinning a big red nose on Rudolph.

Santa, Santa, Elf: Played like Duck, Duck, Goose, or you can choose other appropriate names if you prefer.

Pass The Christmas Gift Box: This is the same as Pass The Parcel, but wrap a box in Christmas paper and fill with pre-wrapped gifts for each child.

Apart from the traditional style games, here are some other games and activities that can be fun to play.

fun to play. Fill The Christmas Stocking Relay: Ideal for a larger group of children, this game involves splitting the kids into two teams. Hang up a couple of Christmas stockings and get two large bowls and fill them with candies. The children have to scoop up candies with a spoon, walk over to the stocking and fill it, then run back and give the spoon to the next child in the line. The team that fills up the stocking with the most candies is the winner.

Pass The Candy Cane: Form two groups of children into two lines. The children have to pass a candy cane to each other using one finger only. The first team to pass the candy cane up and down the line is the winning team. METRO NEWS SERVICES

The best device for reading.

No tablet comes close.

The Books You Love

Choose from millions of e-books, including exclusive titles, Canadian authors and over 72,000 French language titles.

No Glare in Bright Sunlight

Unlike reflective tablets and smartphones, Paperwhite reads like paper in any light without distracting glare.

1920

ell me the story of Everest," she said, a fervent smile sweeping across her face, creasing the corners of her eyes. "Tell me about this mountain that's stealing you away from me."

George and Ruth sat on the drawing room floor, laughing and tipsy, dinner growing cold on the table in the next room. Ruth was cross-legged opposite him, her gray skirt pulled tight across her knees. She picked up the single sheet of thick ivory paper from her lap and reread the invitation from the newly formed Mount Everest Committee again. "My husband, the world-famous explorer." Ruth held up her glass of wine and he reached out with his own, the crystal ringing in the lamplit room. She was fairly bursting with happiness.

kindle

20 mins left in chapter

Charge Monthly, Not Daily

Unlike a tablet, a single charge can last up to 8 weeks.*

Go Beyond the Book

Enjoy exclusive readerfriendly tools like X-Ray, Vocabulary Builder and Page Flip.

Share with Friends on Goodreads

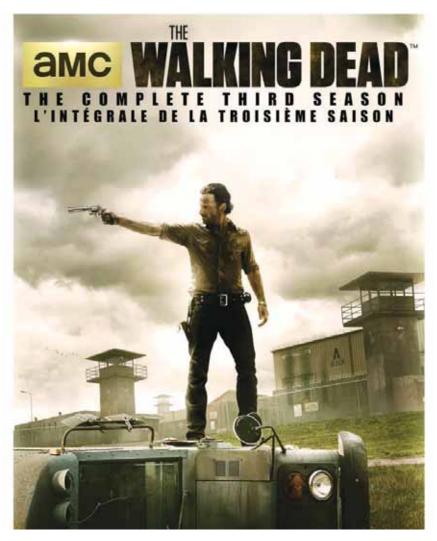
See what your friends are reading, share highlights and rate the books you read with Goodreads on Kindle. **Coming soon.**

kindle paperwhite

amazon.ca

* Battery life based on 30 minutes of reading per day with wireless off, even with the light on and set at ten.





delights

Settle down in front of the TV to enjoy some of these popular series and movies.

Turbo

With a great (voice) cast that includes Ryan Reynolds, Paul Giamatti, Michael Peña, Snoop Dogg, Maya Rudolf, Michelle Rodriguez

and Samuel L. Jackson, this 3D comedy follows an underdog snail whose dreams kick into overdrive when he miraculously attains the power of super

speed and enters the Indy 500. Available where DVDs and Blu-ray's are sold; \$32.89 for Blu-ray on Amazon.ca.

Big Bang Theory, Season 6

Follow the antics of geeky physicists Sheldon Cooper and Leonard Hofstadter and their equally geeky friends. This popular American sitcom premiered in 2007. DVD \$49.99, Blu-ray \$59.99. Available at HMV — for a location near your visit hmv.ca.

Breaking Bad: The Complete Series

To provide for his family's future after he is diagnosed with lung cancer, a chemistry genius turned high school

teacher teams up with an exstudent to cook and sell the world's purest crystal meth. This collectible replica money barrel contains every show along with special features and other commemorative items. \$250 at Amazon.ca.

Walking Dead, Season 3

A sheriff leads survivors in search of safety after the zombie apocalypse. In Season 3, they find refuge

in a prison ... but not for long. DVD \$49.99, Blu-ray \$59.99. Available at HMV for a location near your visit hmv.ca.





metronews.ca
WEEKEND, Nov. 29-Dec. 1, 2013

HOLIDAY GIFT GUIDE
81

the home. Today, wreaths can be used in a variety of ways to add a festive touch during the holidays. STEPHEN COBURN/SHUTTERSTOCK

A welcome decor touch



Hanging a wreath is one of the easiest ways to add a festive touch to your home's curb appeal and interior decor. Traditionally, wreaths were hung on the front door, welcoming others to the home. These days, you can use multiple wreaths and literally decorate for the holidays in minutes.

We've asked Brian Rattray, a Toronto-based Canadian Tire general manager, to share his top 10 tips and trends on decorating for the holiday with wreaths.

- Sinamay wreaths are super stylish this season. Sinamay is mesh ribbon or fabric that comes in Christmas colours and patterns that loop, gather and twist into a beautifully full and fashionably wreath. They look great inside and out.
- 2 Dress up your front door with pre-lit wreaths. They look impressive at night and make your front door the focal point of your holiday decor.
- Place a wreath in your holiday theme colours on the table as a centrepiece and

use pillar candles to fill the centre.

Hang them on doors to give rooms a simple festive touch or take down a few pictures and hang wreaths in their place — they look especially impressive over a fireplace.

5 Keep it natural with pinecone wreaths, which go great inside and out with just about any decor.

6 For a modern aesthetic, silver-, gold- or copper-coloured wreaths are just the right touch.

Hang wreaths in your windows and they can be enjoyed inside and out.

Multiple wreaths that are similar or identical help create a theme for your indoor and outdoor decor and make decorating incredibly easy. Use two or three and you don't need anything else.

9 Don't go simple. The most popular wreaths for the holiday season are overstated — the more embellished, the better.

10 Circular wreaths are traditionally most popular, but think outside the box and consider a swag, square or teardrop shape instead.

Gift baskets. A delicious option

If you can't spend time with friends or family members this holiday season, there are still ways you can send your greetings and share your love.

What about selecting Christmas fruit baskets? It is one of the best gifts you can select for the season.

A fruit basket can convey your greeting and express your care towards the health of the ones you love. Missed family members and friends can gather around the table to celebrate the occasion and create memorable moments with your gift basket.

The ability of gift basket designers plays a role in making fruit baskets so demanding during the holiday season. The fruits are beautifully designed to make it look like a precious gift. Well-known online fruit gift delivery

and friends d the table casion and e moments eet. gift basket ole in mak-

stores hand-pick the best and freshest fruits to make the gift royal, romantic and delicious at the same time.

Go online and place the order within minutes. Select the gift basket and schedule your delivery date.

If you want to add a fresh taste to your Christmas celebrations, then this can be your time to send Christmas fruit baskets for your friends and the ones you love.

METRO NEWS SERVICES



RBC Royal Bank

PREC Rewards is now **90,000 times** more rewarding.

Now you can redeem your RBC Rewards^o points online for the latest products from Future Shop[†] and Best Buy[†].

- Access to 90,000+ products
- Free, fast shipping on most items[†]
- Home delivery or in-store pickup[†]
- · Redeem points only or use points plus credit card

rewards

Start redeeming now at rbcrewards.com



▶ FUTURE SHOP



®/™ Trademark(s) of Royal Bank of Canada. RBC and Royal Bank are trademarks of Royal Bank of Canada. ‡ All other trademarks are the property of their respective owners. † Free shipping is excluded for items that require scheduled delivery. For more details about shipping and in-store pickup please visit RBC Rewards Redemption, Return and Exchange Terms & Conditions for Best Buy and Future Shop.

metr⊕ **HOLIDAY GIFT GUIDE** metronews.ca WEEKEND, Nov. 29-Dec. 1, 2013

Sensational seasonal scents



From lush florals to sexy, spicy scents, covetable perfumes for your lady loves.

Aerin Åmber Musk, from a collection of modern scents inspired by Aerin Lauder's own touchstone moments and memories. \$125 at Holt Renfrew and esteelauder.ca.

Armani Si, a sultry, intense scent with patchouli, vanilla, rose and woody notes; Giorgio Armani calls it his "tribute to modern femininity." \$130 at Hudson's

Carven Le Parfum, youthful, ultrafeminine bouquet of sweet pea, jasmine

and ylang ylang grounded with woody notes. From \$90 at Holt Renfrew.

fresh, warm, modern bouquet of rose and magnolia. \$85 at

Murale, Sephora, stores and drugstores. Clinique

Calyx, the same distinctive brant and groundbreaking scent first

launched by Prescriptives in 1986 now under the Clinique umbrella. From \$62 at department stores and clinique.com.

Dolce & Gabbana Pour Femme Intense, a sexy, oriental floral of neroli, jasmine, tuberose and sandalwood. From \$110 at department

stores and Shoppers

furale, Sephora, n Drug Mart Beauty Boude partment Elizabeth

Arden Untold, a warm, fruity floral with jasmine, black current and patchouli. From \$75 at drug

and department stores.

Lauder Modern Muse, a striking "dual-impression" fragrance that appeals to some women as a lush floral, and to others as a sensual woody scent. From \$65 at Hudson's Bay and esteelauder.ca.

Valentina Oud Assoluto, a decadent, heady scent of leather, rose, agarwood (oud),

Limited edition, \$148 at Holt Renfrew.

Fresh Life Eau de Parfum, inspired by dew-dampened grass, fresh morning breeze, the first rays of sunlight and cool,

clear water. From \$44 at Se-

Jo Malone London Saffron Cologne Intense, a spicy fragrance of golden saffron, pink peppercorn, incense and warm blond woods. \$165 at Holt Renfrew.

Lancome Trésor Eau de Parfum Lumineuse, a softer, floral fruity interpretation of the original oriental floral Trésor. From \$67 at drug and department stores, and

Lancome Trésor Eau de Parfum Lumineuse, clockwise, from left, Dolce & Gabbana Pour Femme Intense, Fresh Life Eau de Parfum, Aerin Amber Musk, Armani Si, Jo Malone London Saffron Cologne Intense, Clinique Calyx, Estée Lauder Modern Muse, Chloé Roses de Chloé, Valentina Oud Assoluto, and Elizabeth Arden Untold.

















Give the perfect gift this season with a Fujifilm X20 camera.



Combining cutting edge optical technology and real time display of shooting data, the FUJIFILM X20's newly-developed, advanced optical viewfinder promises an accurate and brighter view of the world. In a near instant 0.06 seconds, the large 2/3" 12MP X-Trans CMOS II Sensor and the EXR Processor II bring your image into crisp focus with Phase Detection AF to capture what you see in phenomenal detail. X20. Beyond the viewfinder, a new world is waiting.

Our Price \$499.00 After instant rebate.

Save \$140 until Dec. 31st, 2013

Proud recipient of the Consumer Choice Award for Photographic Retailer 8 years in a row.



Big Box Prices, Expert Knowledge.

Call or check our website for guaranteed low prices. 802 - 11th Avenue S.W. Calgary | (403) 234-9935 | 1-888-539-9397

www.thecamerastore.com











Start a new beginning at Sawyer Silverado. 900-1,100 sq. ft. condos in Calgary's greatest SW community.

175 Silverado Blvd SW | 403.536.7282

LEARN MORE. AVIURBAN.COM/SAWYER

Condos, townhomes & amazing things. aviurban.com



1130 - 1400 SQ.FT. TOWNHOMES WITH 2 CAR ATTACHED GARAGES

FROM **\$270'S**





1130 - 1400 SQ.FT. TOWNHOMES WITH 2 CAR ATTACHED GARAGES

FROM \$300'S





1500 - 1675 SQ. FT. TOWNHOMES WITH 2 CAR ATTACHED GARAGES

FROM \$580'S







Liquid Assets

Old school Austrian sips



LIQUID ASSETS eter Rockwell therealwineguy

After more than two decades of taking it on the chin from their New World counterparts, the winemakers of Europe are making a comeback. While France and Italy are seeing the biggest upsurge in popularity, Spain, Germany and Austria are harvesting the benefits of the growing interest in their juice.

Yes, I said Austria — a country I bet you didn't know has been making wine for more than four centuries. Impossible-topronounce regional names and grape varieties that are virtually Austrian exclusive haven't helped the cause.

Though reds make up about 30 per cent of the country's output, whites are Austria's claim to fame. Typically drier and zippier than those made by its German neighbours, whites with the Grüner Veltliner grape have made a modern name for themselves as a partner for Asian cuisine (think sushi).

With its Franz Ferdinand-esque label and phonetic first name; the Grooner 2012 Grüner Veltliner (\$13.11 - \$16.99) is a modern také on old-school Austria with citrusy fruit, balanced acidity and a clean. green finish. PRICES REFLECT RANGE ACROSS COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.

A modern take on a Hanukkah tradition

Three Root Vegetable Latkes. The perfect fall-inspired recipe



ROSE REISMAN ollow her on twitter

Potato latkes are a traditional Jewish or Eastern European dish, especially served on Hanukkah. I wanted to make a healthy version, so I used a blend of root vegetables. Use the grater blade of a food processor to grate the veggies.

1. In a skillet sprayed with vegetable oil, add the oil, onions and garlic. Sauté on medium heat for 10 minutes until tender. Add the sugar and sauté another 5 minutes. Place in a mixing bowl.

Squeeze out the excess moisture from the grated vegetables.

- 2 tsp vegetable oil
- 2 cups diced onion
- 1 tsp crushed garlic
- 2 tsp brown sugar
- 2 cups grated peeled sweet
- 2 cups grated peeled baking
- 1 cup grated peeled parsnips • 3 tbsp chopped fresh dill or
- 1 tsp dried
- 2 eggs
- pinch of salt and pepper
- 1 tbsp vegetable oil
- 1/2 cup tzatziki



Add the vegetables to the onion mixture along with the dill, eggs and salt and pepper.

3. Pat into 12 latkes. In two large non-stick skillets add 1 tbsp vegetable oil sauté on a medium heat the latkes for about 7 minutes per side or

Please be advised that this recipe may not meet all

until vegetables are soft. Serve with the tzatziki.

Jewish dietary or traditional requirements.

THE BEST OF ROSE REISMAN (WHITECAP **BOOKS) BY ROSE REISMAN**

Did you know 72% of pain sufferers regularly have trouble sleeping?



Tylenol

© Johnson & Johnson 2013

metr⊕ **WEEKEND** metronews.ca WEEKEND, Nov. 29-Dec. 1, 2013

Dinner. Chicken Fettuccine with Veggies



- 1. In skillet, melt 15 ml (1 tbsp) butter over medium-high heat; sauté chicken, garlic and Italian seasoning 8 minutes or until chicken is browned and no longer pink inside. Transfer to a bowl; set aside.
- **2.** In large pot of boiling, salted water, cook pasta 10 minutes or until al dente.
- 3. Return skillet to mediumhigh heat; add remaining butter. Sauté onion and mushrooms 5 minutes or until onion

is translucent. Sprinkle with flour; stir in pepper and salt and cook, stirring, 2 minutes. Gradually stir in milk and cream; cook, stirring, 5 minutes or until creamy, smooth and thickened. Remove from heat; stir in cheeses.

4. Drain pasta and return to pot. Pour in sauce, reserved chicken, tomatoes and sour cream and toss to coat. THE CAN-ADIAN PRESS/ HENRY STAM OF REHOBOTH FARMS IN GRUNTHAL, MAN. FOR MILK-CALENDAR.CA

- 30 ml (2 tbsp) butter, divided
- 2 boneless skinless chicken breasts, cut into thin strips
- 2 cloves garlic, minced
- 15 ml (1 tbsp) dried Italian
- 300 g (10 oz) fettuccine pasta
- 1 small onion, diced
- 4 to 5 small mushrooms, sliced • 30 ml (2 tbsp) all-purpose flour
- 2 ml (1/2 tsp) pepper
- 1 ml (1/4 tsp) salt
- . 500 ml (2 cups) milk
- 125 ml (1/2 cup) 10% cream
- 250 ml (1 cup) shredded mozzarella cheese
- 75 ml (1/3 cup) grated Parme-
- 2 tomatoes, diced
- 125 ml (1/2 cup) sour cream

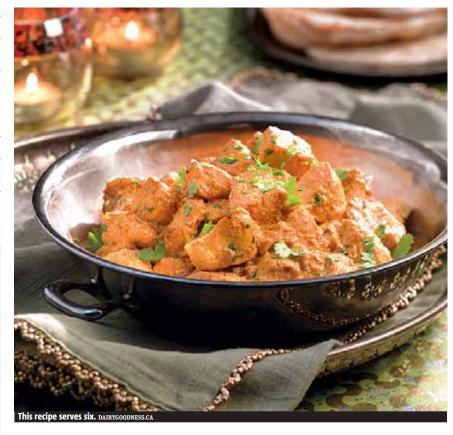
Ancient Mughlai cuisine on your modern kitchen table

Chicken Korma is a mild, aromatic and creamy curry dish originating from ancient Mughlai cuisine.

Often served at weddings or special occasions, its wonderful flavour comes from blending a number of spices with a mix of almonds and

1. In deep non-stick skillet, heat butter and oil on medium-high heat until but-ter melts. Add onions and sauté 2 minutes or until soft and fragrant. Add garlic, ginger, coriander, chili powder, garam masala and turmeric; sauté for 30 seconds or until fragrant, being careful not to

- 2 tbsp (30 ml) butter
- 1 tbsp (15 ml) vegetable oil
- 1 onion, finely chopped
- 1 tbsp (15 ml) minced garlic
- 1 1/2 tsp (7 ml) minced ginger root
- 1 tsp (5 ml) ground coriander
- 1/2 tsp (2 ml) chili powder
- 1/2 tsp (2 ml) garam masala
- 1/4 tsp (1 ml) ground turmeric
- 2 tbsp (30 ml) ground almonds • 2 tbsp (30 ml) tomato paste
- 1 1/4 lbs (625 g) boneless skin less chicken breasts, cut into 1-inch (2.5 cm) pieces (about 3 cups/750 ml)
- 1 cup (250 ml) plain yogurt, whisked until smooth
- · Salt to taste
- Pinch of dried fenugreek leaves
- Chopped fresh cilantro



burn.

2. Stir in almonds and tomato paste, and sauté for 2 minutes to blend well with the spices. Stir in chicken and sauté until lightly

browned on all sides, about 3 to 4 minutes.

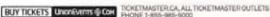
3. Stir in yogurt; cover, reduce heat to medium and simmer for 6 to 8 minutes until chicken is completely

cooked through. Season with Garnish with cilantro.

city and colour HALF MOON RUN

may 21st 2014 - scotiabank saddledome

tickets on sale now -







Lunch. Thai Turkey Soup



1. In saucepan, heat oil over medium-high heat. Add turkey pieces with onion and garlic and sauté 5 minutes or until browned. Add coriander and ginger. Sauté 2 minutes.

2. Stir in remaining ingredients. Reduce heat and simmer for 15 minutes or until turkey and vegetables are cooked. Taste and adjust seasoning. Remove lemongrass before serving.

salt and sprinkle dried fenugreek leaves. Cook covered for 2 to 3 minutes or until the mixture comes to a boil. DAIRYGOODNESS.CA

Ingredients

- 30 ml (2 tbsp) olive oil
- 1 boneless, skinless uncooked turkey breast, chopped
- 1 large onion, finely chopped
- 4 garlic cloves, chopped • 15 ml (1 tbsp) ground cori-
- ander
- 15 ml (1 tbsp) grated ginger • 1.25 l (5 cups) boiling water
- 1 stalk lemongrass, white part only, bruised using back of knife • Juice of 2 limes
- 2 celery stalks, finely chopped
- 2 carrots, thinly sliced
- 1 parsnip, thinly sliced
- 30 ml (2 tbsp) tamari
- 5 ml (1 tsp) toasted sesame oil • 1/2 bird's-eye chili, finely
- 45 ml (3 tbsp) chopped cilantro
- · Sea salt and ground pepper

THE CANADIAN PRESS/ SOUPESOUP BY CAROLINE DUMAS (PUBLISHED IN ENG-

LISH BY HARPERCOLLINS PUBLISHERS LTD., BY ARRANGEMENT WITH FLAM-MARION OUEBEC, 2012).





PRIZES ON THE WHEEL:

REMOTE STARTER
\$100 KEG GIFT CARD
\$150 ACCESSORIES CARD

\$250 GAS CARD

\$500 VISA CARD

CLEANING KIT

BBQ ACCESSORY KIT

BLACK FRIDAY SPECIALS:

0% FINANCING ON ALL 2013 + 2014S

UP TO \$2,000 TRUCK BUCKS

SAVE UP TO \$15,000 ON ALL 2013S

BOOK AN APPOINTMENT AND GET A \$250 GAS CARD

RECEIVE UP TO \$3,000 IN LOYALTY CONDUESTS



403-930-1634 CMPAUTO.COM 1313 36 St. NE, Calgary, AB, T2A 6P9





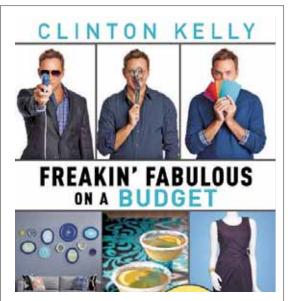




metr⊕ **WEEKEND** metronews.ca WEEKEND, Nov. 29-Dec. 1, 2013

Large format art — for cheap

In his new book, Freakin' Fabulous on a Budget, style guru Clinton Kelly shares his secrets for making every part of your life more fabulous — whether you want to make over your wardrobe, add glamour to your next soiree or brighten up a dingy bathroom. The co-host of ABC's The Chew and TLC's What Not to Wear believes you can look like you have it all, even if there's no room in your budget. Here, in one of the DIY projects from the book, he explains how to put together a high-impact piece of artwork for your walls (including a completely brilliant idea for a cost-effective picture frame).



If you frequent expensive hotels with all the dough you've saved by following my advice in this book, notice what's going on with the walls. Hotels can't put a piece of original artwork on every wall.

It's too expensive, and rowdy patrons may try to stash it in their carry-on luggage upon checkout. Instead of taking this risk, smarty-pants hotel interior designers just frame beautiful pieces of fabric or wallpaper.

To buy large-scale art is very often cost-prohibitive. I'm talking thousands of dollars. And the truth of the matter is, beautiful art is accessible to us almost

every day. Fabric and wallpaper is artwork for the masses and it's affordable. Real-life artists create the patterns! Now, go find a beautiful piece of fabric that you love, and take charge of your decor!

The custom frame is just the molding usually found along the floors and ceilings of homes. Seven feet of basic molding like we've used here costs \$6 or \$7 at home improvement stores.

EXCERPTED FROM FREAKIN FABULOUS ON A BUDGET BY CLINTON KELLY. COPYRIGHT © 2013 BY CLINTON KELLY. REPRINTED WITH PERMISSION FROM GALLERY, A DIVISION OF SIMON & SCHUSTER, INC.



What you need for the project



Materials: Fabric or wallpaper, measuring tape, scissors, level, pencil, molding, staple gun, hammer, nails, mitre saw

Affix the fabric to the wall



Begin by choosing the area on your wall you want to cover, then measure and cut the fabric accordingly. Using a level and pencil, mark off where the fabric should be affixed. Using a staple gun or hammer and nails, affix the fabric to the wall. It is easiest to affix the top edge of the fabric first, then align the sides and bottom accordingly.

Add the molding



Measure and cut the molding into four pieces with a mitre saw, so the edges are diagonal and will fit together in a frame around the fabric. Using a level, place the molding onto the wall so it covers the raw edge of the fabric. Nail the molding to the wall. Wow! Wow! Wow!





FULL-TIME AND INDEPENDENT LEARNING OPTIONS

IOS 14" STREET NW PH 403.247.4319 IMTMASSAGE.COM



PLY ON LINETODAY! PIMTMASSAGE.COM



We are Hiring!

Associate Logistic Assistant **Full Time Telephone Customer Support** N.E. Calgary

Please Fax 403-450-8210 or e-mail resume to workatfood@gmail.com with salary expectations 10 minutes from Skyview Ranch and Saddle Town N.E A family owned Food Processing and Agriculture company with its main facility located 10 km east of the Calgary International Airport..

Monday to Friday 7am - 4pm Skills that would be required:

- Strong Communications skills with customers & be a team player
- MS Office is essential
- Re able to multi task
- · Patience and positive attitude

A commitment to bold colour

Paint. If you're thinking of a bright feature wall, here are a few common mistakes to watch for

With bold paint colour becoming increasingly popular, many homeowners and interior designers are choosing to take the plunge with bright bues

Bold feature walls and painted rooms are being seen more on the pages of magazines and design websites, and Kyla Bidgood, registered interior designer, said more of her clients are asking for the same.

"I think people have com-

mitment issues with colour, but they want to experiment a little bit, and obviously the easiest way to do that is by not using paint," she said.

"You can use accessories, pillows, throw blankets or even area rugs to get pops of colour into a space without committing to paint your space." But if you're looking at expanding the splash of colour onto your walls, Bidgood said it is important to consider balance.

Even though many people perceive white as a neutral and boring colour, it can be an important addition to a space if furnishings, accessories and artwork are bright and bold.

"White really draws your

eye away from the wall to other furnishing, art and patterns," said Bidgood. "Navy blue and blacks make a piece of art with a white frame really pop, especially if the art is in a bright colour."

Bidgood said many people pick their paint colours based on the chip at the store. Instead of buying all your paint based on the chip, Bidgood said take small paint samples of several variations of the colour.

"It's really about finding the right hue, so if you have a colour in mind chances are what it looks like on the chip is going to be different than how it looks on the wall," she said.

"Get maybe three to five variations of the colour, and

paint the swatches right on the wall and have a look at it in different types of lighting. Sit with it for a few days because you might have an idea of how it will look, but after a few days you may not love it as much anymore."

A common mistake Bidgood said people make when it comes to picking a wall colour is that it can

be something they would choose in a fabric or piece of clothing.

"It doesn't necessarily translate to a larger surface like a wall," she said. "When you're picking a colour you often need to pick a colour that is slightly less intense because it is going to be very bold when you paint a large space." THE CANADIAN PRESS



Resale value

- When it comes to using bright paint colours in a home, a concern is often how it might affect the resale of the property. But whether you go bold or safe and neutral, interior designer Kyla Bidgood said you're never going to great a space that everyone loves.
- "Chances are if you sell and someone moves in they will want to paint it again anyways," she said. "If I were to buy a house that was all beige, I would definitely be looking to paint it. It's not to



say the neutrals are necessarily safe either."



metronews.ca WEEKEND, Nov. 29-Dec. 1, 2013 metr⊕ **WEEKEND**



Houndstooth's the weave that resembles a geometric block of '80s-esque space invaders.

It's the jagged hipster cousin of gingham and this season, houndstooth's the

ubiquitous check of choice for men and women alike.

Here, Metro selects the looks that you should be getting your teeth into this autumn to stroll around a leafy campus.

Looking sharp in houndstooth



MP Di Massimo **Piombo**

Houndstooth overcoat, \$2,115, mrporter.com



Houndstooth sweater, \$750, paulsmith. co.uk







>> Hugs trees. Hugs wallets.

The smart for two is designed for the urban lifestyle and for the planet. Easy to park, fun to drive, and superhly efficient. It's the quickest way through the city at a super-affordable price. The 2013 smart fortwo takes you there and gets you back with style and planet friendly fuel-efficiency. Visit Lone Star Mercedes-Benz for a test drive today.



smart - a Daimler brand

Lone Star Mercedes-Benz 403-253-1333 www.lonestarmercedesbenz.com

10 Heritage Meadows Rd. S.E., Corner of Deerfoot Tr. & Heritage Drive Mercedes-Benz Dealer of the Year 2000, 2001, 2005, 2007, 2007, & 2010



metronews.ca
WEEKEND, Nov. 29-Dec. 1, 2013

WEEKEND 91

Scandal's costume designer Lyn Paolo says there are other stars she would love the opportunity to dress, including Patricia Heaton and Julianna Margulies. DANNY FELD / ABC / THE ASSOCIATED PRESS

Pope goes Olivia's Scandalous style

Closet confidential.

Scandal's costume designer Lyn Paolo has an arsenal of outfits ready for any character

Notice anything different about Olivia Pope's look this season on Scandal?

It's still full of the very best designer labels, and her suits — a good chunk of her wardrobe — blend an aggressive edge with a sexy shape while staying professional.

But in Season 3, there's a hint more colour, and many of the silhouettes are asymmetrical, showing her just a bit off-kilter. "Hopefully viewers will see the emotional reason to make these changes, and we've amped up the fashion, too, because we needed it for the story," explains costume designer Lyn Paolo.

Olivia has a full life and

— just like everyone else needs the right clothes for it, says Paolo, who talks about her favourite character on ABC's hit inside-the-Beltway show as if she were real.

Kerry Washington, a fashion It Girl in her own right, plays Olivia, described by the network as a "professional fixer."

Paolo shops from the runway, at department stores, from windows and online. When she was on vacation this past summer on a cruise, she fell in love with a fellow passenger's outfit. She told the passenger the clothing tag was showing (it wasn't) so she could "fix it" and steal a peek at the label.

Is there anything in that bulging Scandal closet that Paolo would like to borrow? "I'm a uniform girl. I dislike dressing myself. It's all black and white in my closet — I wear whatever is easiest to get me through the day."

Of fantasy and fashion

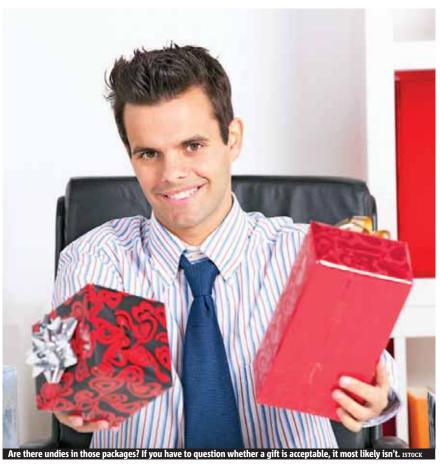
- Paolo, whose credits also include The West Wing and ER, says she keeps dozens of files on imaginary characters, cutting out photos and jotting down notes about what they would wear and stuffing them into folders.
- One was "an African-American woman in light clothes and a custom Louise Green hat," she said. "I had an image of Diana Ross. I would have liked a bigger brim on the hat, but our sets are too dark and you couldn't see Kerry's face."

She is, after all, dressing up to 80 people per episode. "We should call it Scramble not Scandal."

THE ASSOCIATED PRESS



metronews.ca
WEEKEND, Nov. 29-Dec. 1, 2013



Wrap it up right: Deck the office halls with appropriate gifts

Will you please the big cheese? With Christmas season coming sooner than your wallet would like to believe, it's time to gear up for giving to your co-workers

Office gifts can get complicated around the holidays. Questions like what should you buy, how much should you spend, and what is an appropriate gift come to mind. There is an etiquette that goes hand in hand with office gift-giving. These tips will help you stay in the good books with your boss and co-workers this year.

Company policies

Some organizations have HR policies around gift-giving and receiving. If you are new to a workplace, it's best to connect with your HR department or ask several colleagues that have been employed for a few years to see what typically occurs in the office around the holidays.

Personal gifts

Avoid gifts that are overly intimate. The list includes items that can enhance appearances, undergarments, flowers and perfume, to name a few. These types of gifts can be misunderstood by your colleague and place you in a bad position.

Spending

When buying a gift, it's important to not overspend. Not everyone can afford to pur-

Gift suggestions

Holiday themed gift baskets are nice and they don't have to be excessive

- Retailers carry varieties of products, along with mugs filled with sweets, coffee or tea.
- Other office gifting suggestions include Moleskin notebooks, gift cards, business card cases or a nice pen.

chase lavish gifts, and you do not want to make a colleague feel obligated to reciprocate. Determine a budget and stick to it. Remember, there are great gifts out there for \$20 or less. NEWS CANADA





metronews.ca
WEEKEND, Nov. 29-Dec. 1, 2013

WEEKEND 93

Would you like to be kept in the loop of the hottest openings and events in your city? To be notified of other notable events for young professionals, go to notable.ca/signup.php.



NOTABLE NOW Julian Brass, Founder of notable.ca, Canada's online source for young professionals



Drake

Canadian hip-hop star Drake is passing through Calgary on his latest North American tour and he will be playing at the Saddledome on November 30. Drake is an artist, rapper, songwriter and actor who got his start on Degrassi: The Next Generation before being signed to Lil Wayne's label. Some of Drake's hit songs include Best I Ever Had and Take Care. Miguel and Future will be opening the show and doors are at 7 p.m. For tickets visit ticketmaster.ca.



From Russia with love

During the 1st and 2nd of December you'll have the chance to attend the Lougheed House for a concert celebrating the beauty of Russian music. You'll be entertained with the sounds of Russian musicians like Rachmaninoff, Rimsky-Korsakov, Tariverdiev, Vlasov and Ippolitov-Ivanov. Soprano Michele Cusson will be joined by pianists Kathleen van Mourik and Charles Foreman, violinist Donovan Seidle and cellist Kirill Kalmykov. Tickets are \$40. The Lougheed House is located 707 13 Avenue SW.



Pearl Jam

Eddie Vedder and the boys from Pearl Jam will be lighting up the Saddledome on December 2. Like plaid shirts and Nirvana, these guys will always hold a special place in the '90s music scene. The great thing about Pearl Jam concerts is that almost everyone in the crowd can sing along to classics like Daughter and Alive. Even 20-some years after putting out albums like Ten, Pearl Jam is still going strong. The band is currently on tour promoting their new album Lighting Bolt. For tickets: scotiabanksaddledome.com.



Hot Docs

Hot Docs works with the Calgary Underground Film Festival (CUFF) to present a variety of documentaries that cover all sorts of interesting topics. This month's screening will take place on December 4 at the Cineplex Odeon in Eau Claire Market (200 Barclay Parade SW). Blood Brothers is a story of self-discovery and follows an American visiting India to work in a care centre that treats people living with HIV/AIDS. The film won the Grand Jury Prize and the Audience Award for U.S. Documentary at Sundance. Tickets are \$13 and the show begins at 7 p.m.



Domaine Carneros by Taittinger

A night of women and wine. On December 5, Willow Park is hosting a night with Domaine Carneros, a producer out of Northern California's Carneros region. Eileen Crane, the winemaker of Domaine Carneros, will be hosting the event. Crane is considered to be one of the most powerful women in wine today. While you taste through an amazing selection of sparkling wine, you'll also be treated to a California spread of seafood, fish tacos, California rolls and flatbread. This event is \$45 starts at 7 p.m. www. willowpark.net.



Operation Pagbangon

On December 1, a telethon called Operation Pagbangon will be broadcast from 10 a.m. to 4 p.m. in an effort to help raise funds for people still dealing with the after effects of the deadly typhoon that hit the Philippines earlier this month. There are roughly 30 different Filipino organizations and businesses that have come together to make this happen and they need everyone's support. To make a pledge or donation call 403-452-3010 or visit Operation Pagbangon on Facebook.



PUBLIC NOTICE

NORTHWEST TOYOTA DEALER TO HOLD YEAR-END WRITE-DOWN EVENT FOR 2 DAYS ONLY

Proper year end business procedures have Whether you are looking for a great Toyota caused us to re- evaluate our entire Pre-Owned and New Demo Vehicle inventory to better reflect current market conditions. Out of this need we have just recently wrote down and re-evaluated over 120 premium pre-owned and new demo vehicles in the amount of \$110,000. Due to the winter months approaching there is a need for us to drastically clear out this inventory by the end of November!

What does this mean to you? We are holding a 2 day

vear-end write-down event!

November 29-30 ONLY!

What has transpired is our higher than normal amount of recent trade in's have not kept up to our selling pace which had necessitated us to re-evaluate our inventory to reflect the market. "It's easy to feel confident about purchasing a used vehicle when this type of opportunity is available" says General Manager, Todd Richardson. Due to the urgency of this event, all 120 vehicles will be priced for immediate sale featuring bottom line pricing on every vehicle. This means a one-time only chance for amazing savings on all of our premium re-conditioned used vehicles all with warranties and exchange privileges. We have even worked out some unheard of interest rates from over 4 of our popular lenders. Finance for as low as 1.9%. This means you can save over \$40/month on many of our vehicles over what you could traditionally expect to pay from a traditional financing source. We will also provide you with full disclosure and bottom line pricing on our entire used vehicle inventory so that you can make a decision in confidence. From the dates of November 29-30th only!

Certified Used Vehicle, or another make of vehicle that came from a trade-in, you are sure to find a vehicle that fits you, and a price that fits your budget.

With the holidays coming up, the timing could not be better for those looking to save on pre-owned vehicles. An example of some of the savings you could expect:

2010 Toyota Sequoia was \$49,858 now after write down is \$43,958 **2011 Nissan JUKE SV was \$21,988** now after write down is \$18,975 2010 Toyota Matrix XR was \$16,876 now after write down is \$14,808 2010 Chevrolet Cobalt LS was \$11,987 now after write down is \$10,378 **2010 Nissan Xterra S was \$26,571** now after write down is \$22,783 2010 Toyota Camry LE was \$17,985 now after write down is \$16,985 2010 Toyota Corolla CE was \$14,869 now after write down is \$13,472 **2011 Toyota Tundra SR5** was \$31,985 now after write down is \$30,455 **2010 Toyota Matrix was \$16,385** now after write down is \$14,738 2005 Mazda 3 GT was \$10,985 now after write down is \$8,978

We are even including our line of demo vehicles in this write-down, including:

2013 Scion tC: \$145 bi-monthly on a 60 month lease

2013 Highlander 4WD V6: \$277

bi-monthly on a 64 month lease

2013 Prius V: \$173 bi-monthly on a 64 month lease

2013 Tundra Crewmax Platinum: \$317 bi-monthly on a 64 month lease

2013 RAV4 Limited: \$195 bi-monthly on a 64 month lease

At Charlesglen Toyota Scion, you not only get the best pricing in town, we also offer the friendliest customer service in Calgary and our Product Advisors are constantly being reviewed as being no-pressure, and extremely knowledgeable on the vehicles here on our lot. See the public reviews for yourself at www.dealerrater.ca. You can also review what our customers have to say about us through other third-party review sites such as Google. If you are social media savvy, connect with us on facebook at www.facebook.com/charlesglentoyota and on twitter at www.twitter.com/ cgtoyota.

What do our customers say about us?

"I was a bit nervous buying my first car but after meeting Gordon I relaxed. talked to him on the phone and told him what I was looking for and he knew exactly the car i would like. I didn't waste any of my time. Everyone was very friendly, helpful very kind. Its like a big family and they made me feel at home. I had an excellent experience and really grateful for everything everyone has done for me."

-Marina

Come visit us at Charlesglen Toyota Scion at 7687 110 Avenue NW in the Northwest Automall or make an appointment to take advantage of this limited time offer by calling 403-241-0888 or visit our website at www.gettoyota.com

Please see dealer for details.

metronews.ca
WEEKEND, Nov. 29-Dec. 1, 2013

SPORTS

9

Concussions

Vaive wants out of lawsuit vs. NHL

Former Toronto Maple Leafs captain Rick Vaive has asked that his name be removed from the concussion lawsuit against the NHL.

Vaive's lawyer Trevor Whiffen claims the former 50-goal man wasn't provided with a copy of the claim beforehand and that he would not have agreed to the allegations made against the NHL had he been asked to review its contents.

Vaive was one of the original 10 players named in the original concussion lawsuit, a list that has grown to more than 200, according to lawyers Steve Silverman and Mel Owens, who are at the forefront of the suit. THE CANADIAN PRESS

Don Cherry

Grapes' take on Rogers-NHL deal will wait for HNIC

Don Cherry will wait until this weekend's Hockey Night in Canada to weigh in on the future of the flagship hockey broadcast.

CBC says that during his Coach's Corner segment Cherry will address this week's announcement that Rogers Communications has gained national broadcast and multimedia rights to all NHL games starting next hockey season.

The iconic hockey broadcast will remain on TV for at least the next four years, but CBC will not have editorial control of the show.

Cherry joined Hockey Night in Canada full-time in 1981 and CBC started the Coach's Corner segment shortly after his arrival. THE CANADIAN PRESS



Dickenson gives Stamp of approval

'This is the place I wanted to be'. Team's OC signs three-year extension, adds asst. head coach role

For Dave Dickenson, the decision to sign a three-year contract extension to remain with the Calgary Stampeders was an easy one.

While Dickenson has aspirations of one day becoming a head coach in the Canadian Football League, he decided that now wasn't that time

"One of these days, yeah hopefully I can take that step to a head coach," said Dickenson, who was in the conversation for head coach vacancies in Edmonton, Winnipeg and Ottawa. "I didn't allow any offers nor did I get any offers. Other people called to talk and I just politely said I wasn't interested. It wasn't whether it would have happened or not. It wasn't important to me. It wasn't something that I wanted to even entertain."

Instead, Dickenson agreed to stay on as offensive coordinator with the Stamps, while also taking on the role as assistant head coach under his mentor John Hufnagel.

"I spoke with Huf and told him that I'd like to stay if we could make it work," said Dickenson, who has run Calgary's offence for the past three seasons, helping the Stamps lead the CFL with 1,595 points scored over that span. "I'm very happy to be back. It was a commitment to me that the club came to me and asked what my future was going to be and I really wanted to be here.

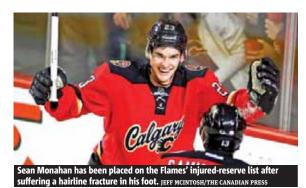
"I didn't want to move. The other opportunities to me weren't exciting. This is the place I wanted to be and my family wants to be. The organization to me is top notch." THE CANADIAN PRESS

Down the road

Stampeders head coach John Hufnagel has no doubt that Dave Dickenson will eventually follow in his footsteps to one day become a coach in the CFL.

 "We both played quarterback (and) we were offensive co-ordinators," said Hufnagel, when asked about the similarities in their career paths. "We've got two out of two and there will be a day I'm sure it'll be three out of three."

Injury bug creeps up on Monahan, Wideman



Calgary Flames rookie sensation Sean Monahan will miss at least the next two games with a hairline fracture in his foot and defenceman Dennis Wideman will be out longer with a fractured hand.

The Flames said the 19-yearold Monahan's status is weekto-week.

The team also announced Thursday that Wideman fractured his left hand in the previous night's 3-2 loss to the Chicago Blackhawks. Both players have been placed on

the team's injured-reserve list.

Wideman will undergo surgery to have a pin placed in the hand and will be out six to eight weeks, according to general manager [ay Feaster.

Calgary (8-12-4) is on the road in Anaheim on Friday and in Los Angeles on Sunday.

With nine goals and six assists, Monahan is second in NHL rookie scoring behind Thomas Hertl of the San Jose Sharks. Monahan is also second in Flames scoring.

He took a shot off the foot

in practice Nov. 21, but played in Calgary's next two games. Monahan scored his ninth goal of the season against the Blackhawks, but his foot continued to be painful. A scan Thursday confirmed the fracture.

"It's certainly not good news when these things happen," Feaster said. "To lose a guy like Wideman, that's a tough blow for the team. Obviously with Monny, the way Monny's been playing, it's a tough guy to take out of your lineup." THE CANADIAN PRESS

metronews.ca WEEKEND, Nov. 29-Dec. 1, 2013

Downhill is for grown-up kids

Recklessness required to win. Osborne-Paradis and Hudec reflect on being a responsible adult and an inconsequent skier

Manuel Osborne-Paradis talks of learning more about himself and of taking care of his body to extend his career in ski racing.

All very adult, but he hasn't completely outgrown the man who celebrated the Calgary Stampede two years ago by climbing on the back of a party bus and falling off. He sustained road rash on his bottom severe enough to put him in the hospital.

Winning downhill races requires recklessness, so Osborne-Paradis isn't willing to let the foolhardy part of himself disappear completely.

"You can't kill that," he says.
"You can scrape a bit of him off, but you can't kill him."

His Canadian teammate Jan Hudec doesn't want to see it

Taking chances

"You can scrape a bit of him off, but you can't kill him."

Manuel Osborne-Paradis, three-time World Cup winner, talking about not letting his foolhardy side disappear amid growing responsibility in his life outside the ski hill.

disappear either because that devil-may-care ingredient is necessary when attempting speeds that are literally breakneck.

"We all hope he has preroad rash Manny left in him," Hudec said. "Besides the personality and the energy it brings to the team, I think it's part of his winning attitude.

"I'm a little bit the same way. I live my life pretty loosey-goosey by the seat of my pants. I don't plan ahead, but it works for me for skiing. That's how I race as well. I live in the moment. Manny is fairly similar that way."

Erik Guay, Hudec and Osborne-Paradis are the Canadian downhill team's decorated elder statesmen at the seasonopening World Cup in Lake Louise, Alta. The downhill is Saturday.

Guay and Hudec, both 32, and Osborne-Paradis, 29, have stood on World Cup podiums multiple times during their careers. They've morphed from guys who just wanted to ski fast to men running their individual ski empires of businesses, sponsorships and charities.

es, sponsorships and charities.
"Business, families, girl-friends, fiancées, wives, we didn't even know what those words were and how to use them five years ago," Osborne-Paradis says.

"You know, young and dumb. It's a different time of your life."

How to square their adult responsibilities with a certain disregard for their own safety on the mountain is a balancing act, says Hudec.

"I think the older you get, the more cherished it becomes and you put it in your backpack in a safety deposit box and you carefully bring it to the hotel and you're like, 'Don't lose this. It's my recklessness. If I lose this, I'm screwed,'" Hudec explains. THE CANADIAN PRESS



Manuel Osborne-Paradis walks toward a ski lift on Thursday in Lake Louise, Alta. Jonathan HAYWARD/THE CANADIAN PRESS

Women's bobsled.

Vancouver gold medal duo reunited for Sochi

The defending Olympic women's bobsled champions are back in the same sled once again.

Canada's Kaillie Humphries and Heather Moyse will reunite at this weekend's season-opening World Cup at Canada Olympic Park as they begin their buildup to the Winter Games in Sochi.

Humphries won a world title last year and has reached the podium at 13 straight events. Moyse, who competed in track cycling and rugby while taking a break from bobsled, has returned in top form after undergoing hip surgery a year ago.

The veteran brakewoman from Summerside, P.E.I., has set personal-best start times since coming back and won a push challenge event last weekend. She also set a new start record during selection races in Whistler, B.C..

"Kaillie and I are both really excited about what we can do and what we can possibly experience this

Humphries and Moyse first started sliding together in January 2009 and won



Olympic gold a year later. Off and on, they have spent about two and a half years together as a duo.

Moyse suffered a serious ankle injury at the 2010 Rugby World Cup. She underwent hip surgery last fall and now feels as strong as ever entering the Olympic season. Her performance at testing made the decision to return to the Canada 1 sled an easy one.

"Based on the results, it was a no-brainer in terms of teaming us up together," Moyse said. THE CANADIAN PRESS

Curling. Jones gets a third shot

Jennifer Jones is one of the most successful skips in Canadian curling but, starting Sunday, she'll be trying once more to capture the one prize that has eluded her so far — a trip to the Olympics.

Jones and her rink will join 15 more of Canada's best curling teams at the trials to determine which men and women will wear Canada's colours in Sochi.

"To represent your country at this huge sporting event, what the Olympics is all about, would be amazing," Jones said.

She has tried twice before, in 2005 and 2009 and struck out both times, not even making the playoffs. And it's not like she was struggling with her game at the time, winning the Scotties in both those years.

Jones has had more than just a taste of success with four national titles (three in a row starting in 2008), one world title on her CV and a third-place finish at another world championship in 2010.

The women's final will take place on Saturday, Dec. 7. THE CANADIAN PRESS

metronews.ca
WEEKEND, Nov. 29-Dec. 1, 2013

SPORTS

97

Oakland-Dallas

Cowboys' Murray turns TD trifecta

DeMarco Murray did the finishing work for the Dallas Cowboys. Backup Lance Dunbar made his job a lot easier.

Murray ran for three touchdowns, Dunbar had a career-high 82 yards rushing and the Cowboys overcame Oakland's fumble return for a score on the opening kickoff to beat the Raiders 31-24 Thursday.

Murray had 63 yards rushing but did most of his damage near the goal-line, including a seven-yard score to put Dallas ahead for good early in the fourth

Dunbar, who went out with a left knee sprain, sparked the tying and go-ahead touchdown drives in the second half, highlighted by a 45-yard run that led to a four-yard scoring pass from Tony Romo to Dez Bryant.

The Cowboys (7-5) moved two games above .500 for the first time since late last season. The Raiders (4-8) are guaranteed an 11th straight season without a winning record since going to the Super Bowl during the 2002 season.

THE ASSOCIATED PRESS



Cowboys running back DeMarco Murray runs the ball against the Raiders on Thursday afternoon in Dallas. RONALD MARTINEZ/GETTY IMAGES

Lions show 'special' side after lousy start vs. Pack

Green Bay-Detroit.

Lions bounce back to score 37 straight points in Thanksgiving win

Matthew Stafford and Reggie Bush did their part to keep the Aaron Rodgers-less Green Bay Packers in the game.

Stafford turned the ball over a few times and Bush did once.

Instead of crumbling and losing confidence, both players bounced back and helped the Detroit Lions put together a dominant performance after an awful start.

Stafford threw three touch-down passes, including one to Calvin Johnson, Bush had 182 yards of offence and scored, and Detroit tallied 37 straight points to rout Green Bay 40-10 on Thursday.

"When we get out of our own way, we can be pretty special," Bush said.

Early on, it looked as if the

Megatron reels in Rice

4,944

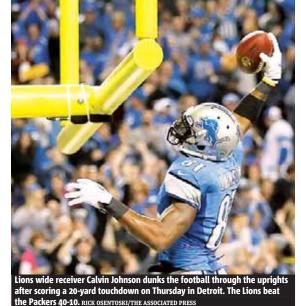
Detroit's Calvin Johnson now has 4,944 yards receiving in two-plus seasons, breaking Jerry Rice's NFL record for yards receiving in a three-year stretch. Rice had 4,850 yards receiving from 1993 to 1995.

Lions were going to find another way to waste chances to win a game and take control of the NFC North.

"It's easy when you lose a couple games in a row, particularly the fashion that we lost, for people to say, 'Here we go again,'" Detroit coach Jim Schwartz said. "I'm sure there were some people that were saying that, but they weren't on our sideline."

The Lions (7-5) had lost their last two games, five consecutive against Green Bay and a franchise-record nine straight in their annual showcase on U.S. Thanksgiving.

THE ASSOCIATED PRESS







Affordable condos in a prime NW location

2 BEDROOM CONDOS

Come home to a stylish, quiet condo close to parks, pathways, shops and conveniences.

Visit our Panorama West sales centre for full details.

SALES CENTRE: 175 PANATELLA HILL NW DARRYL SOLLY: 403.241.8975





INNEF CITY

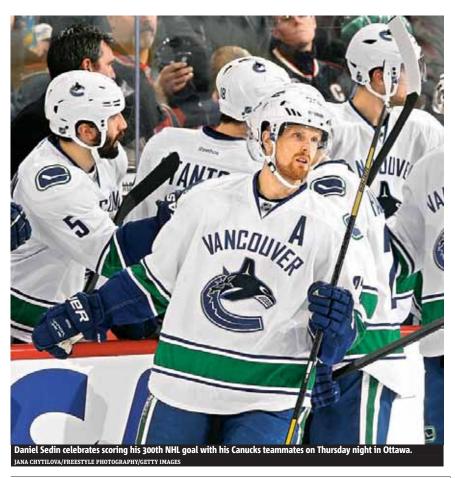
In communities all across Calgary

Built for real life.

CARDELCONDOS.COM



metr⊕ **SPORTS** metronews.ca WEEKEND, Nov. 29-Dec. 1, 2013



Sedin scores 300th, as Canucks glide to win in Ottawa

NHL. Senators serve up a dud on home ice in second half of back-toback games

Daniel Sedin scored his 300th career goal and picked up an assist as the Vancouver Canucks defeated the Ottawa Senators 5-2 on Thursday

, Vancouver (13-9-5) came in having lost seven of its past eight games, but a solid effort finally put an end to the losing streak.

David Booth, Jason Garrison, Dale Weise and Mike Santorelli also scored for the Canucks. Roberto Luongo finished with 37 saves.

Clarke MacArthur and Mika Zibanejad scored for the Senators (10-12-4). Craig

Anderson allowed four goals on 15 shots before being replaced by Robin Lehner, who allowed one goal on 13 shots.

With the loss the Senators, who beat the Washington Capitals 6-4 on Wednesday, are now 0-4-1 when playing back-to-back nights.

Vancouver took control of the game scoring four goals in the second period as 17,931 looked on.

Sedin tied the game 1-1 just 31 seconds into the second period as he beat An-

Just 45 seconds later the Canucks took the lead on Booth's second goal of the season as he beat Anderson cleanly.

The Canucks then went on to make it 3-1 with a powerplay goal as Garrison was left all alone in front.

Midway through the period Weise picked up a Garrison rebound and beat a sprawled Anderson.

Less than 20 seconds after Weise's goal Anderson's night came to an end.

The Senators managed to cut the lead in half as Zibanejad made it 4-2 with just over one minute remaining in the period. The Canucks made it 5-2 early in the third as Santorelli took advantage of a Jason Spezza giveaway behind the Ottawa net.

THE CANADIAN PRESS



Calgary 403-920-3645 Ext. 900, Edmonton 780-822-2430 Ext. 900

EVERY TICKET HELPS THE HEART AND STROKE

is price.) The number of Calendar Lottery Tickets in each price category may change, however the total number of Calendar Lottery Tickets in each price category may change, however the total number of Calendar Lottery Tickets in each price category may change, however the total number of LearnScriptoc Category Tickets for sea 3950 - 12 Street NE, Category, Alberta TZE BH9, occurring from January 3rd to January 9th 2014 at 11:00 a.m., Heart and Scriptoc Category Careada, Alt Staffine Category C

FOUNDATION MAKE HEALTH LAST.

EASTERN CONFERENCE

ATLANTIC DIVISION											
	GP	W	L	0L	GF	GΑ	Pt				
Boston	25	16	7	2	69	52	34				
Tampa Bay	25	16	8	1	76	63	33				
Detroit	26	12	7	7	69	71	31				
Montreal	25	14	9	2	67	52	30				
Toronto	25	14	9	2	71	66	30				
Ottawa	26	10	12	4	76	86	24				
Florida	26	7	14	5	58	86	19				
Buffalo	26	5	20	1	45	82	11				
METROPOLITAN DIVISION											

NHL

	GP	W	L	OL	GF	GA	Pt
Pittsburgh	26	16	9	1	78	63	33
NY Rangers	25	13	12	0	53	61	26
Nashington	25	12	11	2	76	74	26
Carolina	25	10	10	5	53	70	25
New Jersey	25	9	11	5	53	62	23
Philadelphia	24	10	12	2	52	60	22
Columbus	25	9	13	3	62	75	21
NY Islanders	25	8	14	3	70	85	19

Thursday's results

Vancouver 5 Ottawa 2 Edmonton at Nashville Wednesday's results Nashville 4 Columbus 0 Winnipeg 3 NY Islanders 2 Ottawa 6 Washington 4 Montreal 3 Buffalo 1 Carolina 4 New Jersey 3 NY Rangers 5 Florida 2 Tampa Bay 4 Philadelphia 2 Pittsburgh 6 Toronto 5 (SO) Detroit 6 Boston 1 Phoenix 3 Minnesota 1 St. Louis 4 Colorado 1 Chicago 3 Calgary 2 San Jose 3 Los Angeles 2 (SO)

Winnipeg at Philadelphia, 11:30 a.m. NY Rangers at Boston, 1 p.m. Pittsburgh at Tampa Bay, 4 p.m Detroit at NY Islanders, 4 n m. St. Louis at San Jose, 4 p.m. Calgary at Anaheim, 4 p.m. Montreal at Washington, 5 p.m. Colorado at Minnesota, 6 p.m. Edmonton at Columbus, 7 p.m. New Jersey at Carolina, 7 p.m. Toronto at Buffalo, 7:30 p.m.

WESTERN CONFERENCE

GP	W	L	0L	GF	GΑ	Pt
26	18	4	4	95	73	40
24	18	3	3	86	51	39
23	17	6	0	70	49	34
26	15	7	4	65	61	34
25	13	10	2	60	69	28
27	12	11	4	72	78	28
23	12	9	2	67	68	26
	26 24 23 26 25 27	26 18 24 18 23 17 26 15 25 13 27 12	26 18 4 24 18 3 23 17 6 26 15 7 25 13 10 27 12 11	26 18 4 4 24 18 3 3 23 17 6 0 26 15 7 4 25 13 10 2 27 12 11 4	26 18 4 4 95 24 18 3 3 86 23 17 6 0 70 26 15 7 4 65 25 13 10 2 60 27 12 11 4 72	26 18 4 4 95 73 24 18 3 3 86 51 23 17 6 0 70 49 26 15 7 4 65 61 25 13 10 2 60 69 27 12 11 4 72 78

FACILIC DIVISION												
	GP	W	L	0L	GF	GΑ	P					
San Jose	24	16	3	5	82	54	3					
Anaheim	27	17	7	3	83	71	3					
Los Angeles	26	16	6	4	69	56	3					
Phoenix	25	15	6	4	83	79	3					
Vancouver	27	13	9	5	72	70	3					
Calgary	24	8	12	4	66	87	2					
Edmonton	25	7	16	2	65	89	1					
Note: Two points for a win, one point for												
overtime loss												

Saturday's games Vancouver at NY Rangers, 2 p.m. Columbus at Boston, 7 p.m. Pittsburgh at Florida, 7 p.m. Buffalo at New Jersey, 7 p.m. Toronto at Montreal, 7 n m. Washington at NY Islanders, 7 p.m. Philadelphia at Nashville, 8 p.m Chicago at Phoenix, 8 p.m. Minnesota at Colorado, 9 p.m Calgary at Los Angeles, 10 p.m.

SCORING LEADERS

	G	A	Pt						
Crosby, Pgh	13	20	33						
Steen, StL	20	10	30						
Zetterberg, Det	11	19	30						
Malkin, Pgh	6	24	30						
Tavares, NYI	11	18	29						
Not including last night's games									

MLS PLAYOFFS CHAMPIONSHIP

MLS CUP

Kansas City vs. Salt Lake, 4 p.m., EST

NFL

WEEK 12 Thursday's results

Detroit 40 Green Bay 10 Dallas 31 Oakland 24 Pittsburgh at Baltimore Sunday's games

All times Eastern

Jacksonville at Cleveland, 1 p.m. New England at Houston, 1 p.m. Arizona at Philadelphia, 1 p.m. Miami at N.Y. Jets, 1 p.m. Tennessee at Indianapolis, 1 p.m. Chicago at Minnesota, 1 p.m. Tampa Bay at Carolina, 1 p.m. St. Louis at San Francisco, 4:05 p.m. Cincinnati at San Diego, 4:25 p.m. Denver at Kansas City, 4:25 n m N.Y. Giants at Washington, 8:30 p.m. Monday's game

New Orleans at Seattle, 8:40 p.m

NBA

Wednesday's results

Indiana 99 Charlotte 74 Orlando 105 Philadelphia 94 Memphis 100 Boston 93 L.A. Lakers 99 Brooklyn 94 Miami 95 Cleveland 84 Chicago 99 Detroit 79 Houston 113 Atlanta 84 Washington 100 Milwaukee 92 OT Oklahoma City 94 San Antonio 88 Denver 117 Minnesota 110 Dallas 103 Golden State 99 Phoenix 120 Portland 106 L.A. Clippers 93 New York 80

Friday's games — All times Eastern San Antonio at Orlando, 7 p.m. Miami at Toronto, 7 p.m.

Milwaukee at Charlotte, 7 p.m L.A. Lakers at Detroit, 7:30 p.m Dallas at Atlanta, 7:30 p.m. Cleveland at Boston, 7:30 p.m. New Orleans at Philadelphia, 8 p.m. Brooklyn at Houston, 8 p.m. Washington at Indiana, 8 p.m. Golden State at Oklahoma City, 8 p.m New York at Denver, 9 p.m. Phoenix at Utah, 9 p.m. L.A. Clippers at Sacramento, 10 p.m.

Saturday, Dec. 7 Chicago at Dallas, 8:30 p.m.









2014 CHEVROLET EQUINOX NOW:

2014 CHEVROLET

RUZE

NOW:



SG133620

2014 CHEVROLET

1500 REGULAR CAB MSRP: \$30,200 TRUCK BUCKS: -\$2000

NOW:

2014 GMC

SG138744

1500 CREW CAB 4x4 MSRP: \$40,500 GM DISCOUNT: -\$1000 TRUCK BUCKS: -\$2000

NOW:

37,500 SG137022



SG135605



All 2013 Models Must Go! Get yours before they're gone!

2013 GMC MSRP: \$30,345

GM DISCOUNT: -\$3500 FINANCE: -\$500 SHAW SAVINGS: -1350

BLOWOUT:



56135605

85.99

STEEL RIMS FROM: \$59.99

ALLOY WHEELS FROM 19.99





GMC CHEVROLET BUICK 4620 BLACKFOOT TR SE, CALGARY, AB T2G 4G2 A







CREDITCALGARY.COM 403-287-5974

See today's answers at metronews.ca/answers. BY KELLY ANN BUCHANAN

Horoscopes

↑ Aries

March 21 - April 20 This should be an encouraging day and even if you don't accomplish anything remarkable, you will still make progress. Though what seems like no big deal to you may look remarkable to others.

Taurus

April 21 - May 21 Try not to put yourself under stress today because the planets suggest you will get more out of life if you take things easy. Treat what look like a major setback as no more than a minor irritation.

II Gemini

May 22 - June 21 There is no point complaining unless you intend to change it. If you give rivals the idea that you are upset about what they are up to, they might decide to do it more.

9 Cancer

June 22 - July 23 Something you used to get a great deal of joy from no longer thrills you. In a way that's good because it means vou can devote the time and energy you spent on it to more serious creative matters.

Ω Leo

July 24 - Aug. 23 Flattery will get you everywhere today and will be especially useful if you want to make a good impression on the work front. People in positions of power like to be told how wonderful they are.

W Virgo

Aug. 24 - Sept. 23 Speak up and say what is on your mind but don't expect any applause. If you have any criticisms maybe you should try to make them sound more like positive suggestions.

△ Libra

100

Sept. 24 - Oct. 23 You won't solve a problem by trying to force others to see it from your point of view. If they get the impression that you feel you are intellectually superior to, them they will go out of their way to defy you.

M Scorpio

Oct. 24 - Nov. 22 Try saying nice things to important people today. You may not believe a word of it but if you can get employers to support what you are doing it could mean the difference between success and failure.

プ Sagittarius

Nov. 23 - Dec. 21
There have been times of late when it felt as if you were at the mercy of events but it isn't as bad as you think. With the Sun firmly placed in your sign, vou should be more upbeat about your prospects now.

り Capricorn

Dec. 22 - Jan. 20 Make it your aim to find something to enjoy in everything you do. Whatever it is you are working on there is no reason why it should not make vou smile.

Aquarius

Jan. 21 - Feb. 19 You may be eager to push ahead with a project but the planets indicate it might be best to wait a few days. Both tomorrow's Sun-Uranus link and next Tuesday's new moon will bring about new ideas.

H Pisces

Feb. 20 - March 20 You will see only what you want to see today. That's fine, but if you close your mind completely to new possibilities you'll be the loser. SALLY BROMPTON

Crossword: Canada Across and Down

23

44

65

Across

- 1. Vermicelli 6. Piece of the puzzle 10. Gwyneth Paltrow's lifestyles website, .com 14. Gelatin mould dish
- 15. James (Pulitzerwinning writer) 16. " la Douce" (1963)
- 17. Racecar driver Jacques, an honoured member of Canada's Sports Hall of Fame
- . 19. Achievement 20. Good vs (Superhero's battle)
- 21. Bar beverage 22. Rock
- 23. Embark on a cruise: 2 wds.
- 25. Earth 27. It kicks off the Christmas shopping
- season: 2 wds. 32. Figures of speech
- 36. Sanction 37. Store event
- 38. Moved off course
- 39. "Way cool!"
- 40. Scatter
- 41. Docking spot 42. Sighed sounds
- 43. Snow-packed ski runs
- 44. Historic building from 1886 where The Second City in Toronto was famously located: 3 wds.
- 47. Fertilizer ingredi-

- 48. Record-breaking building category
- 53. Quality 56. "Frasier" character
- 57. "Ah, me!"
- 58. This spot
- 59. Singer from Saint-Ignace, New Brunswick: 2 wds.
- 62. Buffalo kind 63. __ Cooper

64. Beaver-ish looking animal

63

42

65. Look after 66. Assorted [abbr.] 67. Highway-crossing animals

Down

1. Does road work always said..."

Fill in the grid, so that every

every 3x3 box contains the digits 1-9. There is no math

row, every column and

3. __ pea soup

How to play

involved.

4. Cash register drawers

- 5. Hotshot 6. Spain: Valencian dish of rice
- 7. Fluish feeling
- 8. Gun the engine
- 9. Football prop 10. Thingies put out
- annually by Oprah Winfrey, and most

spread

61

- 18. Manicurist's concerns
- 22. Military address 24. Sleep Country

recently, Gwyneth

11. Celebrated cookie

Paltrow: 2 wds.

12. Muscat is its

13. Hors d'oeuvre

capital

Canada purchase,

- 25. Timetable, cool-
- style 26. Commonly,
- poetically
- 28. English punk
- band, with The
- 29. Dash 30. Sheltered, naut-
- ically
- 31. Archery bow trees 32. Spelllling boo-boo
- 33. Racetrack fence
- 34. Was in debt
- 35. Chanel No. 5's magazine page: 2
- wds. 39. Ms. Perlman
- 40. Window ledge
- 42. Go-Go's smash: "Our Lips __ Sealed"
- 43. Shopping
- 45. Galway's country
- [abbr.] 46. English pop trio,
- Kitten
- 49. Espresso style 50. Upper crust
- 51. More sensible
- 52. Boris Godunov,
- and others
- 53. Fantastic, in slang
- 54. Boulevard
- in Montreal,
- -Levesque
- 55. Cast or Wrought
- 56. Also-
- 59. "This is yummy."
- 60. Crossword rendering of a segment of a
- road's dotted line 61. Mr. Stewart

sterday's Crossword

_	_	_	_	_	_	_			_		_			
3	Н	1	"N	16		"R	c	M	P			1	Üυ	3
C	A	N	0	H		0	L	E	0		'n	£	N	
"A	L		R	E	Ď	. 8.	U	N	0		'n	A	T	1
7	O	O	T		ne.	t	N	5		A.	10	11	-1	
		2.	'n	"À	14		"a	A	'n	D	- 1	N	Ε	- 1
"A	'n	o	E	į,	1	ů	9		'n.	D	9	E		
'M	A	G	N	A		ñ.	7	'n	A	.5		"Б	6	"
M	1	1.	D		"ь	E	N	1	M		4	A	M	1
0	R	+		4	A	W	N	-		'n	- 1	R	£	1
		Ť	'n	E	M			°c	0	U	N	C	. 1	-
ъ	'n	A	M	0	N	"bi	"5		V		G			
4	D	W	1	Ť.		"A	U	'n.	*		'n	'n	'n	7
°L.	E	A	£		1	Ų	M	-	N	UA.	. 10	-	E	1
٠,	A	R	Y		"A	14	0	3		'n	1	N	S	i
70	4	D	100		"p	15	3	T		Ÿ	E	A	T	- 1



WEEKDAYS 5:30 AM

4	0	19	3	1	0	1	2	Е
5	1	2	8	9	4	6	7	H
7	8	3	1	2	6	9	5	-
2	7	4	6	8	1	3	9	d
8	9	6	5.	3	2	4	1	
3	5	1	7	4	9	8	6	
9	2	8	4	1	7	5	3	
1	3	5	2	6	8	7	4	1
6	4	7	9	5	3	2	8	,

7		9			2		6
	8		5	4		1	
2							3
		4	1	3	8		
	6					4	
		7	2	5	6		
4							8
	3		8	9		6	
9		8			1		5

TODAY

MIN: -4

MAX: 5°

(🚣)

MAX: 2° MIN: -4°

SATURDAY

(*)











Adventure! Teach English Overseas

TESOL Certified in 5 Days In-Class or Online No Degree Required!

1.888.270.2941 lob Guaranteed!

Next in-class course: Dec 18th- 22nd, 2013
Next Seminar: Dec 10th, 2013 @ 7pm
Travelodge University Hotel - 2227 Banff Trail NW
www.globaltesol.com





Do you feel abandoned and want to quit? Look up to God for a turn around as you boldly declare, "But me, I'm not giving up. I'm sticking around to see what God I'm not giving up. I'm sticking around to see what God will do. I'm waiting for God to make things right. I'm counting an God to liston to ma " (Micch 77 MSG) counting on God to listen to me." (Micah 7:7 MSG)





BLACK FRIDAY OF THE PROPERTY OF THE PROPERTY

NOV 28-DEC1

\$19999

DESIGNER SUITSAustin Reed and Guy Laroche **Reg. \$525**

\$14999

DESIGNER SPORT COATSGuy Laroche and Tommy Hilfiger **Reg. \$325-\$395**

\$**59**99

DESIGNER DRESS PANTSCalvin Klein and Lauren **Reg. \$149.99**

\$129⁹⁹

OUTERWEAR Calvin Klein Reg. \$299.99

\$**29**99

DESIGNER NON-IRON DRESS SHIRTS

Guy Laroche, Jhane Barnes, and Joseph Abboud **Reg. \$89.99**

Additional charge for Big & Tall items.

Buy 1 Tie Get 2 Free

Free ties must be of equal or lesser value.

132214MO_

BUY 1 GET 1 FREE EVENT
CLEARANCE SHOES NOW 30% OFF THE ORIGINAL PRICE





Shop online and earn 10x AIR MILES® reward miles¹

140+ ONLINE STORES INCLUDING...



Apple Store



















VICTORIA'S SECRET



L.L.Bean





and many more...

What does ward miles mean?



Spend \$1,000 > Get 500 reward miles*

*Example is for illustrative purposes only

Visit airmilesshops.ca/blackfriday

Actual reward miles earned will depend on the online store's Base Offer and your qualifying purchase total, less exclusions, made during the promotion period. Example shown reflects the 10x offer only and does not include any other Bonus Offer(s) that you may also be

^{*}Actual reward miles earned will depend on the online store's Base Offer and your qualifying purchase total, less exclusions, made during the promotion period. Example shown reflects the 10x offer only and does not include any other Bonus Offer(s) that you may also be eligible for on purchases made during the promotion period.

*LIMITED TIME OFFER: 10x reward miles offer valid on qualifying purchases of \$20 CDN or more, excluding shipping, duty and taxes, made in a single transaction between November 27, 2013 and December 4, 2013. Offer applies to the total base reward miles earned on qualifying purchase amount excluding shipping, duty and taxes. Base Offer may vary. Click on store logo on aimilesshops, ca for offer details. Collectors must sign in at aimilesshops, ca before purchasing in order to earn reward miles offer can be combined with other Bonus reward miles offers. This offer is valid on the purchase of gift cards only at online retailers who regularly offer reward miles on gift card purchases. See aimilesshops, ca for details. This offer does not apply to purchase made at Rogers Magazine subscriptions (including Chatelaine, Today's Parent, Maclean's and Sportsnet Magazine) or made at travel online stores (including travel bookings, car rentals, and hotels), except Expedia. Qualifying Expedia Dookings include packages you build including hotels and vacation activities only. This offer does not applicable to stand-alone flight and car bookings or to prepackaged vacations such as all-inclusive vacations, cruises, tours and travel insurance purchased at Expedia, Toral build including hotels and vacation activities only. This offer online stores are subject to change and may be withdrawn at any time. For eligible Expedia purchases, reward miles will be posted to your Collector Account within 75 days after travel is completed. For all other purchases, reward miles will be posted to your Collector Account within 75 days after travel is completed. For all other purchases, reward miles will be posted to your C